

Recreation Programs

Agency	Address	Contact	Population Served	Description of Program
14th Street Y	The KOL Program 344 East 14th St. New York, NY 10003	Blair Davis 646-395-4339 BDavis@14streety.org www.14streety.org	Children diagnosed with ASD, communication and language delays, ADD, ADHD, and other developmental disabilities who have a strong level of independence.	Saturday Program for individuals, ages 4-17. Super Soccer Stars, Capoeira, Music Works, Art, Creative Movement. Special Needs swim classes also offered through aquatics program. Fee charged. Limited scholarships available.
92nd St. Y	1395 Lexington Ave. New York, NY 10128	212-415-5767 www.92y.org	Children with DD	Enrichment classes available in aquatics, gymnastics and Jewish culture.
92nd St. Y	Bronfman Center for Jewish Life 1395 Lexington Ave. New York, NY 10128	Joshua M. 212-415-5414 www.92y.org	Children with DD	Jewish Education
Achilles International	42 W. 38th St. 4th floor New York, NY 10018	Karen Lewis 212-354-0300 x305 www.achillesinternational.org/chapters/national/nyc	Individuals with DD, ages 5-21, and their siblings	Free running/ walking/ "rolling" program that meets 2 - 4x/month on weekend mornings. Parent/ guardian must accompany child.
ADAPT Community Network <i>(Formerly United Cerebral Palsy of New York City)</i>	281 Port Richmond Ave SI, NY 10302	Alicia Angevine 718-436-7600 x345 aangevine@adaptcommunitynetwork.org Carmen Orellana 646-625-500 x 5015 COrellana@adaptcommunitynetwork.org	Persons with ID/DD ages 13-40	SPIRIT Program includes creative activities, sports, cooking, social experiments and community experiences. Transportation provided. Spanish spoken. Non-waiver. Saturdays 10:00- 3:00 PM
ADAPT Community Network <i>(Formerly United Cerebral Palsy of New York City)</i>	281 Port Richmond Ave SI, NY 10302	Carmen Orellana 646-625-5000 x5015 corellana@adaptcommunitynetwork.org AAngevine@adaptcommunitynetwork.org	Persons with ID/DD ages 18+	Meets 1 Friday a month. Social event and disco. Light supper served. No transportation provided. Waiver enrollment required.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, ages 21+, who are enrolled in the HCBS Medicaid Waiver	Adult Day Respite Saturdays 10:00am-3:00pm, September- June. Creative arts, music & dance, recreational sports, seasonal events, community outings. Transportation provided. Spanish spoken. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, ages 5+, who are enrolled in the HCBS Medicaid Waiver	Saturday Children's Respite- 10:00am-3:00pm, Sept.- June. Creative arts, music & dance, recreational sports, seasonal events, community outings. Transportation provided. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals with I/DD, ages 5-16, who are enrolled in the HCBS Medicaid Waiver	Manhattan School Holiday Respite for 5 weeks a year when schools are on break. Creative arts, music & dance, recreational sports, community outings, seasonal events. Transportation provided. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 13-21, with I/DD.	Afterschool: Monday to Friday. Oct to June. Creative arts therapy, music and dance therapy, recreational sports, trips in the neighborhood to foster community inclusion and special seasonal events. Attends classes in Department of Education Special Education.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral & Information Center 212-780-4491 referrals@ahrcnyc.org www.ahrcnyc.org	Individuals, ages 13-21, with I/DD. Must attend PS 751.	Afterschool: Tues - Thurs, Oct to June. Program for teens, meets 3 days a week at PS 751 focusing on travel training and job readiness skills.
