

MANHATTAN FAMILY SUPPORT SERVICES DIRECTORY

For Individuals with Intellectual and Developmental Disabilities and Their Families
Who Reside in Manhattan



www.manhattanddcouncil.org

May 2024

Introduction

About This Directory

This directory lists services available to individuals with intellectual and developmental disabilities (IDD) and their family members who reside in Manhattan.

Developmental disabilities include: intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, and other neurological impairments.

Many of the services listed in this directory require an individual with IDD to have eligibility with the New York State Office for People with Developmental Disabilities (OPWDD). Additionally, some OPWDD family support funded services require that the individual with IDD reside in Manhattan with his/her family.

To apply for OPWDD eligibility and to access services call OPWDD's Front Door office in Manhattan at 646-766-3220.

This directory includes services funded by OPWDD and by other entities. Please contact programs directly to inquire about their eligibility requirements.

About the Manhattan Family Support Services Advisory Council

The Manhattan Family Support Services Advisory Council is an advisory committee to the New York State OPWDD and its Manhattan office. The Council is made up of family members of individuals with developmental disabilities and individuals with developmental disabilities from all neighborhoods in Manhattan. The Council meets regularly to learn what families need and to advocate to get those needs met. Come share your concerns and learn about services that can help your family. Join with other family members and self-advocates to build a better life for people with developmental disabilities and their families. For information, please contact Mary McGuire-Weafer at 212-754-2870 or Jackie Goldberg at 212-288-2209, co-chairs, or by email: manhattanfamilyadvisory@gmail.com.

About the Manhattan Developmental Disabilities Council

The Manhattan Developmental Disabilities Council collaborates with the New York State OPWDD, as well as the New York City DOHMH, on many issues. This Council is made up of service providers, government representatives, families of people with developmental disabilities, and individuals with developmental disabilities.

The Council sponsors monthly meetings that offer families of people with developmental disabilities an excellent opportunity to join with others in advocating for whatever is needed. Please join us. For information and a meeting schedule, go to www.manhattanddcouncil.org or like us on Facebook at www.facebook.com/ManhattanDDCouncil.

About the Manhattan Family and Provider Information Committee

This Committee is a sub-committee of the Manhattan Developmental Disabilities Council. Meetings take place every other month to share resources, network, and learn about programs and services that may benefit persons with developmental disabilities and their families. The Committee also assists the Manhattan Developmental Disabilities Council in identifying needs and priorities for this population. This Committee is responsible for the Manhattan Family and Professional Resource Fair and this Directory. Professionals, family members, advocates, and individuals with disabilities are welcome. Please contact Wendy De Leon at 917-965-2950 x109, wdeleon@adaptcommunitynetwork.org or Luisa Eusse-Roché at 646-491-6497 ext. 4049; LEusse-Roche@caredesignny.org for more information on the Committee.

About the Manhattan DD Council Transition Committee

This committee hosts monthly meetings to assist Manhattan students and families in the transition process from school to adult services. It focuses on supporting students through the transition from the Department of Education to adult services through NY State Office for People with Developmental Disabilities (OPWDD) and informing students about appropriate supports for life after high school. Please contact Andrew Harris at 646-557-2840 ext. 7; aharris27@schools.nyc.gov or David Summers at 646-418-9736; David.Summers@ahrcnyc.org. Family members, school staff, and provider agency representatives are all encouraged to join our meetings and share information and resources to support transitioning students.

Inclusion in this Directory does not constitute an endorsement of any program. To download a digital copy of this Directory, visit www.manhattanddcouncil.org

Agencies not included in this Directory that would like to be listed should contact Yesenia Estrella at 212-928-5810 x 101, yestrella@esperanzacenter.com or Wendy De Leon at 917-965-2950 x109, wdeleon@adaptcommunitynetwork.org.

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Directory Acronyms

1. ACS: New York City Administration for Children's Services
2. ASD: Autism Spectrum Disorder
3. B2H: Bridges 2 Health Medicaid Waiver
4. CCO: Care Coordination Organization
5. CM: Care Manager
6. CMS: Centers for Medicare and Medicaid Services
7. DD: Developmental Disability
8. DDRO: Developmental Disabilities Regional Office
9. DOHMH: New York City Department of Health and Mental Hygiene
10. FIDA: Fully Integrated Duals Advantage
11. HCBS Waiver: Home and Community Based Services Waiver
12. HH: Health Home
13. HRA: New York City Human Resources Administration
14. ID: Intellectual Disability
15. IDD: Intellectual or Developmental Disability
16. ISP: Individualized Service Plan
17. LD: Learning Disability
18. OCFS: Office of Children and Family Services
19. OPWDD: Office for People with Developmental Disabilities

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Important Manhattan Resources

General Resources:

ACCES-VR, formerly Vocational & Educational Services for Individuals with Disabilities (VESID): 212-630-2300 or 212-961-4420
www.acces.nysed.gov/vr/manhattan-district-office

Adult Protective Services (APS) Central Intake: 212-630-1853

New York City government programs, services & benefits: 311 or
www1.nyc.gov/311/index.page

New York Immigration Hotline: 800-566-7636.

New York State Commission for the Blind & Visually Handicapped: 212-825-5710. 80 Maiden Lane 23rd Floor, NY, NY 10038.

Benefits:

Medicaid Infoline: 718-557-1399 (Mon-Fri 8am-5pm).

Social Security Administration Infoline: 800-772-1213 (Mon-Fri 7am to 7pm).

Emergency Food Line: 866-888-8777 or www.foodhelp.nyc

More under Benefits Assistance, pg. 18

Crisis Prevention and Response Services:

NY START / CSIDD: 212-273-6300.

NYS Office for People with Developmental Disabilities (OPWDD):

Manhattan OPWDD Front Door: 646-766-3220 or www.opwdd.ny.gov

Self-Direction: Robert Johnsen 718-430-0887
Robert.A.Johnsen@opwdd.ny.gov

NYC Department of Health and Mental Hygiene:

311 or www1.nyc.gov/site/doh/health/health-topics/developmental-disabilities-page

Early Childhood Resources:

Early Intervention Program Manhattan Office: 212-436-0900 or dial 311.

Preschool Special Education Services – NYC DOE: 718-935-2007

NYC Department of Education (DOE):

<https://www.schools.nyc.gov/learning/special-education>

Committee on Special Education 9 (Districts 1,2,4): 917-339-1600.

Committee on Special Education 10 (Districts 3,5,6): 212-342-8300.

Committee on Special Education for Charter Schools (All Districts): 718-329-8001.

English Language Learners: 212-374-6072 or email DML@schools.nyc.gov.

District 75: 212-802-1500 or email d75info@schools.nyc.gov

NYCDOE Education Council for District 75: 718-752-7321.

<https://www.schools.nyc.gov/learning/special-education/school-settings/district-75>

Adult Day Services/Employment

Agency	Address	Contact	Description of Program
ADAPT Community Network	251 West 154th St. New York, NY 10039	Carmen Orellana 646-625-5000 x5015 corellana@adaptcommunitynetwork.org AAngevine@adaptcommunitynetwork.org	Supplemental Day Hab in Manhattan operates Tuesdays and Wednesdays from 3pm to 5pm and Saturdays from 10:00am-2:00pm, 12 months except major holidays. The program includes creative activities, sports, cooking, social experiences and community activities. No transportation provided, individuals utilize Access-A-Ride, MTA or family transport. Spanish spoken. Free.
AHRC New York City	101 Norfolk St NY, NY 10002	AHRC Referral & Information Center 212-780-4491 referrals@ahrcnyc.org	Day Habilitation Without Walls
AHRC New York City	Fisher Center 2080 Lexington Ave NY, NY 10035. New York League 200 Varick St NY, NY 10014. Walter & Evelyn Redfield Center 450 West 56 th St NY, NY 10019. Norfolk Day Habilitation 101 Norfolk St NY, NY 10002.	AHRC Referral & Information Center 212-780-4491 referrals@ahrcnyc.org	Site-Based Day Habilitation
AHRC New York City	83 Maiden Lane, 11th floor New York, NY 10038	AHRC Referral & Information Center 212-780-4491 referrals@ahrcnyc.org	Supported Employment, Day Habilitation Without Walls, Employment Training Program, Pathway to Employment.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	212-256-0846 914-494-9888 info@atlasforautism.org www.atlasforautism.org	The Vocational Program focuses on independence, social understanding and connection to the community. Depending on the needs and wants of the student and their family goals will include building healthy relationships, strengthening communication skills, volunteering & job prep as well as further education supports. Fees charged.

Adult Day Services/Employment (cont'd)

Agency	Address	Contact	Description of Program
Catholic Guardian Services	1780 Grand Concourse Bronx, NY 10457	Natalia Cardona 718-228-1515 ncardona@catholicguardian.org www.catholicguardian.org	Community Pre-vocational services to support to individuals living at home or in IRAs in Manhattan, Bronx, Queens, Staten Island to learn pre-employment skills within their communities.
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Inez Barnwell-McCoy 212-928-5810 ext. 121 ibarnwellmccoy@esperanzacenter.com Elizabeth Lindao 212-928-5810 ext. 120 elindao@esperanzacenter.com	Site-based Day Habilitation. Offering a wide range of fun and learning including but not limited to: Gardening, Yoga, Zumba, volunteering at food pantries and senior centers and job readiness skills. Free. Spanish spoken and wheelchair accessible.
Gateway Counseling Center (GCC)	4500 Furman Ave. Bronx, NY 10470	Mary Tejada 929-237-7222 929-432-1709 Intake@gccnyc.org www.gccnyc.org	Supplemental Group Day Habilitation recreation program 365 days per year. Hours: Mon - Fri 3:00 - 6:30 pm. Sat, Sun 9:00am - 3:00pm. Activities include tabletop games, computers, karaoke, drama, music, fully equipped gym, movies, video games, photography, and community activities. Serves individuals who are non-ambulatory. Door-to-door transportation and meals provided.
Gateway Counseling Center (GCC)	4500 Furman Ave. Bronx, NY 10470	Mary Tejada 929-237-7222 929-432-1709 Intake@gccnyc.org www.gccnyc.org	Group Day Habilitation Site-Based / Without Walls 365 days per year. Hours: Mon - Fri 9:00 AM - 3:15 PM Activities include Money management, Academics, Volunteer opportunities, community inclusion, independent skills, computers, drama, music, fully equipped gym, basketball, dance and photography. individuals who are non-ambulatory. Door-to-door transportation and meals provided.
Goodwill Industries NYNJ	25 Elm Place Second Floor Brooklyn NY 11201	Lindsey Stilson 347-906-2556 Lstilson@goodwillny.org	Day Habilitation without Walls, Community Based Prevocation, Pathway to Employment, Saturday Respite, SEMP.
Goodwill Industries NYNJ	413 E 120th St Fifth Floor NY NY 10035	Jason Ramirez 646-342-6731 JRamirez@goodwillny.org	Job development for individuals 18+ with ASD - not OPWDD/Waiver enrolled. Residents of Manhattan & Bronx only.

Adult Day Services/Employment (cont'd)

Agency	Address	Contact	Description of Program
Human First	80 Maiden Ln, 8th Fl New York, NY 10038	Jason Schneider, Coordinator for NYC and Brooklyn 516-519-1769 or 516-823-9500 www.humanfirst.org	Human First's Day Habilitation Programs focus on areas that foster an individual's personal growth, as well as the development of vocational and daily living skills to enhance communication and socialization.
Human First	80 Maiden Ln, 8th Fl New York, NY 10038	Supportive Employment Coordinator 347-832-0035	Our program is designed to help anyone who wants to work, regardless of the amount of support needed. Employment services are available to individuals with developmental disabilities 18 and older, Medicaid eligible, and enrolled with OPWDD.
Life Adjustment Center	Several Locations	Sonia Stewart 718-293-9727 x11 sstewart@lifeadjustmentcenter.com	Site-based Day Habilitation program provides clients with personalized objectives and services that help reinforce goals created in collaboration with the Service Coordinator. This customized approach ensures an individual's attainment of his or her learning objectives.
Lifespire	159 East 125th Street 2nd floor, NY, NY 10035	Ralph Sperandeo (Manhattan North) 212-360-5600 rsperandeo@lifespire.org Jillian Castillo (Manhattan South) 212-360-5600 jcastillo@lifespire.org	Day Habilitation Services offer an array of programs to enhance independence and inclusion of persons with intellectual/developmental disabilities by providing opportunities to obtain and learn skills in community and group settings. Participants work on functional skills training such as safety, communication, money management, nutrition, accessing community resources and self-advocacy.
Mercy Drive	1314 Blondell Avenue BRONX, NY 10461 (Manhattan, Bronx, Queens, Brooklyn)	718-275-9326 intake@mercydriveinc.org v.bonilla@mercydriveinc.org	Day habilitation without walls provides service in a group setting to enhance socialization, travel training, money management, and ADL skills.
Mercy Drive	1314 Blondell Avenue Bronx, NY 10461 (Bronx, Manhattan, Brooklyn)	718-275-9326 intake@mercydriveinc.org v.bonilla@mercydriveinc.org	Community Based Pre-Vocational provides enhancing socialization and ADL skills to enhance job skills.
New York Foundling	Brooklyn, Bronx, Staten Island, Rockland, Manhattan.	Information and Referral 212-886-4020 I&R@nyfoundling.org www.nyfoundling.org	Day Habilitation Without Walls. The Foundling's year-round day habilitation program provides people with an opportunity to connect with one another and with others in their community through social, volunteer, and work-related activities

Adult Day Services/Employment (cont'd)

Agency	Address	Contact	Description of Program
New York Foundling	Brooklyn, Bronx, Staten Island, Rockland, Manhattan.	Information and Referral 212-886-4020 I&R@nyfoundling.org www.nyfoundling.org	Employment Program. The Foundling's Employment Services program aims to support people with developmental disabilities in securing and maintaining paid employment, gaining both financial autonomy and a sense of pride and accomplishment. Participants engage in meaningful job education activities that help them discern their career interests and abilities, apply for jobs, and succeed in their work.
Quality Services for the Autism Community (QSAC)	253 West 35th Street, 16th Floor, NY, NY 10001	Farzana Karim 718-728-8476 x1233 or 718-7AUTISM Fkarim@qsac.com	Day Habilitation Without Walls.
Rewarding Environments for Adult Living, Inc. (REAL)	32 Belmont Blvd. Elmont, NY 11003	Mavis Maholmes 917-688-1838 917-688-1842 mmaholmes@real-nyc.org	Day Habilitation without Walls.
Sinergia, Inc.	2082 Lexington Avenue, 3rd Floor, NY, NY 10035	Sonia Medici: 646-206-5631 212-643-2840 Ext.354 smedici@sinergiany.org	Day Habilitation Without Walls (Up-Living).
SNACK*	316 East 53rd St, 2nd Fl, New York, NY 10022	Katie Coombs 212-439-9996 katie@snacknyc.com	21+ Classes are designed to supplement an individual's weekly schedule. Art, Technology, Music, Dance, Cooking, Yoga, and Exercise Classes on weekdays. We are not a day habilitation program. Schedule & fees vary. Open enrollment for all programs.
SUS Inc.	463 7th Ave 17th floor New York, NY 10019	Jajaida Gonzalez 718-239-5434 jgonzalez@sus.org Doris Mena Program Director 929-243-2352 dmena@sus.org	Day Habilitation (Without Walls) & Supported Employment.

Adult Day Services/Employment (cont'd)

Agency	Address	Contact	Description of Program
YAI	105 West 33rd Street New York, NY 10120 290 Madison Avenue, 3rd Floor New York, NY 10017 310 Malcolm X Blvd, New York, NY 10027	LINK 212.273.6182 link@yai.org	Day Habilitation. Site-Based.
YAI		LINK 212.273.6182 link@yai.org	Day Habilitation- Arts Without Walls. An art program that provides opportunities for adults with intellectual and developmental disabilities in New York City to channel their creativity and become working artists.
YAI		LINK 212.273.6182 link@yai.org	Employment Program & Pre-Vocational Program.

Advocacy

Advocacy services help individuals with developmental disabilities and their families obtain the rights and privileges to which they are entitled.