Asser Levy Recreation Center	392 Asser Levy Place at E. 23rd St (1 block west of FDR Drive) New York, NY 10010	212-447-2023; 212-447-2027 www.nycgovparks.org/facilities/recreationcenters	Individuals with & without DD	Recreation Center: wheelchair accessible fitness rooms for ages 16+ and indoor heated pool. Admission: membership fee free for age 17 and under; \$75/6 months ages 25-61; \$25/year ages 18-24 and 62+.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	Amanda Friedman 212-256-0846 Amanda Friedman 914-494-9888 info@atlasforautism.org www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disabilities, as well as neurotypical individuals, and their families	Free Open Play program alternating Saturdays 10am-12pm, Creative Movement Saturdays 12pm-4pm, and Creative Art Sundays 12pm-4pm for families to connect at sensory gym and music room. Fees charged except for Open Play.
Birch Family Services	104 W. 29th St NY, NY 10001	Kari-Ann Wanat, Assistant Director of New Frontier Programs 212-616-1845 kariann.wanat@birchfamilyservices.org www.birchfamilyservices.org	People with Developmental Disabilities over 21	Provide young adults with opportunities for recreational and leisure activities in the community.
Child and Family Support Services	402 E 154th St, Floor 1, Bronx, NY 10455	Aida Rodriguez, Assistant Director 646-757-9830 Fax: 718-618-7537 arodriguez@nycfss.org www.nycfss.org	Children with developmental disabilities ages 7-12; Medicaid required.	Children with developmental disabilities participate in Recreational Respite on Saturdays in order to provide caregivers with a break from caregiving. This group service takes place in the community.
Children's Museum of the Arts	103 Charlton St. New York, NY 10014	Danielle Lindenberg 917-409-1205 dlindenberg@cmayn.org www.cmany.org	Families with children with disabilities	Inclusive Sundays (& some Saturdays for children with ASD). For children <6, family class explores different art mediums as an intro to art fundamentals. For ages 7+, weekly drop-off class for children with physical disabilities, their siblings or friends. Monthly Media Lab for children with ASD, ages 7+. Art projects in Fine Arts & Media Arts. No fee. Free admission with preregistration for child with disability & 1 adult during public museum hours.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
CO/LAB Theater Group	P.O. Box 727 New York, NY 10108	347-989-4338 info@colabtheatergroup.com www.colabtheatergroup.com	Individuals with DD, all ages	Offers individuals with DD a creative & social outlet through theater arts. CO/LAB: core programs refer to on-site classes, in which participants come to CO/LAB for a semester of 10-15 theater classes culminating in a performance. No fee; small security deposit required. Single workshops are also available. CO/LAB: connect programs refer to all partnerships with other organizations including workshops or residencies at partner facilities and professional development trainings.
Dancing Dreams	23-91 Bell Blvd. LL2C Bayside, NY 11360	Joann Ferrara 516-659-8704 joann@dancingdreams.org www.dancingdreams.org	Children, ages 13-18 with medical and/or physical impairments	Weekly classes for aspiring dancers at the Museum of the City NY (103rd and 5th Ave) and in Queens and Long, Island. Dancers are paired w/ trained high school students. End of the year performance. Suggested donation requested but no child turned away due to inability to pay.
Daniel's Music Foundation	1595 Lexington Ave. 2nd Floor New York, NY 10029	Nadine McNeil, Program Director 212-289-8912 www.danielsmusic.org	Individuals with DD and/or physical disabilities, ages 3 to adult	Music programs including rhythm, keyboard, guitar and voice classes. Weekdays and Saturdays. One year waiting list for the free music program. Fee-based programs: Small group, \$60 per/hour. Individual private lesson \$75 per/hour.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro 212-677-8550 x14 www.efmny.org	Individuals, age 18+, ambulatory, with a primary diagnosis of epilepsy & IDD	Saturday afternoon socialization group with community outings from 1:00-4:00 pm. 2x/month. Transportation not provided.
Esperanza Center	516 West 181st St. New York, NY 10033	Elizabeth Lindao 212-928-5810 x120 elindao@esperanzacenter.com W: www.esperanzacenter.com	Individuals, age 18+, with I/DD, ambulatory	Wednesday evening recreation program: Wed. 3:30 - 6:30 pm. Transportation provided for people living in upper Manhattan and Western Bronx. Spanish spoken.
Esperanza Center	516 West 181st St. New York, NY 10033	Elizabeth Lindao 212-928-5810 x120 elindao@esperanzacenter.com www.esperanzacenter.com	Individuals, age 18+, with I/DD, ambulatory	Saturday recreation program: 10-3pm. Transportation provided for people living in upper Manhattan and Western Bronx. Spanish spoken.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Esperanza Center	516 West 181st St. New York, NY 10033	Tatiana Gutierrez 212-928-5810 Ext.105 tgutierrez@esperanzacenter.com www.esperanzacenter.com	Children and adults with I/DD, ages 5 and up	3-day weekend getaway program. Resort vacation for small groups, fully supervised. Spanish spoken. Transportation to and from resorts provided.
Extreme Kids & Crew	71 Sullivan St. Brooklyn, NY 11231	347-410-6050 www.extremekidsandcrew.org	Children of DD and their families. Ages range from 5-12 with no official age limit	We offer children with disabilities and their families a community center to play and create. Our organization has two sensory gyms in Queens and Brooklyn where we offer arts and play based programming. A third location will open in the Bronx, fall/ winter 2019. All of our programming is free to low-cost.
Felicity House	25 E. 22nd Street, New York, NY 10010	646-362-0007 info@felicity-house.org www.felicity-house.org	Adult women (18+) with autism	Felicity House is a social community just for women (ages 18+) with a professionally documented diagnosis of autism. It's a unique and supportive space where women come to socialize, pursue interests, learn, experience new things, and to connect to other women. All Felicity House programs are completely free of charge.
Friendship Circle	121 West 19th St. New York, NY 10001	Dina Shanowitz 646-820-1066 dina@friendshipnyc.com www.friendshipnyc.com	Individuals, ages 5-18, with DD	1:1 buddies social experience. Programs are both 1:1 & in group form. Foster camaraderie, friendship & fun. No charge.
Friendship Circle	Sunday Circle 121 West 19th St. New York, NY 10001	Dina Shanowitz 646-820-1066 dina@friendshipnyc.com www.friendshipnyc.com	Children with DD, ages 5-18	First & third Sunday of each month. Teen volunteers work with individuals on music, movement and art activities. Specialties such as cooking, science & sports are added in. Sunday Circle fee of \$25/session.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Gateway Counseling Center (GCC)	4500 Furman Ave. Bronx, NY 10470	Mary Tejada, Intake Coordinator 929-237-7222 Fax: 929-432-1709 Intake@gccnyc.org www.gccnyc.org	Individuals with DD, ages 19+, who live above 96th Street in Manhattan, living with family, independently, or in a supportive residence. Medicaid required	Supplemental Group Day Habilitation recreation program 365 days per year. Hours: Mon - Fri 3:15 - 8:30 pm. Sat, Sun 9:00am - 3:00pm. Activities include: tabletop games, computers, karaoke, drama, music, fully equipped gym, movies, video games, photography, and community activities. Serves individuals who are non-ambulatory. Door-to-door transportation.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu 718-261-6552 x2012 www.ghoinc.org	Individuals with DD, age 18+	Weekend respite recreation program. Conducted in Chinese. No fee. Transportation provided. Chinese & Korean spoken.