Agency	Address	Contact	Population Served	Description of Program
ACT for Life Services	1441 Broadway 6th FL, PMB#6135 New York, NY 10018 Mail Address: PO Box 340, New Hyde Park, NY 11040-0340	212-532-6740 800-995-0066 www.ACTforLifeServices.org info@ACTforLifeServices.org	Individuals with disabilities + their families.	Supports families with future care planning, providing an Advocacy Program to assure that individuals with disabilities supports / supervision and assistance as needed for the rest of their life, in lieu of their parents.
Adapt Community Network	80 Maiden Lane New York, NY 10038	Project Connect Coordinator 1-877-827-2666 projectconnect@adaptcommunitynetwork.org	Persons with DD + their families.	Advocacy and support for individuals, families, and care managers navigating OPWDD services. Information + referral provided.
Advocates for Children of New York	151 West 30th St. 5th Floor New York, NY 10001	212-947-9779 or Helpline 866-427-6033 Mon.-Thurs. 10AM-4PM www.advocatesforchildren.org www.arisecoalition.org	NYC students, birth– 26.	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals. Offers free workshops in the community for parents and professionals. Language line link for non-English speakers.
AHRC New York City	83 Maiden Lane New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD & their families.	Help with guardianship, estate planning & other legal issues. No Fee.
AHRC New York City	83 Maiden Lane, 7th Floor New York, NY 10038	Katherine Hoy, LMSW Referral Form: https://forms.office.com/r/3feAs3CBac Educational.Advocacy@ahrcnyc.org or katherine.hoy@ahrcnyc.org www.ahrcnyc.org	Students with OPWDD eligibility ages 3-22.	Advocates help parents, caregivers and students with disabilities ages 3-22 understand and exercise their rights to a free appropriate public education in NYC Schools. We provide direct support for all aspects of special education services, including 1:1 assistance during IEP meetings, mediation sessions and school visits, and guidance during evaluation and placement processes. Our non-attorney advocates will help resolve conflicts between school teams and families and ensure your child gets the services, support, and placement they need to make progress. Please note: Students must be OPWDD eligible to receive services.

Advocacy (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Benefits Plus Learning Center	633 Third Ave. 10th floor New York, NY 10017	212-614-5552 Call in available Monday - Thursday, 11am-2pm www.bplc.cssny.org	Individuals, parents, and caregivers. Resources also available for service providers.	Benefits counseling + information and referral regarding SSI, SSDI, Food Stamps, Medicaid, Cash Assistance, Housing searches, Medicare and more. By phone or appointment only. No walk-ins.
Catholic Charities Community Services, Archdiocese of NY	80 Maiden Lane 13th Floor New York, NY 10038	212-419-3700 Immigration Hotline 800-566-7636 www.catholiccharitiesny.org	Individuals and families in need of assistance pertaining to immigration.	Legal clinic for all immigrants every Thursday. Need to arrive by 8:00am
Center for Independence of the Disabled, New York (CIDNY)	1010 Avenue of the Americas, Suite 301, New York, NY 10018	212-674-2300 info@cidny.org www.cidny.org	Individuals with disabilities living or working in NYC, including individuals with DD + their families.	Benefits advisement on health coverage, housing searches, SSI, SSDI, food stamps + other entitlements. Advocacy and organizing on issues affecting people with disabilities. Wheelchair accessible. ASL available and multiple languages spoken.
Disability Rights New York	725 Broadway Suite 450 Albany, NY 12207 25 Chapel Street Suite 1005 Brooklyn, NY 11201 44 Exchange Blvd. Suite 110 Rochester, NY 14614	518-432-7861 800-993-8982 TTY: 518-512-3448 mail@DRNY.org www.drny.org	Individuals with disabilities.	NY State's Protection & Advocacy System. Provides services to individuals whose problems are directly related to their disabilities. Does not handle criminal or family matters. No fee. Spanish spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo 212-677-8550 x 21 www.efmny.org	Individuals with epilepsy & their families.	Advocacy with health providers, service organizations, government agencies to obtain needed services. Day & evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
Family Center	493 Nostrand Ave. Brooklyn, NY 11216	718-230-1379 800-219-4522 www.thefamilycenter.org	Individuals with DD and their families, including grandparents who are primary caregivers.	Individual and family counseling; legal services; permanency planning; youth groups; medical case management.
INCLUDEnyc	520 8th Ave 25th floor Suite 2503, New York, NY 10018	Help Line: M-Th 9 am-3 pm Eng 212-677-4660 Span 212-677-4668 Info@INCLUDEnyc.org www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families.	Information and referral, educational advocacy, advocacy to access systems and services, training and support. "The INCLUDEnyc Fair" every January. Spanish spoken. Service is free of charge.

Advocacy (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Legal Aid Society	199 Water St. 3rd Floor New York, NY 10038	212-577-3300 www.legal-aid.org	New York City residents.	Assistance with SSI/SSD, housing, education advocacy, domestic violence, foreclosure, disaster relief, immigration and family law. Several languages spoken.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams 212-570-6860 manhattanmothers@gmail.com	Individuals with DD & their families.	Advocacy, information & referral to services, parent-to-parent connections, help with educational transition & residential issues. Advocacy & meeting info by phone and e-mail for a fee: \$20, if affordable. Call between 9am and 5pm, except for emergencies.
Medicare Rights Center	266 West 37th St. 3rd Floor New York, NY 10018	212-869-3850 or 800-333-4114 www.medicarerights.org	Seniors & individuals with DD eligible for Medicare.	Advocacy assistance on Medicare & related issues. Spanish spoken.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Michelle Kraus or Paola Martinez Boone 212-244-4664 or by clicking www.nylpi.org/get-help. www.nylpi.org	Individuals with Disabilities-FREE-Legal representation in several subject matters.	Advice and legal assistance on discrimination on the basis of disability in areas such as special education, opportunity & access (e.g. housing, medical access, and community integration). Intake hours: Monday- Friday 10:00am-3:00pm.
New York Legal Assistance Group (NYLAG)	100 Pearl Street 19th Fl. New York, NY 10004	For Social Security Benefits, Michelle Spadafore 212-613-5024 All other questions: 212-613-5000 www.nylag.org	Individuals with DD who reside in New York City and have a low income	Free legal services organization with Disability Advocacy Project regarding social security issues. Also, housing, public benefits, family law, immigration advocacy. Several languages spoken.
New York State Justice Center for the Protection of People with Special Needs	161 Delaware Ave. Delmar, NY 12054	800-624-4143 for info about the Justice Center. M-F 8:30am-4:30pm 855-373-2122 24/7 Vulnerable Persons Central Register Hotline TTY: 855-373-2123 webmaster@justicecenter.ny.gov www.justicecenter.ny.gov	Individuals with DD.	Hotline to report an incident of abuse or neglect in a certified facility overseen by NYS OPWDD. Language interpreter services provided for non-English speakers.

Advocacy (cont'd)

Agency	Address	Contact	Population Served	Description of Program
NYC FAIR	c/o Krassner 370 East 76th Street New York NY 10021	Elly Rufer 917-833-4738 nycfair@gmail.com www.nycfamilyadvocacyinformationresource.org	Families, Self-Advocates & Friends of Individuals with I/DD.	Advocacy information & advocacy opportunities. A resource to make a difference for your family.
Safe Horizon	41 Flatbush Avenue, Brooklyn, NY 11217	Annabella Nattes 718-943-8632 www.safehorizon.org	Individuals & families in need of assistance pertaining to immigration.	Counseling to immigrants on obtaining legal status. Do not accept people with detained status. Must call to make an appointment. Spanish spoken.
Self-Advocacy Association of New York State	25 Beaver St. 4th Floor, New York, NY 10004	Sandy Mislow smislow@sanys.org 646-896-1938 845-242-7031 www.sanys.org	Individuals with DD.	Individuals with I/DD are supported in speaking up for their human and civil rights. We assist with the startup of new self-advocacy groups and maintenance of already established groups. SANYS offers trainings and presentations on self-advocacy and leadership to groups and advisors/support staff.
Sinergia, Inc. Metropolitan Parent Center	Metropolitan Parent Center 2082 Lexington Ave. 3 rd Floor New York, NY 10035	Paola Jordan 212-643-2840 x305 pjordan@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families. All Boroughs. Ages 3-22.	Educational Advocacy Parent Training & Information Center. Workshops, parent support groups, and individual educational advocacy. Wheelchair accessible. English and Spanish spoken.
Sinergia, Inc.	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Jercaury Lara-Nivar 212-643-2840 x367 jlaranivar@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families. OPWDD eligible for services. Manhattan residents. Ages 3-22.	Educational Advocacy, Support during IEP meetings, Turning 5 process, and other educational concerns. Wheelchair accessible. English and Spanish spoken.
SKIP of NY	318 W 39th St 5th Floor New York, NY 10018	212-268-5999 x100 info@skipofny.org www.skipofny.org	Medically fragile children, individuals with DD, especially children with complex health needs.	Information and referral, case management, advocacy.

After-School Programs

Agency	Address	Contact	Population Served	Description of Program
92nd St. Y	1395 Lexington Ave. New York, NY 10128	212-415-5767 www.92y.org	Individuals with DD.	Various afterschool activities, including aquatics, gymnastics and Jewish culture.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 13-21, with I/DD.	Afterschool: Monday to Friday. Oct to June. Creative arts therapy, music and dance therapy, recreational sports, trips in the neighborhood to foster community inclusion and special seasonal events. Attends classes in Department of Education Special Education.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 13-21, with I/DD. Must attend PS 751.	Afterschool: Tues and Thurs, Oct to June. Program for teens, meets 2 days a week at PS 751 focusing on travel training and job readiness skills.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	212-256-0846 914-494-9888 info@atlasforautism.org www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disability diagnoses, as well as neurotypical individuals.	Daily groups and individual sessions available between 4PM-6:30PM. Areas of focus include social skills, academics/ tutoring, communication. Fees charged.
Birch Family Services	Phyllis L Susser School for Exceptional Children 71-64 168th St Flushing, NY 11365	718-591-8100 info@birchfamilyservices.org www.birchfamilyservices.org	Students on the autism spectrum.	After school recreational program 2 times per week.
Elmy's Special Services	163 Van Buren St. 1st Floor Brooklyn, NY 11221	Chanell Adderly 718-789-7539 support@elmysspecialservices.org	Individuals with DD, age 6+. Medicaid required.	After School program provides academic support and activities in a safe and structured site. Holiday Respite provides activities and outing for individuals during school holiday closing.
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Anyelina Macea 212-928-5810 Ext. 116 Cell: 347-849-9091 amacea@esperanzacenter.com www.esperanzacenter.com	Children with I/DD living in Manhattan and Western Bronx, ages 5- 18.	ETAPAS Program is a Tuesday + Thursday site-based recreation program 3:00-6:00pm. Transportation provided. Spanish spoken.

After-School Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
GiGi's Playhouse	106 West 117th St New York, NY 10026 (117th and Lenox)	646-801-7529 nyc@gigisplayhouse.org gigisplayhouse.org/newyork	Individuals with Down Syndrome & their families.	Dance, literacy, visual arts, music, sports, as well as special events. All programs are free. Not a drop-off program. Caregiver is expected to remain with participant.
Social City	Multiple locations on the Upper West Side, Upper East Side, Tribeca Brooklyn & Long Island	Program Director & Manager consultations@socialcitynyc.com socialcity@socialcitynyc.com www.socialcitynyc.com	Individuals with DD and typically developing students in need of social skills support, ages 2 - young adult.	After school social skills classes for children who require additional social + emotional support. In-person and remote options available. Available Mon-Fri, year-round. Fee charged. Individual payment plans & potential insurance reimbursement available.
SNACK*	316 East 53rd St. New York, NY 10022	Rachael Butkiewicz 212-439-9996 rachael@snacknyc.com	Ages 3-21+	1:1 Private Swim Classes at St. Bart's on Tuesdays 4:00PM - 6:00PM & Wednesdays 2:30PM - 4:30PM. Fees vary. Open enrollment for all programs
SNACK*	316 East 53rd St. New York, NY 10022	Katie Coombs 212-439-9996 katie@snacknyc.com	Ages 3-21+	Snacktivities Classes on Fridays 4:00PM - 7:30PM (cooking, music, exercise). Private for your own Group on Tuesdays and Wednesdays 3:30PM - 6:00PM. Fees vary. Open enrollment for all programs
Yachad -The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Batya Jacob 212-613-8127 www.njcd.org	Individuals with DD and their families.	Advocacy, information and referral, special case management. Educational advocacy, including assessment and evaluation of classroom settings.
YM-YWHA of Washington Heights and Inwood	54 Nagle Ave. New York, NY 10040	Tracey Wiener, Director of Inclusion 212-568-6200 twiener@ywhi.org www.ywhi.org	Individuals, in grades K-6, with mild developmental disabilities, including ASD.	Inclusive after school program. Homework help & various recreation activities. Fee charged. Partial scholarships available.
ADAPT Community Network	5030 Broadway New York, NY 10034 251 West 154th St New York, NY 10039	Tatiana Morales 917-965-2950 ext. 3346 tmorales@adaptcommunitynetwork.org	Adults with disabilities, OPWDD eligible.	Mental Health Counseling, OT, PT, Speech services and psychological testing are available for adults who are OPWDD eligible. Medicaid & Medicare accepted. Please contact Treatment Coordinator for all other insurance types.

Article 16 Clinics

These outpatient clinics provide a variety of medical, diagnostic, and therapeutic services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane, New York, NY 10038	Clinic Intake 212-780-2652 Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD & their families.	Psychological Evaluations, Psychosocial Assessments. Individual, family, group & couples counseling, nutritional evaluations & counseling. Medicaid & Medicare accepted. Services available in Spanish. OT, PT and Speech therapy available at other Manhattan locations.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro 212-677-8550 x 14 www.efmny.org	Individuals with epilepsy & their families.	Information & referral, advocacy, vocational rehab counseling, psychotherapy (individuals, group, couples), psychological testing, psychosocial testing, psychiatry. Spanish spoken. Fee: Sliding scale. No one refused.
Lifespire	159 East 125th St. 2nd Floor New York, NY 10035	Kimberly Reynolds 718-454-6940 kreynolds@lifespire.org www.lifespire.org	Individuals with DD with Medicaid & their families.	Psychology, social work, sexuality counseling, support groups, nutritional counseling, occupational therapy.
Shield Institute	39-09 214th Place, Bayside, NY 11361	Phiskein Jamieson, Director of Article 16 Clinic Services 718-229-5757 ext. 2289 Pjamieson@shield.org	Adults with ID/DD, OPWDD eligible.	Psychological, psychosocial and psychosexual evaluations as well as discipline specific evaluations. Mental health counseling, OT, PT, Speech and Rehab Counseling available for adults with ID/DD and OPWDD eligible. Medicaid and Medicare accepted.
YAI, Center for Specialty Therapy	227 East 41st St. 8th Floor New York, NY 10017	212-273-6182 link@yai.org www.yai.org/clinical-services/center-specialty-therapy	People who are diagnosed or suspected to have I/DD.	Outpatient center offering: Psychological Testing (Evaluations to determine OPWDD eligibility, Evaluations for 17A guardianship, and Autism Evaluations); Psychosocial Evaluations; Psychotherapy (individual, group, collateral, and family); Nutrition; Physical Therapy; Occupational Therapy; Speech Therapy; and Augmentative and Alternative Communication Evaluation and Treatment. Fee: Medicaid, Medicare, Private Pay, and some private insurance. English and Spanish spoken. Call for other languages.

Article 28 Clinics

These outpatient clinics provide a variety of primary and specialty health care and rehabilitation services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	175 Lawrence Ave. Brooklyn, NY 11230	Jackie Fernandez 718-436-7600 x106	Adults Age 18+ (dependent on insurance).	Primary and Specialty Care including Dentistry, Podiatry, Woman's Health, Psychiatry, Neurology, Physiatry and Audiology (Serving residents in all boroughs).
ADAPT Community Network	408 East 137th St Bronx, NY 10454	Jessica Parker 718-993-3458 x1	Adults Age 18+ (dependent on insurance).	Primary and Specialty Care including Dentistry, Podiatry, Woman's Health ,Physchiatry, Neurology, Physiatry and Audiology (Serving residents in all boroughs).
ArchCare (PACE)	1249 Fifth Ave. New York, NY 10029	212-360-1000 W: www.archcare.org	Children and young adults with special needs.	ArchCare at Mother Cabrini Hospital in Manhattan, a home for children and young adults with special health care needs and support services is dedicated to helping children with serious developmental disabilities and other extraordinary medical needs reach their highest potential. This warm and nurturing environment will become a real home to them, and a second home to your family. Care includes physicians, nurse practitioners, registered nurses, NYC BoA teachers, certified recreational & arts therapists, physical & occupational therapists, Social workers & pastoral care.
NYC Health + Hospitals / Renaissance, A Gotham Health Center – Developmental Evaluation Center (DEC)	St. Nicholas Child Health Center 281 West 127th Street New York, NY 10027	Victoria Pinderhughes 212-865-1300 Fax: 212-865-9734 www.nyc.gov/html/hhc/html/about/About-HospServices-PrimaryPre-Renaissance.shtml	Individuals, ages 0-18, with suspected developmental delays, DD, or LD.	Multidisciplinary comprehensive evaluations with some bilingual staff (French, Spanish).

Article 28 Clinics (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Premier HealthCare, Member of the YAI Network	227 East 41st St. 8th Floor New York, NY 10017	212-273-6272 www.yai.org/affiliate/premier-healthcare/services	People with I/DD & their families.	Primary Care (Internal Medicine, Family Practice, and Pediatrics); Audiology; Dentistry; Dermatology; Endocrinology; Mental Health Services; Neurology; Nutrition; Occupational Therapy; Ophthalmology; Physical Therapy; Podiatry; Prosthetics and Orthotics; Psychiatry; Speech Therapy. Fee: Medicaid, Medicare, Private Pay, and some private insurance. English and Spanish spoken. Call for other languages.