GiGi's Playhouse	106 West 117th St New York, NY 10026	646-801-7529 nyc@gigisplayhouse.org www.gigisplayhouse.org/newyork	Individuals with Down Syndrome & their families	Dance, literacy, visual arts, music, sports, as well as special events. All programs are free. Not a drop-off program. Caregiver is expected to remain with participant.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	646-505-4444 info@jccmanhattan.org www.jccmanhattan.org/specialneeds	Individuals, ages 5-19, with ASD	Highly structured class emphasizing critical social & day-to-day living skills. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Allison Kleinman 646-505-4367 akleiman@jccmanhattan.org info@jccmanhattan.org www.jccmanhattan.org/specialneeds	Individuals with DD, ages 5-21+	Swim class. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 info@jccmanhattan.org www.jccmanhattan.org/specialneeds	Children with DD, including ASD	Sunday program. Classes include music therapy, art, Jewish culture with MATAN, sports, social skills, drama, fitness and art. Coffee & conversation for parents also available. Fee charged.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	Allison Kleinman 646-505-4367 akleiman@jccmanhattan.org info@jccmanhattan.org www.jccmanhattan.org/specialneeds	Individuals, ages 16-21, with DD, including ASD, who have a high level of independence	Sunday recreation program emphasizing life skills & social skills. Fee charged.
Jewish Museum	1109 5th Ave. New York, NY 10128	Dara Cohen-Vasquez 212-423-3256 www.thejewishmuseum.org access@thejm.org	Individuals with DD or LD & their families	Via family workshops, individuals with DD or LD explore art & artifacts w/ family members or friends. Includes gallery activities & an art project. 4x/yr. Free.
Keoni Movement Arts (KMA)	Two Locations: KMA at Clinton Cameo Studios, 307 W 43rd St. KMA @ Hartley House, 407 W 46th St., Theatre	Paul Keoni Chun 212-643-9013 info@keonimovementarts.org www.keonimovementarts.org	Individuals with DD who have a mild to moderate level of independence	Movement classes in Yoga, Dance & Gymnastics. Fee charged. Self-Direction accepted. Financial assistance available
Kids Enjoy Exercise Now (KEEN)	Recreation 54 348 E. 54th St. New York, NY 10022	212-768-6785 info@keenetwork.org W: www.keenewyork.org	Individuals, ages 5-21, with DD and other disabilities	Sports program and arts & crafts program with 1:1 volunteers at Recreation 54. Also swim program at 92nd St. Y. All programs meet on select Saturdays. Free.
Lifespire	159 E. 125th St. 2nd Floor New York, NY 10035	Maria Murray 646-753-1355 mmurray@lifespire.org www.lifespire.org	Individuals, age 21+, with DD	Respite/recreation Tuesdays and Thursdays 3-6pm. Transportation home provided.
Matthew P. Sapolin Playground (Formerly Playground 90)	W. 70th St. between West End & Amsterdam Aves.	Dial 311 www.nycgovparks.org/facilities/playgrounds to find an accessible playground near you	Individuals with and without physical disabilities	Wheelchair accessible playground.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Metropolitan Museum of Art	1000 5th Ave. New York, NY 10028	212-650-2010 access@metmuseum.org www.metmuseum.org/events/programs/met-access	Individuals, ages 15-17 and ages 18+, with DD	Discoveries Program. Art workshops on scheduled Sundays year-round. Workshops, for individuals & family members, consist of a thematic tour of Museum, followed by a related art project. Free. Reservations necessary. Other programs available for visitors w/ disabilities.
Museum of Modern Art	11 West 53rd St. New York, NY 10019	Access Programs; Create Ability 212-408-6447 accessprograms@moma.org https://www.moma.org/visit/accessibility/	Individuals with Intellectual and Developmental Disabilities (IDD)	Different themes each month exploring various artworks in the galleries and creating artworks in the classroom. Morning program for individuals under age 18. Afternoon program for ages 18+. Free. Reservations are required.
Quality Services for the Autism Community (QSAC)	219-10 Hillside ave Queens Village NY 11427	Johnny Nunez 718-728-8476 x1222 718-7AUTISM www.qsac.com	Individuals, ages 8-21, with autism	Saturday recreation from 11AM to 3PM in Queens. Transportation from Manhattan provided.