Behavior Management

Behavior Management is training for parents and caregivers of individuals with developmental disabilities in how to manage difficult behaviors.

Agency	Address	Contact	Population Served	Description of Program
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	212-256-0846 914-494-9888 info@atlasforautism.org www.atlasforautism.org	Children and young adults with DD, including ASD.	Special educators support families, caregivers, teachers, and therapists in creating and implementing behavioral and communicative supports for children and young adults with special needs. Fees charged.
Lifespire	213-01 Northern Blvd., Bayside, NY 11361	Jay Kleinman 718-454-6940 jkleinman@lifespire.org www.lifespire.org	Caregivers of individuals of all ages with DD	In-home and remote behavior management training.
Mercy Drive	All boroughs	718-275-9326 Intake@mercydriveinc.org v.bonilla@mercydriveinc.org	Individuals must be enrolled with OPWDD, CAS/CANS assessment required.	Intensive Behavioral Services have been designed for people who live in non-certified settings or Family Care Homes who present challenging behaviors and are at imminent risk of placement into a more restrictive living environment. The objective is to assist family members and service delivery staff with the tools necessary to improve the present challenging behaviors being exhibited in the home.
NYU Langone Child Study Center	1 Park Avenue 7th Floor New York, NY 10016	646-754-4873 csc.care@nyulangone.org http://nyulangone.org/conditions/autism-spectrum-disorder-in-children	Individuals with autism ages 12 months to adulthood.	Parent + caregiver training for the management of challenging behaviors in individuals with ASD of all functioning levels. Psychotherapy includes Cognitive Behavior Therapy (CBT) + Behavior Therapy for individuals with ASD + their families. Group-based, skills-focused intervention is also available. Fees charged.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	212-241-0961 theseavercenter@mssm.edu www.icaahn.mssm.edu/research/centers/seaver-autism-center	Individuals of all ages with ASD.	Licensed Clinical psychologists work directly with individuals and/or their family members on behavior related issues. Fee charged. Able to offer a reduced fee to see a graduate student. There is a waitlist.

Behavior Management (cont'd)

Agency	Address	Contact	Population Served	Description of Program
SKIP of New York	318 W 39th St 5th Floor New York, NY 10018	212-268-5999 x100 info@skipofny.org www.skipofny.org	Children with DD.	Intensive Behavioral Services (IBS) Short-term services that focus on developing effective behavior management strategies for people with challenging behavioral issues that are at risk of placement in a restrictive setting
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	www.spectrumservicesnyc.com	Individuals with an autism spectrum disorder	Behavior analysts & psychologists work directly with individuals and/or their family members on behavior related issues. Fee charged.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	Caregivers of people with I/DD.	Project Intervene is a short-term, in-home based training program dedicated to helping caregivers manage their child's/family member's challenging behaviors. The service is designed to help caregivers better understand and more effectively cope with their child's/family member's needs. Training may focus on behavioral issues and daily living skills, such as toileting. English and Spanish spoken.

Benefits Assistance

These agencies provide help in obtaining benefits, such as Medicaid or SSI, to which individuals with developmental disabilities and their families may be entitled.

Agency	Address	Contact	Population Served	Description of Program
Benefits Plus Learning Center	633 Third Ave., 10th floor New York, NY 10017	212-614-5552 & leave a message www.benefitsplus.cssny.org Click on benefit tools	Individuals, parents, and caregivers. Resources also available for service providers.	Benefits counseling & information and referral regarding SSI, SSDI, food stamps, Medicaid, Cash Assistance, Housing searches, Medicare and more. By phone or appointment only. No walk-ins. Spanish spoken.
Center for Independence of the Disabled, New York (CIDNY)	1010 Avenue of the Americas, Suite 301, New York, NY 10018	212-674-2300 info@cidny.org www.cidny.org	Individuals with disabilities living or working in NYC, including individuals with DD + their families.	Benefits advisement on health coverage, housing searches, SSI, SSDI, food stamps + other entitlements. Advocacy and organizing on issues affecting people with disabilities. Wheelchair accessible. ASL available and multiple languages spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo 212-677-8550 x 21 www.efmny.org	Individuals with epilepsy & their families.	Information and referral on Earned Income Tax Credit for working individuals and parents with modest incomes. Assistance for individuals & families regarding SSI, SSDI and public assistance. Spanish spoken.
Harlem Independent Living Center	289 St. Nicholas Ave. Lower Level, Suite 21 New York, NY 10027	212-222-7122 desrylad.hilc@gmail.com; benefit@hilc.org www.hilc.org	Individuals with disabilities living or working in NYC.	All issues related to applications for food stamps, public assistance, SSI, SSDI, Medicare, Medicaid, and housing information. Spanish spoken.
Legal Aid Society	199 Water St. New York, NY 10038	Access to Benefits Hotline 888-663-6880 www.legal-aid.org	New York City residents.	Helpline staff and volunteers assist with unemployment insurance benefits, public health insurance, including Medicaid, public assistance, including food stamps, and other health and safety net benefits, as well as employment and immigration issues. Interpreters available. Hours 9:30-12:30 Mon.-Fri. Immigration issues 9:30-12:30 Fri. Several languages spoken.
Medicaid	Several locations in Manhattan	HRA Infoline 718-557-1399, 8AM-5PM, Mon.-Fri. Have date of birth & Social Security number ready. www.nyc.gov/HRA	Eligible individuals with DD & their families.	Health insurance for people who cannot afford private insurance, or whose coverage is not sufficient to meet heavy medical expenses. Can request an interpreter for languages other than English. Info on food stamps and other HRA services.

Benefits Assistance (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Medicaid Choice		1-800-505-5678, Monday - Friday, 8:30 am to 8:00 pm, Saturday, 10:00 am to 6:00 pm. www.nymedicaidchoice.com	Medicaid Members	Learn about all your health plan choices
Medicare Prescription Drug Coverage (Medicare Part D)		800Medicare (1-800-633-4227) www.medicare.gov	Everyone with Medicare.	Medicare prescription drug coverage.
Medicare Rights Center	266 West 37th St., 3rd Floor New York, NY 10018	212-869-3850 or 800-333-4114 www.medicarerights.org	Seniors & Individuals with DD eligible for Medicare.	Information, referrals, & advocacy assistance on Medicare via telephone counseling, publications, & public education. Spanish spoken.
New York Legal Assistance Group (NYLAG)	100 Pearl Street 19th Fl. New York, NY 10004	For Social Security Benefits, Michelle Spadafore 212-613-5024 All other questions: 212-613-5000 www.nylag.org	Individuals with DD who reside in New York City and have a low income.	Free legal services organization with Disability Advocacy Project regarding social security issues and separate program on public benefits. Several languages spoken.
NY Connects	1010 Avenue of the Americas Suite 301 New York, NY 10018	844-862-7930 https://www.cidny.org/nyconnects/	People with any disability, any income, any age.	NY Connects is the trusted place to go for free, unbiased information about services, resources and supports for New Yorkers of all ages and with any type of disability. Counselors at NY Connects provide guidance and coordination for participants with disabilities as they go through eligibility and assessment processes for benefits and services. They can also help when you are completing applications and enrolling in public assistance benefits, like Medicaid, Medicare, housing applications, SNAP applications, Social Security benefits, and more. Get more information by phone, online, or in person, and learn how a NY Connects counselor could help. Your questions are answered seamlessly with one phone call to our benefits counselors.
Public Health Solutions	40 Worth Street, 5 th FL New York, NY 10013	Carina Subia 646-619-6759 csubia@healthsolutions.org www.healthsolutions.org	Aged (over 65), certified blind & individuals with disabilities.	Facilitated Enrollment - Aged, Blind, Disabled, Health Insurance enrollment into Medicaid, SNAP (aka-Food Stamps) enrollment.

Benefits Assistance (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Resource Entitlement Advocacy Program (REAP)	1403 Madison Ave New York, NY 10029	Ann Rauch 212-423-2800 www.mountsinai.org/locations/mount-sinai/support-services/social-work/resources	All patients of The Mount Sinai Health System; Individuals in East Harlem, Central Harlem, Yorkville.	Information, assistance, & advocacy regarding government entitlements & related community services: Medicare, Medicaid, Child Health Plus & application for sliding scale fees through the Financial Assistance Program for uninsured patients who do not qualify for Medicaid, Medicare or other insurance. Wheelchair accessible. Spanish spoken. Interpreters available for other languages.
Supplemental Security Income (SSI)	Multiple offices in New York City	800-772-1213, Mon.-Fri., 7AM-7PM TTY: 800-325-0778 Mon.-Fri., 7AM-7PM www.socialsecurity.gov	Eligible individuals with DD	Supplemental Security Income provides monthly payments to individuals with disabilities who have limited income and resources. Interpreters available.

Camps

For a comprehensive listing of camps visit:
<http://find.acacamps.org/>

You can search by location, activities, disability access and more.

For a tip sheet about how to find the right summer camp visit:
<https://includenyc.org/help-center/resources/selecting-a-summer-camp/>

Care Coordination Organizations

Care Coordination Organizations (replaced Medicaid Service Coordination) offer Health Home Care Management to coordinate care, combining developmental disability services and supports with health and wellness and behavioral services. They were all formed by existing DD providers.

Here are the three CCOs that provide care management in NYC:

Agency	Address	Contact
Advance Care Alliance of New York	1410 Broadway, 2nd Floor New York, New York 10018	Customer Service Center 1-833-692-2269 Alyssa Gobetz, Assistant Director of Admissions 646-279-7629 Alyssa.gobetz@myacany.org or Michael Fleischmann, Director of Admissions 347-504-2076 Michael.fleischmann@myacany.org Questions/Enrollment: Questions@myacany.org
Care Design New York	33 Maiden Lane, Suite 601 New York, NY 10038	Enrollment 518-320-8400 Luisa Eusse-Roché, Regional Care Manager Director 646-491-6497 ext. 201500 LEusse-Roche@caredesignny.org www.caredesignny.org
Tri County Care	33-10 Queens Blvd. Suite 302 Long Island City, NY 11101	Enrollment Specialist 844-504-8400 Option 2 Intake@tricountycare.org Customer Service Specialist 844-504-8400 Option 0 customerservice@tricountycare.org tricountycare.org

See also under Managed Care for People with Developmental Disabilities.

Case Management – Health Home

This program provides services to children with developmental disabilities and complex medical conditions, living at home with their families.

Agency	Address	Contact	Population Served	Description of Program
SKIP of NY	318 W 39th St 5th Floor New York, NY 10018	212-268-5999 x100 info@skipofny.org www.skipofny.org	Children under 18 years of age	Care at Home (CAH) Case management services to children with complex health care needs or physical disabilities to allow them to live at home with their families.
St. Mary's Healthcare System for Children	5 Dakota Dr. Suite 200 New Hyde Park, NY 11042	Central Intake 800-270-2478 or 718-281-8600 www.stmaryskids.org	Individuals with DD of all ages. Medicaid required	Health Home Care Management services.

Case Management – Non-Medicaid Service Coordination

Case managers offer help in choosing and getting appropriate services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
Center for Family Support	110 Jericho Turnpike Floral Park, NY 11001	Natasha Salazar nsalazar@cfsny.org 516-292-3000 ext 401 646-276-2551 www.cfsny.org	Adults and children with OPWDD eligibility who are not currently receiving Medicaid.	Advocacy, crisis intervention, linkage/referrals and service planning. Spanish language staff available.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Clara Alvarez 718-206-3400 x 213 www.communityres.org	For residents of Washington Heights with DD, who are not eligible for Medicaid.	Non-Medicaid Service Coordination. Spanish spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Sally Bisono 212-677-8550 x 24 www.efmny.org	Individuals with DD, ages 3+ and their families.	Non-Medicaid case management. Day & evening hours. Spanish spoken.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu or WeiXian Chen 718-261-6563/6564 www.ghoinc.org	Individuals with DD, ages 3+	Family support case management. Mandarin, Cantonese, Taiwanese and Korean spoken. Medicaid is not required.
Harlem Dowling-Westside Center for Children and Family Services	2139 Adam Clayton Powell Blvd. New York, NY 10027	Alexandra Felix 212-749-3656 x 219 www.harlemdowling.org	Individuals of all ages with DD. Medicaid not required.	Short term service coordination, advocacy, short-term crisis intervention, and referrals. Spanish spoken.
Sinergia, Inc.	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Johanna Santana 212-643-2840 x302 jsantana@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families.	Non-Medicaid case management. Assistance with OWPDD eligibility process, Medicaid waiver application, guardianship, public benefits, and family reimbursement. CCO referrals. Wheelchair accessible. English and Spanish spoken.

Community Habilitation

Funded through the Home and Community Based Services (HCBS) Medicaid Waiver, community habilitation is a service provided in the home and/or in the community that assists the individual with DD in developing skills in activities of daily living such as personal grooming, food preparation & social skills.

AGENCY	CONTACT
ADAPT Community Network	Cristina Gamez 212-683-6700 cgamez@adaptcommunitynetwork.org
AHRC New York City	212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org
Birch Family Services	718-658-2482 info@birchfamilyservices.org www.birchfamilyservices.org
Catholic Guardian Services	Natalia Cardona 718-228-1515 ncardona@catholicguardian.org www.catholicguardian.org
Center for Family Support	Diana Collins dcollins@cfsny.org 212-629-7939 ext 212 www.cfsny.org
Child and Family Support Services	Delta Garcia, Supervisor 718-618-7535 dgarcia@nycfss.org www.nycfss.org
Community Assistance Resources and Extended Services (CARES)	Louis Alcendor 212-420-1970 ext. 114 lalcendor@caresnys.org
Community Options NY	Regina Taylor-Tuck, Executive Director 212-227-9110 x411 W: www.comop.org
Community Resources & Services for Children (CRSC)	Clara Alvarez 718-206-3400 x 213 www.communityres.org

Community Habilitation (cont'd)

AGENCY	CONTACT
Constructive Partnerships Unlimited	Theresa Manuel 347-486-1972 TManuel@cpofnys.org www.cpofnys.org
Elmy's Special Services	Shawn McDonald 718-789-7539 support@elmysspecialservices.org www.elmysspecialservices.org
Epilepsy Foundation of Metropolitan New York	Maria Jacobson 212-677-8550 x12 www.efmny.org
Esperanza Center	Jenniffer Fernadez 212-928-5810 Ext. 126 jfernandez@esperanzacenter.com www.esperanzacenter.com
Gateway Counseling Center (GCC)	Mary Tejada 929-237-7222 929-432-1709 intake@gccnyc.org www.gccnyc.org
Human First	Lasana Rayside 646-761-1625 www.humanfirst.org
Institute for Community Living	Kathleen Dunbar 917-838-1751 www.iclinc.net
Life Adjustment Center	Nancy Feliciano 718-293-9727 x28 nfeliciano@lifeadjustmentcenter.com www.lifeadjustmentcenter.com
Lifespire	German Romero 718-454-2700 german@lifespire.org www.lifespire.org

Community Habilitation (cont'd)

AGENCY	CONTACT
Mercy Drive	718-275-9326 intake@mercydriveinc.org v.bonilla@mercydriveinc.org
Ohel Bais Ezra	1-800-603-OHEL www.ohelfamily.org
Otsar Family Services	Joel Liebowitz 718-946-7301 x201 www.otsar.org
Quality Services for the Autism Community (QSAC)	Johnny Nunez 718-728-8476 x1222 718-7AUTISM www.qsac.com
Rewarding Environments for Adult Living (REAL)	Mavis Maholmes 917-688-1838 917-688-1842 mmaholmes@real-nyc.org
Shield Institute	Christopher McMullan, 718-229-5757 x2251 CMcmullan@shield.org
Sinergia, Inc.	Thainesse Caro 212-643-2840 x324 tcaro@sinergiany.org www.sinergiany.org
SKIP of NY	212-268-5999 x100 info@skipofny.org www.skipofny.org
The New York Foundling	212-886-4020 I&R@nyfoundling.org www.nyfoundling.org
Yachad - The National Jewish Council for Disabilities	Michael Applebaum 212-613-8284 www.njcd.org/juf
YAI	YAI LINK 212-273-6182 link@yai.org www.yai.org

Crisis Intervention

Crisis intervention is emergency assistance with serious short-term problems, provided by professional staff, to individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
Autism Speaks	1 East 33rd St. 4th Floor NY, NY 10016	888-288-4762 English 888-772-9050 Spanish familyservices@autismspeaks.org www.autismspeaks.org	Individuals with autism & their families.	Autism response team is specially trained to connect individuals with autism and their families to information, resources, and opportunities.
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 www.efmny.org	Individuals with epilepsy & their families.	Crisis intervention & referral services, including individual & family training, counseling about epilepsy, psychological counseling, case management. Day & evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
NYSTART/CSIDD-YAI	220 East 42nd Street, New York NY 10017	212-273-6300 https://www.yai.org/services/ny-start-systemic-therapeutic-assessment-resources-treatment https://opwdd.ny.gov/ny-start/home	People ages 6+ with DD and behavioral health needs.	A START certified program providing crisis prevention and response for people (ages 6 and above) with intellectual and/or developmental disabilities who present with complex behavioral and mental health needs. CSIDD is a short-term rehabilitative service targeted for people with intellectual and/or developmental disabilities (I/DD) who have significant behavioral or mental health needs. Services are delivered by multi-disciplinary teams providing personalized, intensive, time-limited services to individuals meeting the CSIDD eligibility criteria.
YAI	220 East 42nd St. 8th floor New York, NY 10017	English 212-273-6200 Spanish 212-273-6225 manhattancrisisintervention@yai.org www.yai.org	People with I/DD & their families.	Crisis Intervention: A team of behavioral intervention specialists and social workers provide information and referral, advocacy, short-term crisis counseling and/or in-home behavioral interventions. This is provided to stabilize familial relationships, maintain the integrity of the family unit, and promote functional behavior. English and Spanish spoken.

Evaluations – Psychological, Psychosocial

The following resources can help you get the psychological and psychosocial evaluations that are required to establish eligibility for services provided under the Office for People with Developmental Disabilities (OPWDD).

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane New York, NY 10038	Clinic Intake 212-780-2652 Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD who are requesting an OPWDD eligibility determination.	Psychological Evaluations & Psychosocial Assessments for persons who don't have Medicaid and who are seeking OPWDD eligibility and services
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 www.efmny.org	Individuals with epilepsy & their families.	Psychological & Psychosocial assessments. Medicaid required.
Lifespire	159 East 125 th St. 2 nd Floor New York, NY 10035	Kimberly Reynolds 718-454-6940 kreynolds@lifespire.org www.lifespire.org	Individuals with DD & their families.	Psychological & Psychosocial assessments. Medicaid required.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	212-241-0961 www.icaahn.mssm.edu/research/centers/seaver-autism-center	Individuals of all ages with ASD.	The Seaver Autism Center offers free comprehensive evaluations for families that are eligible to participate in one of our research studies. If a family is not interested in a research study they can have an evaluation conducted on a fee for service basis. There is a waitlist.
Shield Institute	144-61 Roosevelt Avenue, Flushing, NY 11354	Phiskein Jamieson, Director of Article 16 Clinic Services 718-229-5757 ext. 2289 Pjamieson@shield.org	Adults with ID/DD, OPWDD eligible.	Psychological, psychosocial and psychosexual evaluations for adults with ID/DD and OPWDD eligible. Medicaid and Medicare accepted.
Sinergia, Inc.	2082 Lexington Avenue 3 rd Floor New York, NY 10035	Darlin Espinal 212-643-2840 x602 despinal@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities. Manhattan residents.	Non-Medicaid evaluation program. Psychological and psychosocial evaluations for people seeking OPWDD eligibility. Available 7 days a week. Evaluations can be done at home or at Sinergia's office. Wheelchair accessible. Spanish spoken.

Evaluations – Psychological, Psychosocial (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	www.spectrumservicesnyc.com	Individuals of all ages with autism spectrum disorders or suspected of having an ASD	Fee for service diagnostic evaluations, evaluations for services, etc.
YAI, Center for Specialty Therapy	227 East 41st St. 8th Floor New York, NY 10017	212-273-6182 link@yai.org www.yai.org/clinical-services/center-specialty-therapy	People who are diagnosed or suspected to have I/DD	Psychological, Psychosocial, & Autism evaluations. Medicaid required.
YAI, Center for Specialty Therapy	227 East 41st St. 8th Floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with I/DD who do not qualify for Medicaid	Psychological, Psychosocial, & Autism evaluations.

See also Article 16 Clinics and Article 28 Clinics.

Family Training/Counseling

Family training for family members in communication skills, behavior management, independence skills, and advocacy.

Agency	Address	Contact	Population Served	Description of Program
Advocates for Children of New York	151 West 30th St. 5th Floor New York, NY 10001	212-947-9779 Helpline 866-427-6033, Mon.-Thurs.10AM-4PM www.advocatesforchildren.org www.arisecoalition.org	Individuals with DD, birth-26.	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals. Offers free workshops in the community for parents, professionals, and youth.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	212-256-0846 914-494-9888 info@atlasforautism.org www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disabilities, and their families.	Coaching sessions to aid in behavioral understanding + supports, relationship building, + creating an inspired team of family, school + therapists. Fees charged.
Brain Injury Association of New York State	5 Pine West Plaza; Suite 506 Albany, NY 12205	FACTS Program 800-444-6443 Family Helpline 800-444-6443 info@bianys.org www.bianys.org	Individuals with traumatic brain injuries which occurred before age 22 and their families.	Counseling, information & referral, case management, advocacy training & emotional support. Also support groups and Family Helpline.
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 www.efmny.org	Individuals with epilepsy & their families.	Individual, family & group training & counseling about epilepsy. Psychological counseling. Workshops & educational materials. Day & evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
GiGi's Playhouse	107 West 117th St New York, NY 10026 (117th and Lenox)	646-801-7529 nyc@gigisplayhouse.org gigisplayhouse.org/newyork	Individuals with Down Syndrome & their families.	Family support and social groups, lectures about education, advocacy, and other topics for caregivers. All programs are free.
INCLUDEnyc	520 8th Ave 25th floor Suite 2503, New York, NY 10018	Help Line: M-Th 9 am-3 pm Eng 212-677-4660 Span 212-677-4668 Fax: 212-254-4070 Info@INCLUDEnyc.org www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families.	Training and technical assistance for parents and professionals on laws, regulations, rights, benefits, educational and other services. Workshops in English, Spanish, and other languages through interpretation. Service is free of charge.

Family Training/Counseling (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Mercy Drive	60-69 Woodhaven Blvd, Elmhurst NY 11373 (Bronx and Manhattan)	718-275-9326 intake@mercydriveinc.org/ v.bonilla@mercydriveinc.org	Individuals with DD, ages 3 to 18. Medicaid eligible and/or HCBS Waiver approved.	In-home ONLY family education and training on a variety of topics. Two visits per fiscal year. Has to have Care Manager from CCO.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St., 11th Floor New York, NY 10001	Paola Martinez Boone 212-244-4664 www.nylpi.org	Individuals with DD & their families. Information and free workshops only! no representation.	FREE informational workshops for families and agencies.
Ramapo for Children	49 W. 38th St. 5th Floor New York, NY 10018	Alicia Barry 212-754-7003 www.ramapoforchildren.org	Families of individuals with DD.	Parent support & education workshops on managing children's challenging behaviors, using visuals, structuring playdates & more. Ramapo Parent Education and Support workshops address the challenging behaviors of all children, including those with special needs such as autism spectrum disorders, and help parents feel empowered to meet their children's needs while reducing their own frustration and fatigue. Call for fees.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	212-241-0961 www.icahn.mssm.edu/research/centers/seaver-autism-center	Families of individuals with ASD, all ages.	Licensed Clinical psychologists work directly with family members/caregivers on behavior related issues. Fee charged. Able to offer a reduced fee to see a graduate student. There is a waitlist.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	www.spectrumservicesnyc.com	Individuals with an autism spectrum disorder.	Parent and Family Therapy - fee charged. Free family support group.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	Parents with I/DD.	Parents with Special Needs: Support and training for parents with I/DD. Focuses on goals identified by the parents to enhance their effectiveness and lead a balanced parenting lifestyle. Most work is completed in a 1:1 setting for 9-12 months with the support of trained clinicians. In-home and community-based training as well as support and skills groups offered.

Guardianship Information/Financial Planning/Future Care Planning

When a child with developmental disabilities becomes 18 years old, the parents are no longer the legal guardians. If your child will continue to need supervision and guidance as an adult, you may want to establish a legal guardian before your child reaches 18. You may also want information and advice on providing for your child's future financial needs. The following agencies can help you.

Agency	Address	Contact	Population Served	Description of Program
ACT for Life Services	1441 Broadway 6th FL, PMB#6135 New York, NY 10018 Mail Address: PO Box 340, New Hyde Park, NY 11040-0340	212-532-6740 800-995-0066 www.ACTforLifeServices.org info@ACTforLifeServices.org	Individuals with DD + their families.	Supports families with future care planning, budgeting, Power of Attorney and Health Care Proxy Supports (Advocacy Program). Pooled and Stand Alone Trusts for individuals with disabilities (all types) and their families.
AHRC New York City	83 Maiden Lane New York, NY 10038	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD + their families.	Help/referral with guardianship, estate planning + other legal issues. No fee.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Paola Martinez Boone 212-244-4664 www.nylpi.org	Individuals with Disabilities and their families.	NYLPI's Education Program, housed in the Disability Justice (DJ) program, offers individual representation and free trainings for parents & advocates in the community on various legal and advocacy related topics.
NYSARC	29 British American Blvd., 2nd floor Latham, NY 12110	518-439-8311 www.thearcny.org Trust program 800-735-8924 518-439-8323 trustdept@nysarc.org www.nysarc.trustservices.org	Individuals with DD and their families.	Serves as a resource, offering information and assistance with future care planning alternatives, including, but not limited to: guardianship, supplemental needs trusts, health care proxies, Do Not Resuscitate Orders. Also offers corporate guardianship and trust services programs. Offers various Supplemental Needs Trust programs to assist with SSI & Medicaid eligibility.
Surrogate Court for New York County	31 Chambers St. Room 301 New York, NY 10007	1-800-268-7869 www.nycourts.gov/courts/1jd/surrogates	Families of individuals with IDD.	Application processing for 17A guardianship. Do-it-yourself online program at http://nycourts.gov/courthelp//Guardianship/17A.shtml . One-to-one do it yourself assistance provided in person once a week. Call to make an appointment.

Guardianship Information/Financial Planning/Future Care Planning (cont'd)

Agency	Address	Contact	Population Served	Description of Program
UJA-Federation of New York	130 East 59 th Street New York, NY 10022	Irina Tuchina, LMSW Community Trust Administrator (212) 836-1150 tuchinai@UJAFEDNY.ORG	Individuals with disabilities and families	Special Needs Trust (SNT) to assist individuals with disabilities. Both third party and self-settled trusts are available. Personal Advocacy Services for the trust beneficiary are provided by an affiliated social service agency.
YAI	227 East 41st St. 8th Floor New York, NY 10017	212-273-6272 www.yai.org/cst	People diagnosed with I/DD or suspected I/DD	Psychological Evaluations for 17A Guardianship. Medicaid or private pay accepted.

Housing Assistance/Home Modifications for Individuals with Physical Disabilities

Housing assistance is help in finding and getting housing appropriate for individuals with developmental disabilities. Home modification is help in fixing up the home to help people with physical disabilities become more independent.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	80 Maiden Lane, 8th Fl. New York, NY 10038	Terry Hwang 212-683-6700 x1170 mhwang@adaptcommunitynetwork.org	Persons with DD and their families, medically fragile, elderly.	Limited funding for home modifications + adaptive equipment for eligible persons with ID/DD, medically fragile or elderly. Accessibility evaluations will be completed on a limited basis. Spanish translation available.
ADAPT Community Network	80 Maiden Lane, 8th Fl. New York, NY 10038	Terry Hwang 212-683-6700 x1170 mhwang@adaptcommunitynetwork.org	The owner-occupant must be 60 years of age or older at the time of application and named on the deed. Total household income may not exceed 100% of Area Median Income.	Emergency Repair Program through the RESTORE program. The RESTORE Program provides financial assistance to assist senior citizen homeowners with the cost of addressing emergency repairs and code violations that pose a threat to their health and safety or affects the livability of their home.
ADAPT Community Network	80 Maiden Lane New York, NY 10038	Wendy De Leon 212-683-6700 Ext. 1154 wdeleon@adaptcommunitynetwork.org	Persons with DD and their families.	Housing Assistance Services provides information + referral regarding many housing issues including affordable accessible housing options. Spanish translation available.
ADAPT Community Network	80 Maiden Lane 2nd F. New York, N.Y. 10038	Gevon Clarke T. 212-683-6700 Ext. 1101 g.clarke@adaptcommunitynetwork.org	Adults, age 18+, DD.	OPWDD Housing Subsidy (Rent Subsidy) administered by Adapt Community Network to assist individuals with achieving or maintaining independent living.
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	212-222-7122 benefit@hilc.org; benefit1@hilc.org www.hilc.org	Individuals with disabilities living or working in NYC.	Housing assistance. Spanish spoken.
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038	212-788-2830 or 311 Video Phone: 646-396-5830 (for people who use American Sign Language (ASL)). poh@cityhall.nyc.gov www.nyc.gov/mopd	Individuals with all disabilities.	Project Open House. Small barrier removal program.

Housing Assistance/Home Modifications for Individuals with Physical Disabilities (cont'd)

Agency	Address	Contact	Population Served	Description of Program
NY Connects	841 Broadway, Suite 301, New York, NY 10003	844-862-7930 www.nyconnects.ny.gov	People with any disability, any income, any age.	Free, unbiased information about services, resources and supports for New Yorkers of all ages and with any type of disability. Guidance and coordination for participants with disabilities as they go through eligibility and assessment processes for benefits and services. Help completing applications and enrolling in public assistance benefits, like Medicaid, Medicare, housing, SNAP, Social Security benefits, and more.
Sinergia, Inc.	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Mariam Chardiwall 212-643-2840 x 379 mchardiwall@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families. OPWDD eligible for services.	Assistance with eviction prevention and other housing court matters. Assistance with NYCHA related issues, repairs and tenant's rights workshops. Wheelchair accessible. English and Spanish spoken
The New York Foundling	Brooklyn, Manhattan	Information and Referral 212-886-4020 I&R@nyfoundling.org www.nyfoundling.org	Individuals with DD who are OPWDD eligible. Medicaid required.	The Foundling's Individual Supports and Services (ISS) (Independent Living / Supportive Housing) program provides a housing subsidy to assist people with developmental disabilities who wish to live independently in the community.

Information & Referral

Information & referral services provide information about programs and services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	80 Maiden Lane, New York, NY, 10038	Project Connect Coordinator 1-877-827-2666 projectconnect@adaptcommunitynetwork.org	Persons with DD & their families.	Information and referral hotline for ADAPT Community Network services/programs; information + referral to other provider agencies as needed.
AHRC New York City	83 Maiden Lane New York, NY 10003	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with DD + their families.	Information + referral. Spanish and Russian spoken.
Autism Speaks	No address	888-288-4762 English 888-772-9050 Spanish help@autismspeaks.org English ayuda@autismspeaks.org Spanish www.autismspeaks.org	Individuals with autism & their families.	Provides information, tools & resources over the phone & via e-mail.
Benefits Plus Learning Center	633 Third Ave. 10th floor New York, NY 10017	212-614-5552 Call in available Monday - Thursday, 11am-2pm www.bplc.cssny.org	Individuals with DD and their families and professionals.	Information on benefits such as: SSI, SSDI, food stamps, Medicaid, cash assistance, Medicare, and more. Assistance by phone or by appointment only. No walk-ins.
Brain Injury Association of New York State	5 Pine West Plaza; Suite 506 Albany, NY 12205	Family Help Line 800-444-6443 info@bianys.org www.bianys.org	Individuals with traumatic brain injuries and their families.	Information & referral, counseling, case management, advocacy training & emotional support. Also, support groups and Family Helpline.
Catholic Charities Community Services, Archdiocese of NY	1011 First Ave. 6th Floor New York, NY 10022	Helpline 888-744-7900 www.catholiccharitiesny.org	Individuals in need from the Bronx, Manhattan, and the Upper Counties of Westchester, Putnam, Rockland, Orange, Dutchess, Ulster, and Sullivan.	Helps support New Yorkers in need, non-Catholics and Catholics alike.