Recreation Center 54	348 E. 54th St. between 1st and 2nd Aves. New York, NY 10022	212-754-4277 www.nycgovparks.org/facilities/recreationcenters/M130	Individuals with and without disabilities	Accessible recreation center with pool, fitness room. Hours: Mon.-Fri. 6:30 AM – 9:15 PM. Sat. 8:00 AM – 3:45 PM. Admission: \$75/6 months or \$150/year ages 25-61. Under 17 free. \$25/year ages 18-24, and 62+. 10% off when you use your NYC ID card
Safe Haven West Side Basketball League: Champions Division	P.S. 163 on West 97th St. between Columbus and Amsterdam Aves.	Ken McGrory 917-592-9665 kenneth.mcgrory@rabobank.com www.safehavenhoops.org	Individuals, children & adults, with DD	Basketball program designed to adapt to the needs of each participant. Individual attention. Older players/ volunteers are paired with champions as buddies. Games occur on Saturdays from December to March. Fee: \$175. Some full and partial scholarships available.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Sparkidz	Trevor Day School 312 East 95th Street New York, NY 10128	Lala Yusubova 646-250-7573 www.sparkidz.org	Children and young adults of all abilities ages 6 through 25 years. We serve individuals with ASD, ADD, ADHD, Down Syndrome, Learning Delays, Speech and Language Delays, Developmental and Physical Disabilities and more...	Sparkidz is a 501C3 organization providing an all day Saturday social/recreational program at the Trevor Day School each school year September through June. A wide range of activities are offered from 10:30 a.m. to 3:30 p.m. including art, theatre, music, cooking, sports, martial arts, swimming, yoga, dance, day trips and more. Children and young adults ages 6 to 25 years have the opportunity to engage in fun, enriching activities, building self-esteem and friendships. Older Sparkidz (16-25) have the opportunity to work as "staff assistants" helping teachers and group leaders while earning a stipend. Our teachers are professional artists and educators.
Special Needs Activity Center for Kids and Adults (SNACK*)	316 East 53rd St. New York, NY 10022	Katie Coombs 212-439-9996 katie@snacknyc.com www.snacknyc.com	Individuals with DD, ages 3-21+	Fitness: Mon 4:30pm -7:30pm. Snackactivities Classes with soccer, art, sports, music, yoga, movement & more, Fri 4:30 - 8:30PM, Saturday 10 AM - 3PM Sunday: 10 AM -3PM. Fees vary. Open enrollment for all programs.
Special Needs Activity Center for Kids and Adults (SNACK*)	316 East 53rd St. New York, NY 10022	Gray Delmar 212-439-9996 gray@snacknyc.com www.snacknyc.com	Individuals with DD, ages 3-21+	Swim Classes at St. Bart's on Tues, Wed, Sat & Sun afternoons & at Village East Swim Club on Saturday (call for times). Ensuring each person's safety, SNACK Swim provides 1:1 private lessons that help develop confidence in the water by learning proper swimming strokes, floating, and breathing techniques in a fun environment. Fees vary. Open enrollment for all programs.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Special Olympics Inc.	211 East 43rd St. Suite 802 New York, NY 10017	Todd Bazzini 212-661-3963 Ext 2210 212-661-4327 Tbazzini@nyso.org www.specialolympicsny.org	Individuals, ages 8+, with IDD	22 sports with divisions by gender, age, and ability level. Free
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Santiago Bareiro 212-222-9575 santiago@gosproust.org www.gosproust.org	Individuals, ages 16+ , with mild-moderate DD, ambulatory, non-deaf, non-blind, toilet trained, living with family member.	1 Day + evening trips in the community, weekdays + weekends, 15 times per month. Fee: \$0-\$25 each activity. No membership fee. No transportation provided. Must reside in Manhattan, Queens or Brooklyn.
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Raya Harris 212-222-9575 raya@gosproust.org www.gosproust.org	Individuals, ages 21+, with DD. Must be ambulatory and have a mild to moderate level of independence	Vacation Program. Weekend & weeklong trips to various destinations in the United States and Europe. Fees vary.