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Committee for Hispanic Children and Families	75 Broad St. 6th Floor New York, NY 10004	212-206-1090 www.chcfinc.org	Children with DD, birth-17.	Free referrals for childcare, summer camps, afterschool programs. Spanish spoken.
Constructive Partnerships Unlimited	40 Rector Street NY, NY	Pier Fetz-Scimeca 917-623-4837 pfez-scimeca@cpofnys.org www.cpodnys.org	Individuals with DD.	Information + referral
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 info@efmny.org www.efmny.org	Individuals with epilepsy & their families.	Information & referral to medical specialists & psychosocial services. Day & evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu or WeiXian Chen 718-261-6563/6564 www.ghoinc.org	Individuals with DD, ages 3+	Information, outreach + referral. Cantonese, Chinese, Mandarin, Taiwanese Chinese and Korean spoken. Medicaid not required.
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	212-222-7122 mestevez@hilc.org www.hilc.org	Individuals with disabilities living or working in NYC.	Information and referral. Assistance with benefits applications. Housing assistance & disability rights information. Spanish spoken.
Heartshare Human Services of NY	12 MetroTech 29th Floor Brooklyn, NY 11201	For Individual Supports 718-422-3271 or 718-422-3218 info@heartshare.org https://www.heartshare.org/services/e-locations/fragile-x-information-and-referral/	Individuals with Fragile X Syndrome + their families. Staff who work with individuals with Fragile X.	Information & referral, education relating to Fragile X Syndrome.
INCLUDEnyc	520 8th Ave 25th floor Suite 2503, New York, NY 10018	Help Line: M-Th 9 am-3 pm Eng 212-677-4660 Span 212-677-4668 Fax: 212-254-4070 Info@INCLUDEnyc.org www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families.	Information and referral, advocacy, training and support. Help accessing and navigating services in all systems: education, social services, health, recreation, and developmental disabilities. Spanish spoken. Service is free of charge.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams 212-570-6860 212-570-9946 manhattanmothers@gmail.com	Individuals with DD & their families.	Advocacy, information & referral to services: Mon.-Fri. 9am-5pm. (anytime in an emergency) Also, advocacy, parent-to-parent connections, help with educational transition & residential issues. Advocacy & meeting info by phone and e-mail for a fee: \$20, if affordable.

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038	212-788-2830 or 311 Video Phone: 646-396-5830 (for people who use American Sign Language (ASL)). poh@cityhall.nyc.gov www.nyc.gov/mopd	Individuals with any disability diagnosis & their families	Information & referral on all disability-related issues. Assistance with NYC services. Assistance with disability related laws.
Metro Developmental Disabilities Regional Office (DDRO)	25 Beaver St. New York, NY 10004	646-766-3220	Individuals with DD & their families	Front Door to access services. Information & referral.
New York City Department of Health and Mental Hygiene, Bureau of Developmental Disabilities	42-09 28th St., CN#20 Long Island City, NY 11101	347-396-7192 https://www1.nyc.gov/site/doh/about/about-doh.page	Individuals with DD & their families	Information & referral.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Michelle Kraus or Paola Martinez Boone. Intake hours: Monday-Friday: 10am-3pm. 212-244-4664 www.nylpi.org	Individuals with DD	Information & referral related to legal issues for people with disabilities, including special education. Intake hours: Monday-Friday 10:00am-3:00pm
NY Connects	841 Broadway, Suite 301, New York, NY 10003	844-862-7930 www.nyconnects.ny.gov	People with any disability, any income, any age	Free, unbiased information about services, resources and supports for New Yorkers of all ages and with any type of disability. Guidance and coordination for participants with disabilities as they go through eligibility and assessment processes for benefits and services. Help completing applications and enrolling in public assistance benefits, like Medicaid, Medicare, housing, SNAP, Social Security benefits, and more.

Information & Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Parent-to-Parent of New York State	25 Beaver St. 4th Floor New York, NY 10004	Jameka Collins 646-766-3462 800-405-8818 jcollins@ptopnys.org www.ptopnys.org	Families and caregivers of individuals with special health care needs or developmental disabilities of any age.	Parent to Parent of NYS is a nonprofit organization that offers resources, guidance and support to families of children and adults with developmental and physical disabilities. Parent to Parent of NYS is a nonprofit organization that offers resources, guidance and support to families of children and adults with developmental and physical disabilities.
Regional Center for Autism Spectrum Disorders (RCASD) hosted by the NYU Langone Child Study Center	1 Park Avenue 7th Floor New York, NY 10016	646-754-4503 CSC.RCASD@nyulangone.org https://med.nyu.edu/child-adolescent-psychiatry/education/rcasd	Individuals with autism, families, caregivers, and professionals throughout New York City.	Information + referral state-funded resource center with the goal of identifying, disseminating, and assisting in the implementation of evidence-based practices to build capacity to improve services and outcomes for children and youth with autism spectrum disorders.
Sinergia, Inc.	2082 Lexington Ave. 3rd Floor New York, NY 10035	Darlin Espinal 212-643-2840 x602 despinal@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families.	Information and referrals. Wheelchair accessible. English and Spanish spoken.
SKIP of NY	318 W 39th St 5th Floor New York, NY 10018	212-268-5999 x100 info@skipofny.org www.skipofny.org	Medically fragile children, individuals with DD, especially children with complex health needs.	Information and referral, case management, advocacy.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Individuals with DD and their families.	Information & Referral Department provides referrals & links to diverse services & higher levels of care.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with I/DD & their families.	YAI LINK provides information and referral services for the I/DD service system. Conducts workshops on how to navigate the I/DD service system for people with disabilities, parents, caregivers, and service providers. English and Spanish spoken.

Managed Care for People with Intellectual and Developmental Disabilities

Agency	Address	Contact	Population Served	Description of Program
Independent Consumer Advocacy Network (ICAN)	Ombudsprogram Center for Independence of the Disabled, NY 1010 Sixth Avenue, Suite 301, New York, New York 10018	844-614-8800 TTY: 711 Lynn Decker 646-442-4188	People with both Medicaid and Medicare who need long-term care or behavioral health services.	ICAN is the New York State Ombudsprogram providing independent, free, and confidential assistance regarding any services offered by PHP Care Complete FIDA-IDD Plan (see following entry) as well as managed care plans serving other populations.
Partners Health Plan (PHP) PHP Care Complete FIDA-IDD	2500 Halsey St, Bronx, NY 10461	Annrose Bacani 917-576-3475 855-747-5483 8:00 am – 8:00 pm TTY/TDD: 711 www.phpcares.org	Adults with I/DD with both Medicaid and Medicare.	PHP pays for, manages, and integrates your medical and long-term care services and supports. You are assigned a trained and qualified Care Management Team that knows who you are, what services you need, who your doctors and other caregivers are and, most importantly, understands your capabilities, goals, and valued outcomes.

Parent/Sibling Support Groups

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane New York, NY 10038	Annette Spallino, LCSW T: 212-780-2592 T: Referral + Information Center 212-780-4491 E: annette.spallino@ahrcnyc.org or referrals@ahrcnyc.org W: www.ahrcnyc.org	Siblings of individuals with IDD.	Weekend sibshops for children and teenagers.
Brain Injury Association of New York State	10 Colvin Ave. Albany, NY 12206	Brain Injury Association of NYS 800-444-6443 info@bianys.org www.bianys.org	Individuals with traumatic brain injuries, their families & friends.	Call for list of NYC area support groups.
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 info@efmny.org www.efmny.org	Families of individuals with epilepsy.	Caregiver Support Groups.
GiGi's Playhouse	108 West 117th St New York, NY 10026 (117th and Lenox)	Rosella Lofaro 646-801-7529 nyc@gigisplayhouse.org rlofaro@gigisplayhouse.org www.gigisplayhouse.org/newyork	Individuals with Down Syndrome & their families.	Family support and social groups for English and Spanish-speakers. Most programs open to siblings. All programs are free.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Hannah Kaplan-Cohen hcohen@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs- jcc	Parents of children of all ages through adults.	Parent Support Groups for those with children of all ages through adults.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Laura Zaugg lzaugg@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs- jcc	Sibling Support Groups for kids of siblings with disabilities/special needs. Sibshops Kids (ages 6- 12).	Sibshops: Kids is a social, recreational program for young brothers and sisters of siblings with disabilities (also known as "Sibs"). At Sibshops, Sibs will have an opportunity to meet other Sibs (usually for the first time), allowing access to unique peer support with others who really "get it." There will be plenty of opportunities for young Sibs to talk about the good and not-so- good parts of having a sibling(s) living with a disability and to learn more about disability and the services their brothers and sisters receive. Arguably, the most important part about Sibshops is that Sibs will have the opportunity to experience all of this while playing some great games, making new friendships, and having FUN in a space designed just for them!

Parent/Sibling Support Groups (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Laura Zaugg lzaugg@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs-jcc	Sibling Support Groups for teens of siblings with disabilities/special needs. Sibshops Teens (ages 13-18).	Sibshops: Teens is a social, recreational program for teenage brothers and sisters of siblings with disabilities (also known as "Sibs"). At Sibshops, Sibs will have an opportunity to meet other Sibs (usually for the first time), allowing access to unique peer support with others who really "get it." There will be plenty of opportunities for young Sibs to talk about the good and not-so-good parts of having a sibling(s) living with disability and to learn more about disability and the services their brothers and sisters receive. Arguably, the most important part about Sibshops is that Sibs will have the opportunity to experience all of this while playing some great games, making new friendships, and having FUN in a space designed just for them!
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Jessica Kruger jkruger@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs-jcc	Sibling Support Groups for children, teens, and adults of siblings with disabilities/special needs. Sibshops Kids (ages 6-12), Sibshops Teens (ages 13-18) and SibSpace (adults).	The SibSpace Mentoring Program brings together our young siblings from the Sibshops community and our adult SibSpace sibs to participate in regular community outings. The program aims for participants to have fun, share intergenerational wisdom, find support and create community. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Julie Singer jsinger@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs-jcc	Sibling Support Groups for adults of siblings with disabilities/special needs. SibSpace (adults).	Sibspace is a closed, therapeutic program for adult siblings. The SibSpace Mentoring Program brings together our young siblings from the Sibshops community and our adult SibSpace sibs for monthly outings to have fun, share intergenerational wisdom, find support and create community. Fee charged.

Recreation Programs

Agency	Address	Contact	Population Served	Description of Program
14th Street Y	The KOL Program 344 East 14th St. New York, NY 10003	Blair Davis 646-395-4339 BDavis@14streety.org www.14streety.org	Children diagnosed with ASD, communication and language delays, ADD, ADHD, and other developmental disabilities who have a strong level of independence.	Saturday Program for individuals, ages 4-17. Super Soccer Stars, Capoeira, Music Works, Art, Creative Movement. Special Needs swim classes also offered through aquatics program. Fee charged. Limited scholarships available.
92nd St. Y	1395 Lexington Ave. New York, NY 10128	212-415-5767 www.92y.org	Children with DD	Enrichment classes available in aquatics, gymnastics and Jewish culture.
92nd St. Y	Bronfman Center for Jewish Life 1395 Lexington Ave. New York, NY 10128	Joshua M. 212-415-5414 www.92y.org	Children with DD	Jewish Education
Achilles International	315 West 39th Street, Suite 205 New York, NY 10018	Lindsey Novakovic 212-354-0300 kids@achillesinternational.org www.achillesinternational.org/achilles-kids	Individuals with DD or any type of disability, ages 5-21, and their siblings.	Free running/ walking/ "rolling" program that meets 2 - 4x/month on weekend mornings. Parent/ guardian must accompany child.
ADAPT Community Network	251 West 154th St. New York, NY 10039	Carmen Orellana 646-625-5000 x5015 corellana@adaptcommunitynetwork.org AAngvine@adaptcommunitynetwork.org	Adults, age 18+, with DD for the population served	EXPLORE Club Disco meets once a month in Manhattan on a Friday evening (4:30pm to 8:30pm). Social event with a live DJ. Light supper served. No transportation.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, ages 21+, who independently travel and are enrolled in the HCBS Medicaid Waiver	Adult Day Respite Saturdays 9:30am-3:30pm, Super Saturday: October – June, various activities, including DJ lessons, Dance, Yoga, Music, Drama in one location. Free. Spanish spoken. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Teenage individuals with I/DD, who are enrolled in the HCBS Medicaid Waiver.	Saturday Teen's Respite- 10:00am-3:00pm, Sept.- June. Creative arts, music + dance, recreational sports, seasonal events, community outings. Transportation provided. Wheelchair accessible.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, ages 5-16, who are enrolled in the HCBS Medicaid Waiver	Manhattan School Holiday Respite for 5 weeks a year when schools are on break. Two type of programs: 1. Day Camp setting and offers creative arts, music + dance, recreational sports, community outings, seasonal events; 2. Sleep away for teens taking place at various locations from our camps in upstate New York to all-inclusive resort. Transportation provided for both type of programs.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 13-21, with I/DD. Must attend PS 751.	Afterschool: Tues - Thurs, Oct to June. Program for teens, meets 3 days a week at PS 751 focusing on travel training and job readiness skills.
Asser Levy Recreation Center	392 Asser Levy Place at E. 23rd St (1 block west of FDR Drive) New York, NY 10010	212-447-2023; 212-447-2027 www.nycgovparks.org/facilities/recreationcenters	Individuals with & without DD.	Recreation Center: wheelchair accessible fitness rooms for ages 16+ and indoor heated pool. Admission: membership fee free for age 17 and under; \$75/6 months ages 25-61; \$25/year ages 18-24 and 62+.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	212-256-0846 914-494-9888 info@atlasforautism.org www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disabilities, as well as neurotypical individuals, and their families.	Free Open Play program alternating Saturdays 10am-12pm, Creative Movement Saturdays 12pm-4pm, and Creative Art Sundays 12pm-4pm for families to connect at sensory gym and music room. Fees charged except for Open Play.
Birch Family Services	104 W. 29th St NY, NY 10001	212-616-1845 info@birchfamilyservices.org www.birchfamilyservices.org	People with Developmental Disabilities over 21.	Provide young adults with opportunities for recreational and leisure activities in the community.
Child and Family Support Services	402 E 154th St, Floor 1, Bronx, NY 10455	Aida Rodriguez 646-757-9830 Fax: 718-618-7537 arodriguez@nycfss.org www.nycfss.org	Children with developmental disabilities ages 7-12; Medicaid required.	Children with developmental disabilities participate in Recreational Respite on Saturdays in order to provide caregivers with a break from caregiving. This group service takes place in the community.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
CO/LAB Theater Group	P.O. Box 727 New York, NY 10108	347-989-4338 hello@colabtheatergroup.com colabtheatergroup.com	Individuals with DD, all ages.	Offers individuals with DD a creative & social outlet through theater arts. CO/LAB:core programs refer to on-site classes, in which participants come to CO/LAB for a semester of 10-15 theater classes culminating in a performance. No fee; small security deposit required. Single workshops are also available. CO/LAB:connect programs refer to all partnerships with other organizations including workshops or residencies at partner facilities and professional development trainings.
Dancing Dreams	Manhattan: Cristo Rey New York High School 112 E 106th Street New York, NY 10029 Queens: 23-91 BELL BLVD. SUITE LL2C BAYSIDE, NY 11360	516-659-3319 516-659-8704 info@dancingdreams.org www.dancingdreams.org	Children, ages 3-21 with medical and/or physical impairments.	Dancing Dreams adaptive classes are open to boys and girls ages 3-21 with physical and medical challenges that preclude them from participating in "community" dance classes. Classes meet weekly at three sites and are taught by pediatric physical or occupational therapists which enables us to adapt activities to meet the unique needs of each dancer.
Daniel's Music Foundation	1595 Lexington Ave. 2nd Floor New York, NY 10029	Nadine McNeil, Program Director nadine@danielsmusic.org 212-289-8912 www.danielsmusic.org	Individuals with DD and/or physical disabilities, ages 3 to adult who do not have interfering behaviors and are able to participate in a group setting.	Music programs include free in-person classes at our state-of-the-art music center in East Harlem available some Weekdays and Saturdays. Free online events like themed Dance Parties, Open Mic nights and Sing alongs are also offered weekly, with online music classes also available for members of the program.
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 info@efmny.org www.efmny.org	Individuals, age 18+, ambulatory, with a primary diagnosis of epilepsy & IDD.	Saturday afternoon socialization group with community outings from 1:00-4:00 pm. 2x/month. Transportation not provided.
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Elizabeth Lindao 212-928-5810 x120 elindao@esperanzacenter.com www.esperanzacenter.com	Individuals, age 18+, with I/DD, ambulatory.	Wednesday evening recreation program: Wed. 3:30 - 6:30 pm. Transportation provided for people living in upper Manhattan and Western Bronx. Spanish spoken.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Elizabeth Lindao 212-928-5810 x120 elindao@esperanzacenter.com www.esperanzacenter.com	Individuals, age 18+, with I/DD, ambulatory.	Saturday recreation program: 10-3pm. Transportation provided for people living in upper Manhattan and Western Bronx. Spanish spoken.
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Tatiana Gutiérrez 347-453-7572 347-641-5338 212-928-5810 Ext.122 tgutierrez@esperanzacenter.com www.esperanzacenter.com	Children and adults with I/DD, ages 5 and up.	Getaway program: 3-day weekend trips to resorts for small groups, fully supervised. Transportation to and from resorts provided. One day option provided to local amenities. Spanish spoken.
Extreme Kids & Crew	Several locations	347-410-6050 info@extremekidsandcrew.org www.extremekidsandcrew.org	Children of DD and their families. Ages range from 5-12 with no official age limit.	We offer children with disabilities and their families a community center to play and create. Our organization has two sensory gyms in Queens and Brooklyn where we offer arts and play based programming. All of our programming is free to low-cost.
Friendship Circle UES	419 East 77th Street New York, NY 10075	Sara Gutnick 929-207-4370 office@friendshipcirclenyc.org www.friendshipcirclenyc.org	Individuals with I/DD, all ages.	Weekly Programs, Sunday Circle, Teen Circle, Young Adult Programming, Camps, Friends @ Home, Parent Support Groups, Virtual Teen Club, Jewish Holiday Celebrations.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6563 W: www.ghoinc.org	Individuals with DD, age 18+	Weekend Recreational Respite. No fee. Bilingual Chinese speaking staff available.
GiGi's Playhouse	109 West 117th St New York, NY 10026 (117th and Lenox)	Rosella Lofaro 646-801-7529 nyc@gigisplayhouse.org rlofaro@gigisplayhouse.org www.gigisplayhouse.org/newyork	Individuals with Down Syndrome & their families.	Dance and literacy, among others. All programs are free. Not a drop-off program. Caregiver is expected to remain with participant.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Caitlin Boker cboker@mmjccm.org info@mmjccm.org https://mmjccm.org/children-families/school-age-4-10-yrs/special-needs-programs/special-needs-swimming	1:1- all ages, group sessions offered to children 2+	Adaptive Aquatics. Fee charged.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Julie Singer jsinger@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs-jcc	Individuals, ages 16-21, with DD, including ASD, who have a high level of independence.	Sunday recreation program emphasizing life skills + social skills. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Emily Miller emiller@mmjccm.org https://mmjccm.org/csn-core	Non-ambulatory and/or non-speaking young adults.	CORE is a program for young adults to connect, engage, and grow with one another at JCC Harlem. Participants can join their peers weekly for a variety of fun, age-appropriate activities such as themed dance parties, trips to Morningside Park, and stops at local coffeehouses. CSN Harlem gives individuals a chance to explore their interests and get a sense of community and promote meaningful growth and connections.
Jewish Museum	1109 5th Ave. New York, NY 10128	Dara Cohen-Vasquez 212-423-3256 or 212-423-3200 access@thejm.org info@thejm.org www.thejewishmuseum.org	Individuals with DD or LD & their families.	Via family workshops, individuals with DD or LD explore art + artifacts w/ family members or friends. Includes gallery activities + an art project. 4x/yr. Free. Access Programs for visitors who are blind or have low vision, who are deaf, who have memory loss, or who have learning or developmental disabilities. The program is wheelchair-accessible and wheelchairs are available if needed. Visitors with disabilities enjoy a \$10 discount on Jewish Museum memberships.
Keoni Movement Arts (KMA)	KMA at Clinton Cameo Studios, 307 W 43rd St.	Paul Keoni Chun 212-643-9013 info@keonimovementarts.org www.keonimovementarts.org	Individuals with DD who have a mild to moderate level of independence.	Movement classes in Yoga, Dance & Gymnastics. Fee charged on a "pay-what-you-can-afford" basis. Self-Direction accepted. Financial assistance available.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Kids Enjoy Exercise Now (KEEN)	KEEN Fit: The Training Lab, 54 West 39th Street. KEEN Swimming: 92nd Street Y 1395 Lexington Ave. KEEN Sports: Brearley School 590 East 83rd Street.	212-768-6785 info@keennework.org www.keennework.org	Individuals, ages 5-21, with DD and other disabilities.	Fitness, swimming, yoga, dance, cooking and sports. program with 1:1 volunteers. All programs meet on select Saturdays or Sundays. Free.
Lifespire	159 E. 125th St. 2nd Floor New York, NY 10035	Ralph Sperandeo 212-360-5600 Ext:4211 rsperandeo@lifespire.org www.lifespire.org	Individuals, age 21+, with DD.	Adult Respite AGILE/recreation Tuesdays and Thursdays 3-6pm. Transportation home provided.
Matthew P. Sapolin Playground (Formerly Playground 90)	W. 70th St. between West End & Amsterdam Aves.	311 www.nycgovparks.org/parks/mat-hew-p-sapolin-playground	Individuals with and without physical disabilities.	Wheelchair accessible playground.
Mercy Drive	1314 Blondell Avenue Bronx, NY 10461 (all boroughs)	718-275-9326 intake@mercydriveinc.org v.bonilla@mercydriveinc.org	Individuals ages 8 and up.	ALL STARS KONNECT- Weekend site-based respite program for children, participation in a variety of activities, Zumba, arts and crafts, music etc.
Metropolitan Museum of Art	1000 5th Ave. New York, NY 10028. Accessible parking located at Fifth Avenue and 80th Street.	212-650-2010 access@metmuseum.org www.metmuseum.org/events/programs/met-access	Individuals, ages 15-17 and ages 18+, with DD.	Discoveries Program. Art workshops on scheduled Sundays year-round. Workshops, for individuals + family members, consist of a thematic tour of Museum, followed by a related art project. Free. Reservations necessary. Other programs available for visitors w/ disabilities.
Museum of Modern Art	11 West 53rd St. New York, NY 10019	Access Programs 212-408-6447 accessprograms@moma.org https://www.moma.org/calendar/groups/39	Individuals with Intellectual and Developmental Disabilities (IDD).	Different themes each month exploring various artworks in the galleries and creating artworks in the classroom. Morning program for individuals under age 18. Afternoon program for ages 18+. Free. Reservations are required.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Recreation Center 54	348 E. 54th St. between 1st and 2nd Aves. New York, NY 10022	212-754-4277 www.nycgovparks.org/facilities/recreationcenters/M130	Individuals with and without disabilities.	Accessible recreation center with pool, fitness room. Hours: Mon.-Fri. 6:30 AM – 9:15 PM. Sat. 8:00 AM – 3:45 PM. Admission: \$75/6 months or \$150/year ages 25-61. Under 17 free. \$25/year ages 18-24, and 62+. 10% off when you use your NYC ID card
Safe Haven West Side Basketball League: Champions Division	PS 84 on West 92nd Street between Columbus and Central Park West	info@safehavenhoops.net www.safehavenhoops.org	Individuals, children & adults, with DD.	Players, ages 4 to 15, with different developmental, social and emotional abilities. A program especially designed to meet the needs of each participant. Full fee: \$175. Reduced fee of \$75. Full Scholarships are available.
Social City	UWS & Brooklyn	Program Director director@socialcitynyc.com socialcity@socialcitynyc.com www.socialcitynyc.com	Individuals with DD and typically developing students in need of social skills support, ages 3 -9 years old.	Our summer day program engages children in fun, collaborative activities, while providing opportunities to build their social-emotional skills! Full day (9am- 3pm) with half day option for 3-year-olds. Multiple session options from June 27 - August 30. Fee charged. Individual payment plans & potential insurance reimbursement available.
Sparkidz	Trevor Day School 312 East 95th Street New York, NY 10128	Lala Yusubova 646-250-7573 info@sparkidz.org	Children and young adults of all abilities ages 6 through 25 years. We serve individuals with ASD, ADD, ADHD, Down Syndrome, Learning Delays, Speech and Language Delays, Developmental and Physical Disabilities and more...	Sparkidz is a 501C3 organization providing an all-day Saturday social/recreational program at the Trevor Day School each school year September through June. A wide range of activities are offered from 10:30 a.m. to 3:30 p.m. including art, theatre, music, cooking, sports, martial arts, swimming, yoga, dance, day trips and more. Children and young adults ages 6 to 25 years have the opportunity to engage in fun, enriching activities, building self-esteem and friendships. Older Sparkidz (16-25) have the opportunity to work as "staff assistants" helping teachers and group leaders while earning a stipend. Our teachers are professional artists and educators.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
SNACK*	316 East 53rd St. New York, NY 10022	Katie Coombs 212-439-9996 katie@snacknyc.com	Ages 3-21+	Snacktivities Classes on Fridays 4:00PM - 7:30PM, Saturdays and Sundays 10:00AM-3:00PM (art, yoga, dance, cooking, soccer, music, exercise) Fees vary. Open enrollment for all programs.
SNACK*	316 East 53rd St. New York, NY 10022	Rachael Butkiewicz 212-439-9996 rachael@snacknyc.com	Ages 3-21+	1:1 Private Swim Classes at St. Bart's on Tuesdays 4:00PM - 6:00PM, Wednesdays 2:30PM - 4:30PM, Saturdays 4:00PM-6:00PM, and Sundays 12:00PM-5:00PM. Fees vary. Open enrollment for all programs
Special Olympics Inc.	211 East 43rd St. Suite 802 New York, NY 10017	Todd Bazzini 212-661-3963 Ext 2210 212-661-4327 Tbazzini@nyso.org www.specialolympicsny.org	Individuals, ages 8+, with IDD.	22 sports with divisions by gender, age, and ability level. Free
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Santiago Bareiro 212-222-9575 santiago@gosprouit.org www.gosprouit.org	Individuals, ages 16+ , with mild-moderate DD, ambulatory, non-deaf, non-blind, toilet trained, living with family member.	1 Day + evening trips in the community, weekdays + weekends, 15 times per month. Fee: \$0-\$25 each activity. No membership fee. No transportation provided. Must reside in Manhattan, Queens or Brooklyn.
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Raya Harris 212-222-9575 raya@gosprouit.org www.gosprouit.org	Individuals, ages 21+, with DD. Must be ambulatory and have a mild to moderate level of independence.	Vacation Program. Weekend & weeklong trips to various destinations in the United States and Europe. Fees vary.
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Santiago Bareiro 212-222-9575 santiago@gosprouit.org www.gosprouit.org	Individuals, ages 14-21, with DD. Living with family member. Must be ambulatory and have a mild to moderate level of independence.	Free School Holiday Vacation: 5 day trips to various destinations during NYC DOE school holidays 2x per year at no cost to the individual. Must reside in Brooklyn or Manhattan.
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Santiago Bareiro 212-222-9575 santiago@gosprouit.org www.gosprouit.org	Individuals, ages 22+, with DD. Living with family member. Must be ambulatory and have a mild to moderate level of independence.	Free weekend trip program. Seven weekends (Fri-Sun) available per year to various destinations at no cost to the individual. Must reside in Manhattan, Brooklyn or Queens.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Summertime Gallery	145 Ainslie Street, Brooklyn, NY 11211	Anna Schechter Studio Inquiries: anna@summertimegallery.org Gallery Inquiries: sophia@summertimegallery.org 646-470-8243 www.summertimegallery.org	Artists with and without intellectual disabilities 18 years or older.	Summertime champions an art world where artists with and without intellectual disabilities create and display work alongside one another. We strive to revolutionize the art world by breaking down the barriers that have made "outsiders" out of artists with disabilities. Studio classes hours: Mondays, 10am -1pm and Wed. 2pm-5pm. Fee charged.
Super Soccer Stars	606 Columbus Ave. New York, NY 10024	212-877-7171 info@supersoccerstars.com www.supersoccerstars.com	Individuals, ages 4+, with DD.	Shine Program: Soccer development program for people w/ DD using soccer to increase socialization, task completion, following directions in a fun environment. Fee charged. Scholarships available for eligible families.
United Dance	New York City Center Stage Door 130 West 56th Street New York, NY 10019	1-857-272-3444 info@uniteddance.org www.uniteddance.org	individuals with Down Syndrome.	Dance and art workshops to individuals with Down Syndrome. 1 teacher, 4 assistant teachers, and 1 live musician in a state-of-the-art dance studio. \$210, 6 days, 1 hour class per day. Dance Course & Choreographic Workshop \$260, 6 days, 1h40 class per day. Financial help is available.
West Side Little League Challenger Division	Baseball fields at 77th St. in Riverside Park	Jim Karpe 516-655-2713 karpe.jim@gmail.com www.westsidebaseball.org	Individuals with DD, ages 5-21, citywide.	Little League baseball where rules are adjusted to fit the abilities of the players. Meets Sunday afternoons April-June. 3 Levels. Fee \$175, includes uniform, equipment, photos. Parents supply glove and sneakers. Full & partial scholarships available. Registration deadline: February 1st.
West Side Soccer League VIP Division	Central Park, North Meadow, just above 97th St. transverse	Jim Karpe 516-655-2713 karpe.jim@gmail.com www.westsidebaseball.org	Individuals with DD, ages 5 and up, no upper age limit, citywide.	Soccer league for children with special needs who require extra help. Coached by parents and volunteers. Meets Sundays, Sept-Nov. Fee: \$175, includes uniform, equipment, photos. Parents supply sneakers. Full & partial scholarships available. Registration deadline: June 15th.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Individuals with DD, ages 8 to adulthood.	Inclusive weekend retreats, Torah study groups, Jewish holiday celebrations, summer tours, Israel trips, summer camps for children, summer social program for adults, relationship building
YAI	105 West 33rd Street, 9th Floor New York, NY 10120	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 16+ with I/DD & self-care skills.	Manhattan Recreation Services: This club provides ongoing support to relatively independent adults, ages 16 and up, through recreational/cultural activities and discussion groups for increased self-awareness. Activities include arts and crafts, drama groups, trips, ball games, and other community events.
YAI	105 West 33rd Street, 9th Floor New York, NY 10120	YAI LINK 212-273-6182 link@yai.org www.yaiadventure.org	People ages 18+ with LD or I/DD with high level of independence & self-care skills, OPWDD eligibility not needed.	Leisure Trax: Offers vacation and travel opportunities including weekend trips and extended vacations with domestic and international destinations. Fees vary.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 6-18 with I/DD.	Holiday Respite: Recreation programs for school-age children during school breaks. Limited transportation is offered.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 18+ with I/DD.	You and I: A social skills training and recreation program allowing individuals to acquire social competencies, relationship skills, and meet new people.
YM-YWHA of Washington Heights and Inwood	54 Nagle Ave. New York, NY 10040	Tracey Wiener, Director of Inclusion 212-568-6200 twiener@ywhi.org www.ywhi.org	Children, ages 5-12, with ASD who don't qualify for OPDD Services.	Sunday Socialization Recreational program; sports & gym, arts & crafts, drama, yoga, storytelling, social skills, martial arts, music & movement. FREE. Funded by the NYC DOHMH

Reimbursement Program

Reimbursement programs pay for purchases or expenses related to the needs of individuals with developmental disabilities. Families may be reimbursed for the cost of goods or services that are not covered by current programs, entitlements, or insurance. You must apply to an agency and get approval for your purchase.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	80 Maiden Lane, 8th Fl New York, NY 10038	Danielle Raymond draymond@adaptcommunitynet work.org	Persons with ID/DD who live at home with their families.	Reimbursement for goods + services. Up to \$500 per 12-month cycle per family. Additional funds available for durable medical equipment if denied by Medicaid.
AHRC New York City	83 Maiden Lane New York, NY 10038	Francesca Nicosia Fund Casey Barba 917-715-8035 Referral & Information Center 212-780-4491 AHRCFamilyReimbursementPro grams@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD living in the community with family.	Reimbursement for goods + services not funded by other programs.
Center for Family Support	800 Annadale Rd. Suite 1, Staten Island, NY 10312	Ashley Farrice afarrice@cfsny.org FamilyReimbursement@cfsny.org 718-667-4263 x112 917- 363-9232 www.cfsny.org	Individuals with I/DD & their families.	Up to \$3000 reimbursement per individual for goods + services, including Respite.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Clara Alvarez 718-206-3400 x 213 www.communityres.org	Individuals with DD, all ages.	Provides family reimbursement for goods and services.
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Yeimy Polanco 212-928-5810 Ext.172 ypolanco@esperanzacenter.com www.esperanzacenter.com	Individuals with I/DD & their families.	Financial assistance is available for goods and services such as clothing and furniture, respite care, camps, travel expenses to doctors, therapies, programs, and recreation. OPWDD application approval is required prior to reimbursing families. Limited to families living in Manhattan. Spanish spoken.

Reimbursement Program (cont'd)

Agency	Address	Contact	Population Served	Description of Program
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu or Sujin Song 718-261-6563 or 718-307-6570 Pat@ghoinc.org Ssong@ghoinc.org www.ghoinc.org	Individuals with DD + their families, all ages.	Reimbursement for reimbursable items as per OPWDD. Bilingual Chinese and Korean speaking staff available.
Harlem Dowling-Westside Center for Children and Family Services	2139 Adam Clayton Powell Blvd. New York, NY 10027	Alexandra Felix 212-749-3656 x 219 www.harlemdowling.org	Individuals with DD & their families residing in Manhattan.	Reimbursement for respite, goods & services.
NYS Institute on Disability	25 Beaver St. Rm 408A New York, NY 10004	Jackie Rumolo 718-494-6457	Individuals with DD & their families.	Reimbursement only for camp tuition.
Ohel Bais Ezra	1268 East 14th Street Brooklyn, NY 11230	1-800-603-OHEL www.ohelfamily.org	Individuals with DD living at home with family members.	Reimbursement for Good and Services
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Annie Washington 718-728-8476 x1219 718-7AUTISM www.qsac.com	Individuals with autism who are OPWDD eligible.	Reimbursement for goods & services. Special fund for camp reimbursement.
SCO Family of Services	164 3rd Ave. 3rd Fl. Brentwood, NY 11717	Peggy Ann Telesca 631-273-2773 x203 patelesca@sco.org www.sco.org	Individuals with DD living with their families in Manhattan.	Reimbursement, specifically for camp tuition & transportation during the summer months. Fiscal year begins July 1st.
Sinergia, Inc.	2082 Lexington Ave. 3rd Floor New York, NY 10035	Johanna Santana 212-643-2840 x302 jsantana@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities & their families OPWDD eligible for services.	Reimbursement for goods & services. Wheelchair accessible. Spanish spoken.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 ink@yai.org www.yai.org	People with I/DD & their families.	Reimbursement for goods and services. Funds can be used for staffing and other necessities related to the emergency.