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Santiago Bareiro 212-222-9575 santiago@gosproust.org www.gosproust.org	Individuals, ages 14-21, with DD. Living with family member. Must be ambulatory and have a mild to moderate level of independence	Free School Holiday Vacation: 5 day trips to various destinations during NYC DOE school holidays 2x per year at no cost to the individual. Must reside in Brooklyn or Manhattan.
Sprout	135 W. 20th St. 5th Floor New York, NY 10011	Santiago Bareiro 212-222-9575 santiago@gosproust.org www.gosproust.org	Individuals, ages 22+, with DD. Living with family member. Must be ambulatory and have a mild to moderate level of independence	Free weekend trip program. Seven weekends (Fri-Sun) available per year to various destinations at no cost to the individual. Must reside in Manhattan, Brooklyn or Queens.
Super Soccer Stars	606 Columbus Ave. New York, NY 10024	212-877-7171 info@supersoccerstars.com www.supersoccerstars.com	Individuals, ages 4+, with DD	Shine Program: Soccer development program for people w/ DD using soccer to increase socialization, task completion, following directions in a fun environment. Fee charged. Scholarships available for eligible families.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
West Side Little League Challenger Division	Baseball fields at 77th St. in Riverside Park	Jim Karpe 516-655-2713 karpe.jim@gmail.com www.westsidebaseball.org	Individuals with DD, ages 5-21, citywide.	Little League baseball where rules are adjusted to fit the abilities of the players. Meets Sunday afternoons April-June. 3 Levels. Fee \$175, includes uniform, equipment, photos. Parents supply glove and sneakers. Full & partial scholarships available. Registration deadline: February 1st.
West Side Soccer League VIP Division	Central Park, North Meadow, just above 97th St. transverse	Jim Karpe 516-655-2713 karpe.jim@gmail.com www.westsidebaseball.org	Individuals with DD, ages 5 and up, no upper age limit, citywide	Soccer league for children with special needs who require extra help. Coached by parents and volunteers. Meets Sundays, Sept-Nov. Fee: \$175, includes uniform, equipment, photos. Parents supply sneakers. Full & partial scholarships available. Registration deadline: June 15th.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW 212-613-8172 www.njcd.org	Individuals with DD, ages 8 to adulthood	Inclusive weekend retreats, Torah study groups, Jewish holiday celebrations, summer tours, Israel trips, summer camps for children, summer social program for adults, relationship building
YAI	105 West 33rd Street, 9th Floor New York, NY 10120	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 16+ with I/DD & self-care skills	Manhattan Recreation Services: This club provides ongoing support to relatively independent adults, ages 16 and up, through recreational/cultural activities and discussion groups for increased self-awareness. Activities include arts and crafts, drama groups, trips, ball games, and other community events.
YAI	105 West 33rd Street, 9th Floor New York, NY 10120	YAI LINK 212-273-6182 link@yai.org www.yaiadventure.org	People ages 18+ with LD or I/DD with high level of independence & self-care skills, OPWDD eligibility not needed	Leisure Trax: Offers vacation and travel opportunities including weekend trips and extended vacations with domestic and international destinations. Fees vary.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 6-18 with I/DD	Holiday Respite: Recreation programs for school-age children during school breaks. Limited transportation is offered.
YAI	220 East 42nd St. 8th floor New York, NY 10017	YAI LINK 212-273-6182 link@yai.org www.yai.org	People ages 18+ with I/DD	You and I: A social skills training and recreation program allowing individuals to acquire social competencies, relationship skills, and meet new people.
YM-YWHA of Washington Heights and Inwood	54 Nagle Ave. New York, NY 10040	Victoria Neznansky 646-738-6082 vneznansky@ywashhts.org www.ywashhts.org/youth/special-needs	Children, ages 5-12, with ASD who don't qualify for OPDD Services	Sunday Socialization Recreational program; sports & gym, arts & crafts, drama, yoga, storytelling, social skills, martial arts, music & movement. FREE. Funded by the NYC DOHMH