Religious Programs

Agency	Address	Contact	Population Served	Description of Program
92nd St. Y	Bronfman Center for Jewish Life 1395 Lexington Ave. New York, NY 10128	Joshua M. 212-415-5500 https://www.92ny.org/jewish-life	Children with DD.	Jewish Education
Congregation B'nai Jeshurun	257 West 88th St. New York, NY 10024	212-787-7600 x1 www.bj.org	Jewish individuals with DD & their families.	Special needs Havdalah (end of Shabbat) service for children + adults with DD + their families. Join B'nai Jeshurun's spiritual leaders + musicians for an interactive, warm, sensory-friendly Havdalah service. Wheelchair accessible.
Congregation Rodeph Sholom	7 West 83rd St. New York, NY 10024	Special Needs at Congregation Rodeph Sholom 646-454-3124 212-362-8800 info@crsnyc.org www.shireinu.rodephsholom.org	Jewish individuals with DD & their families.	Special needs worship services for Rosh Hashanah, Chanukah, Purim, & Passover. An opportunity for families w/ children w/ DD of all ages to worship together in a warm, inviting musical interactive & sensitive environment. Wheelchair accessible. Sign language interpretation & snacks provided.
Friendship Circle	121 West 19th St. New York, NY 10001	Dina Shanowitz 646-820-1066 dina@friendshipnyc.com www.friendshipnyc.com	Jewish children, ages 5-18, with DD.	1:1 buddies social experience. Programs are both 1:1 & in group form. Foster camaraderie, friendship & fun. No charge.
Stephen Wise Free Synagogue (SWFS)	Kulanu Program 30 W. 68th St. New York, NY 10023	212-877-4050 x230 religiousschool@swfs.org www.swfs.org	Children with ASD, ages 8-12.	Monthly inclusive Sunday Class (10am-11:30am) learning and other holiday-related events. Fee charged. Flexibility for payment plan.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Individuals, ages 8-adulthood, with DD.	Sun. in the NY/Metro area; weekend religious retreats; evening religious study; evening programs. Membership fee plus small fee per program or sliding scale. Integrated programs.

Residential Services

While residential services are not technically “family support” services, we wanted families and professionals to have an easily accessible list of residential providers in Manhattan. If you are interested in residential services, please contact your care manager.

AGENCY	CONTACT
ADAPT Community Network	www.adaptcommunitynetwork.org
AHRC New York City	www.ahrcnyc.org
Birch Family Services	www.birchfamilyservices.org
Catholic Guardian Services	www.catholicguardian.org
Center for Family Support	www.cfsny.org
Community Options NY	www.comop.org
Community Resource Center for the Developmentally Disabled Inc.	www.crcdd.org
Constructive Partnerships Unlimited	www.cpopnys.org
Esperanza Center	www.esperanzacenter.com
Human First	www.humanfirst.org
Independent Living Association	www.ilaonline.org
Institute for Community Living	www.iclinc.net
Job Path	www.jobpathnyc.org
Life Adjustment Center	www.lifeadjustmentcenter.com
Lifespire	www.lifespire.org
Ohel Bais Ezra	www.ohelfamily.org
Program Development Services (PDS)	www.4pds.org
Rising Ground	www.risingground.org
Sinergia	www.sinergiany.org
Special Citizens Futures Unlimited	www.specialcitizens.org
The New York Foundling	www.nyfoundling.org
YAI	www.yai.org

Respite: Emergency

Emergency respite is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member. Emergency respite may be provided in the home, at a family care home, or at a respite center.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	1822 Stillwell Ave. Bronx, NY 10469	Shawna-Kay Gordon 718-652-9790 x6077 718-652-1902 sgordon@adaptcommunitynetwork.org	Waiver eligible persons with DD. Ages 3 and up, including non-ambulatory + severely + profoundly ID.	Overnight respite up to 30 days/year. Can only stay up to 2 weeks at a time (14 days in emergency situations). Transportation provided for Manhattan, Brooklyn, Queens & Staten Island. Wheelchair accessible.
New York Foundling Crisis Nursery	590 Ave. of the Americas 8th Floor New York, NY 10011	212-886-4000 Parent Helpline 212-472-8555 24 hours hotline 888-HELP553 www.nyfoundling.org/crisis-nursery-helpline	Parents of children, ages 0-10, up to 12 if accompanied by younger sibling. No severe disabilities or serious behavioral issues.	Crisis Intervention center-based respite for children of parents and families in crisis. Spanish spoken. No fee.
Rising Treetops at Oakhurst (formerly known as Camp Oakhurst)	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland 732-531-0215 732-531-8607 csutherland@risingtreetops.org www.risingtreetops.org	Individuals, all ages, with physical and/or developmental disabilities, including autism.	Emergency out-of-home overnight respite at Rising Treetops at Oakhurst. Available Sept-June (i.e. due to illness, hospitalization or death of a caregiver, housing transitions). Length of stay flexible. Eligibility based on medical needs, available staffing, OPWDD eligibility.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Egdabel Alvarado 212-643-2840 x351 ealvarado@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families with care coordination.	Overnight respite. Wheelchair accessible. English and Spanish spoken.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with I/DD & their families.	Emergency Respite Fund: Funds available to reimburse for temporary caregiving for persons with I/DD during extreme family emergencies such as hospitalization of the parent. Funds can be used for staffing and other necessities related to the emergency.
AHRC New York City	83 Maiden Lane 7th Floor New York, NY 10038	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD in all boroughs.	Trained staff provides respite services in the family's home. Hours and frequency vary according to the needs of the family. Emergency and overnight respite services are also available.

Respite: In-Home

In-home respite is temporary care of an individual with developmental disabilities, provided in the home by a trained respite worker. Respite is scheduled in advance; sessions vary in length according to respite agency.

Agency	Address	Contact	Population Served	Description of Program
Center for Family Support	333 Seventh Ave. 9th Floor New York, NY 10001	Yiranny Almonte almonte@cfsny.org 718-518-1500 x 345 917-748-0442 www.cfsny.org	Individuals with I/DD and Individuals with I/DD who have behavioral issues.	In-home, short-term, relief provided to families as well as in-home relief for caregivers who have family members experiencing challenging behaviors.
Child and Family Support Services	840-11 Grand Concourse, Ste 1BB Bronx, NY 10451	Delta Garcia, Supervisor 718-618-7535 F: 718-618-7537 dgarcia@nycfss.org www.nycfss.org	Individuals with developmental disabilities, ages 3 and up; Medicaid required.	Individuals with developmental disabilities are kept safe looked after in order to provide the caregiver with a break from caregiving. This service takes place in the home and/or in the community.
Community Assistance Resources and Extended Services (CARES)	465 Grand St. 2nd Fl. New York, NY 10002	Louis Alcendor 212-420-1970 ext. 114 lalcendor@caresnys.org	Individuals with DD	In-home Respite. Most Chinese dialects and Spanish spoken.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Clara Alvarez 718-206-3400 x 213 www.communityres.org	Individuals with DD, all ages.	Respite services.
Elmy's Special Services	163 Van Buren St. 1st Floor Brooklyn, NY 11221	Shawn McDonald 718-789-7539 support@elmysspecialservices.org www.elmysspecialservices.org	Individuals with DD, age 6+. Medicaid required.	This service provides temporary relief in and out of the home for families or caregivers of people with DD. It is intended to allow families time for planned activities.
Esperanza Center	516 West 181st St. New York, NY 10033 New entrance around the corner: 309 Audubon Ave.	Jenniffer Fernandez 212-928-5810 Ext. 126 jfernandez@esperanzacenter.com www.esperanzacenter.com	Individuals with I/DD living with their families.	Trained staff provide respite services in the family's home. Frequency varies according to need. Spanish spoken.
Mercy Drive	1314 Blondell Ave, Bronx NY, Bronx NY 10461 (all boroughs)	718-275-9326 intake@mercydriveinc.org/ v.bonilla@mercy driveinc.org	Individuals with DD, age 3+. Medicaid eligible/ HCBS Waiver approved or State Funding approved.	In-home respite. Accepting family referred DSP's. Has to have Care Manager from CCO.

Respite: In-Home (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Ohel Bais Ezra	1269 East 14th Street Brooklyn, NY 11230	1-800-603-OHEL www.ohelfamily.org	Individuals with DD living at home with family members.	Respite relief for caregivers.
Otsar Family Services	2324 W. 13th St. Brooklyn, NY 11223	Marcia Merel 718-946-7301 x215 www.otsar.org	Individuals with DD living at home.	In-home relief for caregivers.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Johnny Nunez 718-728-8476 x1222 or 718-7AUTISM www.qsac.com	All individuals with an autism spectrum disorder.	In-home respite, 4 hours, once per week.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Egdabel Alvarado 212-643-2840 x351 ealvarado@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families with care coordination.	In-home relief for parents. English and Spanish spoken.
SKIP of NY	318 W 39th St 5th Floor New York, NY 10018	212-268-5999 x100 info@skipofny.org www.skipofny.org	Individuals with DD.	In-home respite via the HCBS Waiver.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with I/DD except medically fragile. Can serve people who are non-ambulatory.	Trained staff are matched with families to provide scheduled care for their family member in the home. Unable to administer medication or perform medical tasks. English and Spanish spoken.

Respite: Overnight/Extended Stay

Overnight or extended stay respite is temporary care of an individual with developmental disabilities, provided at a respite center or a family care home, by trained respite workers. Respite is scheduled in advance for one night or more, according to the family's needs and the respite agency's policies.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	1822 Stillwell Ave. Bronx, NY 10469	Shawna-Kay Gordon 718-652-9790 x6077 718-652-1902 sgordon@adaptcommunitynetwork.org	Waiver eligible persons with DD. Ages 3 and up, including non-ambulatory + severely + profoundly ID.	Overnight respite up to 84 days/year. Can only stay up to 2 weeks at a time (14 days in emergency situations). Transportation provided for Manhattan, Brooklyn, Queens & Staten Island. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038 (Respite program is on West 95th Street in Manhattan)	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, age 8+, ambulatory, with no severe medical/behavioral problems.	CURRENTLY CLOSED; CHECK BACK FOR AVAILABILITY - Out-of-home respite provided at a respite apartment only on weekends, from Friday afternoon (after 3), until Monday at 8 am. Open year-round, 24-hr. supervision. Up to 14 nights per month (42 nights total per year).
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with mild I/DD, ages 21+, who travel independently, self-medicate and are enrolled in the HCBS waiver.	Hotel Respite: 26 weekends/yr, Fri. pm-Sun. pm, March to December. Groups of 5-6 individuals and travel outside New York City and participate in community activities, dining out+ socialization, accompanied by 2 staff. Free.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with mild I/DD, ages 21+, who travel independently, self-medicate and are enrolled in the HCBS waiver.	Vacation Getaway: Year-round vacations to various adventures such as cruises, all-inclusive resorts, islands getaways, and more. Deposit Commitment Required. Must have U.S. Passport.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, various ages, who are enrolled in the HCBS Waiver.	Sleep-away summer camp at AHRC Camp Anne is a 1:1 and 1:2 support camp offering various activities from horseback-riding, swimming, drama, dances, BBQs, and so much more. There are five sessions, divide by age. Scheduled from late June to end of August.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, various ages, who are enrolled in the HCBS Waiver.	Sleep-away summer camp at AHRC Elaine Gordon and Katy Isaacson Lodge (The Lodge) is a 1:3 support camp offering various activities from horseback-riding, swimming, drama, dances, BBQs, and so much more. There are four sessions, divide by age. Scheduled from late June to end of August.

Respite: Overnight/Extended Stay (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Catholic Guardian Services	107 Payson Ave. New York, NY 10034	Natalia Cardona 718-228-1515 ncardona@catholicguardian.org www.catholicguardian.org	Individuals, ages 5+ w/ IDD. Must be ambulatory. May have some medical and/or behavior problems.	Available 24 hours/day, 7 days/week. Open all school holidays, weekends, holidays, extended breaks, etc. 24-hr. supervision. Structured community activities.
Elmy's Special Services	163 Van Buren St. 1st Floor Brooklyn, NY 11221	Godwin Edwards 718-789-7539 support@elmysspecialservices.org www.elmysspecialservices.org	Individuals with DD, age 16+. Medicaid required.	Program provides temporary relief for families and other caregivers. Program is offered outside of the home in various NYC hotels and is available overnight from Friday to Sunday. Individuals are exposed to a variety of activities and places including sporting events, concerts, recreational centers and shows.
Elmy's Special Services	163 Van Buren St. 1st Floor Brooklyn, NY 11221	Chanell Adderly 718-789-7539 support@elmysspecialservices.org	Individuals with DD, age 6+. Medicaid required.	Holiday Respite provides activities and outing for individuals during school holiday closing.
Rising Treetops at Oakhurst (formerly known as Camp Oakhurst)	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland 732-531-0215 732-531-8607 csutherland@risingtreetops.org www.risingtreetops.org	Individuals, ages 7-adult, with physical or developmental disabilities and/or diagnosed with autism.	Scheduled overnight respite at Rising Treetops at Oakhurst, for 5-12 days, 24-hr. supervision. Seasonal activities. Transportation (wheelchair accessible) provided. Spanish spoken.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Egdabel Alvarado 212-643-2840 x351 ealvarado@sinergiany.org www.sinergiany.org	Individuals with Developmental Disabilities and their families with care coordination.	Overnight weekend/weekday respite. Wheelchair accessible. Spanish spoken.
St. Mary's Healthcare System for Children	29-01 216th St. Bayside, NY 11360	718-281-8773 or 718-281-8705 www.stmaryskids.org	Individuals with DD, ages 0-18, who have Medicaid.	Overnight respite up to 42 days per year in a hospital setting in Bayside, Queens. One stay, no longer than 30 days.
Visions Services for the Blind and Visually Impaired	500 Greenwich St. 3 rd Floor New York, NY 10013	Carmen Thorne 212-625-1616 x107 www.visionsvcb.org	Children with visual impairments + DD up to age 21, including non-ambulatory. Children must attend with parent/legal guardian. Siblings are welcome.	Weekend getaways + summer sessions at Visions VCB, a residential rehabilitation + training center in Spring Valley, NY. Many activities adapted with sound + tactile markings, guide rails on paths, etc. Boating, swimming, adapted computers, music, vision rehab training, etc. Round trip transportation provided from 23 rd St. in Manhattan. Free service.

Respite: Overnight/Extended Stay (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Yachad -The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Jewish individuals, ages 8-adulthood with DD.	Monthly weekend (Shabbat) retreats in local host synagogue communities - mainstreamed with host youth. Fri. afternoon -Sat. night. Weekend Family Retreats.

Self-Direction

Self-direction provides the opportunity and the funding from NYS OPWDD to purchase your own self-directed services. In self-direction, you choose your own services and supports and can hire your own staff. To enroll in self-direction, you need to be eligible for OPWDD services and have Medicaid waiver and a Care Manager. OPWDD then allocates you an annual dollar amount you can spend for the year; you must then select a broker, who helps you to develop your plan and budget, and a fiscal intermediary, who helps you hire your staff and handles the payroll and administrative duties.

The following is a list of brokers and/or fiscal intermediaries:

Agency	Address	Contact
A Very Special Place, Inc.	49 Cedar Grove Avenue, Staten Island NY 10306	Elena Robles Director T: 347-276-2107 E: erobles@avspny.org W: www.avspny.org
Braverhood	1527 60th Street Brooklyn, NY 11219	SD Intake/ Devorie Nathan 718-336-6073 ext. 2 sdintake@braverhood.org
Center for Family Support-Self Directed Supports	333 Seventh Ave. 9th Floor New York, NY 10001	Jennipher Solis 516-292-3000 Ext 402 917-696-4479 jsolis@cfsny.org www.cfsny.org/self-directed-services
CFS / The Center for Family Support	333 Seventh Avenue, 9th Floor New York, NY 10001	Jennipher Solis 212.629.7939 212.239.2211 jsolis@cfsny.org www.cfsny.org
Halo Network, Inc.	Amityville Office 221 Broadway, Suite 206 Amityville, NY 11701	Amityville Office Shazia Arif 631 789 7373 Fax: 631 789 7383 SelfDirection@Halonetworkinc.com
Hawthorne Foundation Inc	200 Clearbrook Road, Suite 114 Elmsford, New York, 10523	Kathy Williams 914-999-3132 x3080 kwilliams@hfadm.org www.hawthornefoundation.org/self-direction-fiscal-intermediary

Self-Direction (cont'd)

Agency	Address	Contact
ISS - Independent Support Services Inc.	<p>Long Island Office 390 Rabro DR. 1st Floor Hauppauge, NY 11788</p> <p>Monticello Office 20 Crystal Street 2nd Floor PO Box 1320 Monticello NY 12701</p>	<p>Long Island Office 631 864 2536 Fax: 631 864 2898</p> <p>Monticello Office 845 794 5218 Fax: 845 794 8168 info@issny.org</p>
Meaningful NY Initiative	81 Willoughby Street, Suite 502 Brooklyn, NY 11201	<p>For information about enrollment: Carmen Foster 929-305-3686 Carmen.foster@meaningfulny.org</p> <p>For general questions: Summer Boyd Ortiz, Outreach Manager 929-305-3686 Summer.Boyd@meaningfulny.org.</p>
PCCS - Person Centered Care Services	150 Granite Avenue Staten Island N.Y. 10303	<p>Melissa Chapman, Assistant Director of Self-Directed Supports 718-370-1088 ext. 269 929.592.2774 mchapman@pccsny.org</p> <p>Michelle Toye, Director of Self-Directed Supports 718-370-1088 ext. 224 Mtoye@pccsny.org www.pccsny.org</p>
Rayim of Hudson Valley	62 Rutledge Street, # 101 Brooklyn, NY 11249	718 946 7700 info@rayim.org
RCIL - Resource Center for Independent Living	131 Genesee St. P.O. Box 210 Utica, NY 13502	315-797-4642 Fax: 315-797-4747

Services for Individuals Who Are Physically Disabled, Medically Fragile, or Chronically Ill

Agency	Address	Contact	Population Served	Description of Program
Adaptive Design Association	313 W. 36th St. New York, NY 10018	Jennifer Hercman - Executive Director 212-904-1200 info@adaptivedesign.org www.adaptivedesign.org	Individuals with IDD, all ages	Customized adaptive equipment, furniture modifications, and assistive devices. Hands-on classes for parents, professionals & wider community.
Camp Oakhurst/NYSH	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland or Donna Albanese 732-531-0215 www.nysh.org	Individuals, ages 7-adult, with physical and or developmental disabilities, including autism	Scheduled overnight respite at Camp Oakhurst, for 2-12 days, 24-hr. supervision. Seasonal activities. Transportation (wheelchair accessible) provided. Spanish spoken. Emergency respite placements also available with no limits on # of days, from Sept to June.
Extended Home Care	360 West 31st St. Suite 304 New York, NY 10001	Intake Dept. 212-356-4200 646-349-2794	Individuals, ages 2+, with DD and neurological impairments.	Skilled home care including nursing, PT, OT, speech + social work. Also, home health aides. Medicaid and other insurance accepted. Staff speak a variety of languages. Adults and pediatric population.
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	212-222-7122 mestevez@hilc.org www.hilc.org	Persons with disabilities living or working in NYC	Information and referral. Assistance with obtaining benefits. Housing assistance, assistive device training, and assistance with architectural barrier removal. Spanish spoken.
Hudson In Home Physical Therapy	1 Blackstone Place Bronx, NY 10471	Susie Loberfeld 347-947-3132 www.hudsoninhomept.com	Adults with DD	Outpatient physical therapy at home.
SKIP of NY	318 W 39th St 5th Floor New York, NY 10018	212-268-5999 x100 info@skipofny.org www.skipofny.org	Medically fragile children, individuals with DD, especially children with complex health needs.	Information and referral, case management, advocacy.

Services for Individuals Who Are Physically Disabled, Medically Fragile, or Chronically Ill (cont'd)

Agency	Address	Contact	Population Served	Description of Program
St. Mary's Healthcare System for Children	29-01 216th St. Bayside, NY 11360	Central Intake 800-270-2478 or 718-281-8800 www.stmaryskids.org	Children with DD, ages 0-18, with Medicaid or private insurance.	Subacute rehabilitation following medical procedures, new diagnosis, or exacerbating medical condition; medical compliance education; Care at Home Medicaid Waiver programs; Certified Home Care; Early Childhood Services; After school & weekend programs.
St. Xavier Home Care Services	72-35 112th Street, Suite: PR3, Forest Hills, NY 11375	718-869-4861 929-244-5039 intake@stxavierhcs.com t.ramsingh@stxavierhomecare services.com	Individuals with DD ages 3 and up. Medicaid required.	Home Attendant services provided to individuals, as well as Occupational Therapy, Physical Therapy, Speech and Nursing Services.

Socialization Opportunities for Individuals with a High Level of Independence

These programs are for individuals who have developmental disability diagnoses such as Asperger's Syndrome, Learning Disabilities, and Tourette Syndrome, but don't necessarily meet OPWDD eligibility due to their level of independence.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 18+, with I/DD who travel independently and are who are enrolled in the HCBS Medicaid Waiver	Sunday Trips and Young Adult Adventurers: Year-Round Sunday community-based program, separated by age, typically explorers various experience such as cultural events, dining out, sporting events, theater, beaches in the summer. Travel on public transportation. Free.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 13+, with I/DD who travel independently	City Teens: Year-Round Sunday community-based program, separated by age, typically explorers various experience such as cultural events, dining out, sporting events, theater, beaches in the summer. Travel on public transportation. Free.
Birch Family Services	104 W. 29th St NY, NY 10001	212-616-1845 info@birchfamilyservices.org www.birchfamilyservices.org	People with Developmental Disabilities over 21	Provide young adults with classes that enhance their social skill development and peer to peer skills.
Epilepsy Foundation of Metropolitan New York	40 Exchange Place, Suite 1700 New York, NY 10005	212-677-8550 info@efmny.org www.efmny.org	Individuals with epilepsy, ages 18+, who can travel independently	NY Weekends Recreation Program. Activities in all 5 boroughs.
Global & Regional Asperger Syndrome Partnership (GRASP)	369 Lexington Ave 2nd Fl, New York, NY 10017	888-474-7277 ext.2 info@grasp.org www.grasp.org	For Autistic teens and adults, their family members, caregivers, clinicians, professionals, teachers, and aides.	Monthly support group in Manhattan for Women with ASD, contact us at info@grasp.org for date/time/location. Workshops available for all individuals with ASD, contact us for more information. Preregistration required. Also, online discussion groups in English and Spanish for teens, adults, family members, clinicians.

Socialization Opportunities for Individuals with a High Level of Independence (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Michelle Wexler mwexler@mmjccm.org info@mmjccm.org mmjccm.org/adults/special-needs-jcc	Individuals with DD, LD, Autism, and/or identify as neurodivergent. Ages 22+	Adaptations is a dynamic supportive social community for neurodiverse adults at the Jack and Shirley Silver Center for Special Needs (CSN) at the Marlene Meyerson JCC Manhattan. Through structured social/recreational programs, Adaptations provides multiple pathways to fostering independence, finding passion, and experiencing the richness of community. Adaptations is a community of neurodiverse adults with a high level of independence looking to learn, grow, and deepen connections with one another. Adaptations is not a clinical program. fee charged.
Ramapo for Children	PO Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha 845-876-8406 www.ramapoforchildren.org	Individuals with IDD, ages 18-25.	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	www.spectrumservicesnyc.com	Individuals with Asperger's syndrome or other ASDs.	Fee for service specialized social skills development. Free adult support group.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Jewish individuals DD.	A plethora of support groups focusing on social skills, transition into work force, and building new relationships.
YAI	105 West 33rd Street, 9th Floor New York, NY 10120	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 18+ with I/DD with high level of independence & who are able to travel independently.	Hankering For More (HFM): Provides social outings in the community with peers and social coaches to work towards overcoming social barriers. HFM's primary goal is to help members learn to create and maintain their own social network without staff support.

Socialization Opportunities for Individuals with a High Level of Independence (cont'd)

Agency	Address	Contact	Population Served	Description of Program
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with Autism ages 17-21 who are not waiver enrolled & are able to travel independently, OPWDD eligibility not needed.	Transition to Independence: Groups offered in late afternoon and evening on the topics of Life Skills, Yoga Mindfulness, and Kitchen Skills.

Specialty Skills Training

Training programs that teach individuals with developmental disabilities specific skills to encourage independence, e.g., travel training, toilet training, socialization skills, and independent living skills.

Agency	Address	Contact	Population Served	Description of Program
Innovative Piano	106 West Circle Ave. Salisbury, MD 21801	info@innovativepiano.com www.innovativepiano.com	Individuals w/ DD of all ages.	In-home piano lessons and studio lessons if available. Piano lesson materials for individuals with DD. Combine ABA + classical piano techniques. Fee charged. Available nationwide.
NYU Langone Child Study Center	1 Park Avenue 7th Floor New York, NY 10016	646-754-4873 CSC.PEERS@nyulangone.org https://nyulangone.org/locations/child-study-center/peers-social-skills-program	Individuals with ADHD, autism, or other social challenges ages 4-6, 13-17 and 18-35.	Parent-assisted social skills program for preschoolers, teens and young adults. Participants learn skills including choosing appropriate friends, initiating and sustaining conversations, hosting get-togethers, exhibiting good sportsmanship, and handling teasing. Evidence-based programs include PEERS for Preschoolers, Teen PEERS, and Young Adult PEERS. Fees charged.
NYU Langone Child Study Center	1 Park Avenue 7th Floor New York, NY 10016	csc.asdprograms@nyulangone.org	Siblings ages 8-12 of autistic individuals; autistic teens; children with autism ages 8-12.	Specialty group programming including sibling support groups (for siblings ages 8-12), DBT-informed skills group for autistic teens, and Mymind group for autistic children ages 8-12. Fees charged.
NYU Nordoff-Robbins Center for Music Therapy	35 West 4th Street 11th Floor New York, NY 10012	Mariana Aslan 212-998-5151 ma3070@nyu.edu steinhardt.nyu.edu/nordoff	Individuals of all ages with DD, ASD and other challenges.	Individual + group music therapy to address goals in the areas of communication, social interaction, language, physical, cognitive, and emotional development. Mon.-Fri. 9am-6pm; Sat. 9am-5pm. Fee: sliding scale.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	www.spectrumservicesnyc.com	Individuals of all ages with autism spectrum disorders	Adaptive skill development, life coaching, social cognition work. Fee charged.
Tech Kids Unlimited	370 Jay Street Brooklyn, NY 11201	601-274-3215 info@techkidsunlimited.org www.techkidsunlimited.org www.Facebook.com/TechKidsUnlimited or www.Twitter.com/TechKidsU	Individuals with DD, ages 10-24.	We offer Tech and career readiness programs on Sundays, Summer, and more. Students who learn and think differently explore the creative power of tech, practice work readiness skills, and build confidence through online and in-person programs in a fun and supportive community.

Specialty Skills Training (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Jewish individuals with DD, ages 18+	A plethora of relationship building courses held in multiple locations. Individual social skills counseling also available.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	Parents with I/DD.	Parents with Special Needs: Support and training for parents with I/DD. Focuses on goals identified by the parents to enhance their effectiveness and lead a balanced parenting lifestyle. Most work is completed in a 1:1 setting for 9-12 months with the support of trained clinicians. In-home and community-based training as well as support and skills groups offered.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 18+ with I/DD who are able to travel independently.	Independent Living Skills Program (ILSP): Group consisting of two 12 weeklong semesters (24 classes total) covering range of topics including budgeting, community safety, and relationships.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with Autism ages 9+	Social Skills Group: Topics include friendships, communication, social boundaries, awareness of others and assertion/choice making.
YAI	105 West 33rd Street, 9th Floor New York, NY 10120	YAI LINK 212-273-6182 link@yai.org www.yai.org	People with I/DD ages 18+ who are artistically independent, OPWDD eligibility not required.	YAI Arts: Opens studio on select evenings to people with I/DD looking to advance their creative voice and expand their creative community. Offers mentorship from working artists and opportunities to submit work for exhibition. Admittance is based on ability, for people who are artistically independent. Artwork is evaluated.

See also under Behavior Management and Community Habilitation for additional skills training programs.

Technology Related Programs

Programs that assist an individual to identify, acquire, and learn to use appropriate technology (high or low tech) to improve communication or independence.

Agency	Address	Contact	Population Served	Description of Program
ADAPT Community Network	80 West End Ave New York, NY 10023 175 Lawrence Ave. Brooklyn, NY 11230	Technology Resource Center 718-436-7979 x 710 For Spanish and equipment donations: Mercedes Mendoza 718-436-7979 ext. 324 techworks@adaptcommunitynetwork.org	Persons with all disabilities, all ages.	Information, referral + consultations on accessing assistive technology and DME. Lending Library is available to the public as well as "Tech Works," a demonstration area where the public can "test-drive" various products.
Adaptive Design Association	313 W. 36th St. New York, NY 10018	Alex Truesdell, Executive Director 212-904-1200 info@adaptivedesign.org www.adaptivedesign.org Facebook: @Adaptivedesign	Individuals with IDD, all ages.	Custom-fabricated low tech assistive devices. Tactile communication systems.
At Home Technologies	P.O. Box 1777 New York, NY 10156	Meghan O'Sullivan 917-460-3011 tech4dd@gmail.com www.tech4dd.com	Individuals who would like to live with greater independence but need support with ADLs such as medication, cooking, wandering, prompts etc...	Consultation + assistance with maximizing technology to support a person's needs. Options available include medication dispensers that report missed doses; watches + other devices that provide location of an individual; wireless monitoring technology to improve independence while providing support. Free phone consultation. Fee charged for home visits.
Tech Kids Unlimited	370 Jay Street Brooklyn, NY 11201	601-274-3215 info@techkidsunlimited.org www.techkidsunlimited.org www.Facebook.com/TechKidsUnlimited or www.Twitter.com/TechKidsU	Individuals with DD, ages 10-24.	We offer Tech and career readiness programs on Sundays, Summer, and more. Students who learn and think differently explore the creative power of tech, practice work readiness skills, and build confidence through online and in-person programs in a fun and supportive community.

See also [Article 16 Clinics](#) and [Article 28 Clinics](#).

Transportation

Agency	Address	Contact	Population Served	Description of Program
Access-A-Ride	Must call for info + to apply.	877-337-2017 www.mta.info/nyct/paratran/guide.htm	Individuals with DD who are unable to travel independently via public transportation.	Vans will transport eligible individuals door-to-door anywhere in the five boroughs of New York City. Advance reservations, shared ride, some restrictions. One to two days needed for advance reservation riders. Fare is the same as full fare on public transit.
Accessible Dispatch	Call or go online to request service	646-599-9999 www.accessibledispatch.com	Individuals who use wheelchairs.	Wheelchair accessible taxi service. Pickups in Manhattan only for destinations in 5 boroughs of NYC, Westchester and Nassau counties, and NYC & Newark airports. Pickups also available from JFK and LaGuardia airports. On demand service or advance reservations 24/7. Customers pay metered fare; no extra charge for service.
GCC Transportation	1776 Eastchester Rd. Suite 220 Bronx, NY 10461	Mary Tejada 929-237-7222 www.gcctransportationllc.org Mary.Tejada@gccnyc.org	Individuals with DD who are unable to travel independently via public transportation.	Vans will transport eligible individuals door-to-door anywhere in the five boroughs of New York City and Westchester. Advance reservation of one to two days required. Shared rides also provided.
Reduced Fare Program for People with Disabilities	3 Stone St. (between Broadway & Broad St.) New York, NY 10004	718-330-1234, 6am-10pm or call 511 https://new.mta.info/fares/reduced-fare	Individuals ages 65+, or who have a qualifying diagnosis.	Eligible persons can receive a reduced-fare Metrocard for public transportation. AutoGate card also available (opens gate rather than turnstile). Interpreters available in all languages.

Waiver Services: The Home and Community Based Services (HCBS) Waiver

HCBS Waiver services are available to children and adults who are eligible for OPWDD services and who have Medicaid.

Adaptive Technologies

- Devices, appliances, etc. which help the individual with DD to function more independently and safely.

Community Habilitation Services

- Services provided in the home and/or in the community that assist the person with DD in developing life skills.

Day Habilitation Services

- Day services that provide a range of supervised experiences in community settings.

Environmental Modifications

- Fixing the home environment to increase the independence of the individual with DD.

Family Education & Training

- Mercy Drive, Inc. Call 718-275-9326 or intake@mercydriveinc.org

Residential Services

- Residential programs are licensed by OPWDD to provide varying levels of housing and related services and are operated by OPWDD or nonprofit agencies.

Basic HCBS Plan Support

- Provides necessary waiver documentation and supports for persons who do not wish to receive comprehensive service coordination.

Pre-Vocational Services

- Teaches proper job habits needed in the work setting.

Respite Services

- Temporary care of a person with DD provided by a trained respite worker.

Self-Directed Services

- A method of funding self-direction under the Medicaid Waiver.

Supported Employment Services

- Assists individuals with finding and keeping jobs in integrated work settings.

Waiver Services application link: <https://opwdd.ny.gov/home-and-community-based-services-application-participation>