

MANHATTAN FAMILY SUPPORT COMMITTEE

Date: 4/9/13

| NAME | NAME OF AGENCY/PARENT | ADDRESS | PHONE | EMAIL ADDRESS |
|---------------------|-----------------------|---|---------------------|---------------------------------|
| Elka Bruto | UCP of NYC | 80 Maiden Lane 435 E 70 St Suite 2A NY NY 10021 | 212-683-6700 x202 | projectconnect@ucpny.org |
| Jill Sekowitz | ECDC | 174-10 Jamaica Pl Heller, Apt 1423 | 212-746-6175 | jis4014@nyu.org |
| Jay Kleinman | Citispire | 460 W 34th St NY NY 10001 | 718-454-6840 | jkleinm@citispire.org |
| Michelle Lang | YAFI | 84 Stanton St 2nd Fl NYC 10002 | 212-273-6238 | michelle.lang@yaf.org |
| Luis Wilmes | LESFU | 84 Stanton Street, 2nd Fl NY NY 10002 | 212-260-0040 x208 | lwilmes@lesfu.org |
| Kaleena Teoh | LESFU | NY NY 10002 | (212) 260-0040 x222 | kteoh@lesfu.org |
| Liz Trapasso | Metro NY DPRO | 75 MORTON ST NY, NY 10014 | 212-229-3125 | Elizabeth.Trapasso@metro-ny.org |
| Jennifer Shaoul | YAFI | 460 W 34th St NY NY 10001 | 212-273-6289 | jennifer.shaoul@yaf.org |
| Nora Rubowitz | Autism Speaks | 1 E 33rd St. NY NY | 917-475-5075 | nora.rubowitz@autismspeaks.org |
| Samanthaschwendeman | SPROUT | 270 W. 91st St New York, NY 10025 | (212) 222-9675 | samanthas@sprout.org |
| Janet Davis | Metro Doko | 15 Morton St 3rd Fl NY NY 10014 | (212) 229-3112 | Janet.Davis@metro-ny.org |
| Pat Liu Cheng | G.H.O. | 125-10 Queens Blvd #2205 Kew Gardens N.Y. 11415 | 718-307-6563 | Pat@GHOINC.ORG |
| Yuko Fujitani | Parent | 51 E 91st Street #3B NY, NY 10029 | 206 99 8 8807 | yuko1000@gmail.com |
| Amy Battinger | WCP NYC | 120 E. 23rd St. | | ab.battinger@wcpny.org |
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MSSM IRB APPROVED
FROM 2/19/13 TO 2/18/14

YAI Seeing beyond disability.

► Premier HealthCare

A member of the YAI network.

YAI and Premier HealthCare have partnered with the Seaver Autism Center for Research and Treatment at Mount Sinai on an important study that uses Family Peer Advocates to help improve the health and well-being of children with autism.

Family Peer Advocates

- provide peer support and education related to autism
- act as liaisons between families and health care providers
- assist families in navigating a complex system of services

You may be eligible to take part in this research study, if you

- are a parent of a child who has been diagnosed with autism (or you suspect that your child may have autism)
- are of African American or Latino descent
- reside in the Bronx or Manhattan

Participation in this study will include a comprehensive diagnostic assessment. Eligible participants will also be asked to complete a series of questionnaires over the course of six months. Participation is entirely voluntary and there are no costs associated with participation. All participants will be reimbursed for travel expenses.

GCO#13-0306 MSSM IRB Approved 2/19/13-2/18/14

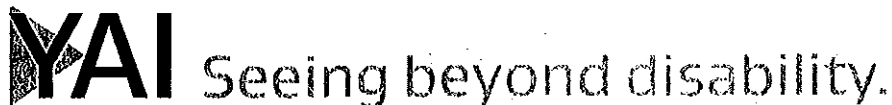
**IF YOU ARE INTERESTED IN RECEIVING MORE
INFORMATION ABOUT THIS STUDY,
PLEASE CALL SARAH SOFFES AT 212-241-2993**



**Icahn
School of
Medicine at
Mount
Sinai**



seaver autism center for research & treatment @ mount sinai



Seeing beyond disability.

LINK MEMO

TO: DD Council
FROM: Cathy Bechler
DATE: April 9, 2013
RE: Vacancies

FAMILY SERVICES VACANCIES:

- **Family Support Group for Caregivers of Children with Autism (all ages)** – Parent/caregiver support group for parents of children with Autism. For more information, please contact YAI LINK at 212-273-6182. A schedule of the groups can be found through YAI's website: www.yai.org/services/autism
- **YAI Autism Center** – offering private pay programs in Yoga with Ballet/Dance social skills groups & music therapy. Call 212-273-6182 for more information.
- **Manhattan Star Academy** – Accepting inquiries for the school, a unique learning opportunity for *elementary school* children. Call Rae Eisdorfer at 212-420-0510 for more information, application and tuition.
- **Toilet training** - 6-week program for parents living in *Manhattan* (through project intervene). Contact Danielle Bardwell at 212-273-6314.
- **Family Reimbursement** – for *Manhattan, Brooklyn* and *Queens* families. Contact Shanique Soto at 212-273-6585
- **Manhattan Based Recreation programs (including Manhattan Evening Adjustment Program and the Alumni Club)** - Recreation programs for individuals with DD 18+, Tuesdays through Saturdays. Openings for individuals living anywhere in NYC. Activities include weeknight group activities and Saturday trips. All levels welcome. No transportation provided. Contact Pamela Accardo at 212-645-1616 x 618 or Edna Bey at 212-645-1616 x620.
- **Manhattan Overnight Respite** – Ages 5 and up. Must be ambulatory. Contact Vanessa White Germany at 212-255-2673.
- **Manhattan Holiday Respite** – ages 6-18 with DD, live at home with their family. Taking applications for waiting list – contact Tanicqua Davis 212-273-6503
- **Independent Living Program** – 6 month classroom course for adults looking to develop their independent living skills. For Brooklyn, Bronx, Queens and Manhattan residents. Call LINK for more information 212-273-6182.
- **Autism Social Skills Groups** – currently accepting applications for Social Skills groups for children aged 9-18 in *Manhattan* with ASD. In *Brooklyn* for children ages 5-12 years old with ASD. Children must reside at home with their family, be verbal with no major behaviors and OPWDD eligibility is needed. Contact LINK for more info 212-273-6182.
- **Leisure Trax** – vacations/trips for adults 18 or older, free or low cost for those living with family in the Bronx. Trips are open to groups from other Boroughs – contact 212-273-6254 or www.yai.org/travel.
- **Brooklyn Extend-a-family** – Overnight respite provided in home of host family. Ready availability for young children who are non-ambulatory. Contact Cheryl Jones at 718-743-5311. Also looking for Brooklyn families who would like to host, families are fully trained and reimbursed by YAI, call Cheryl Jones for more information.
- **Brooklyn Saturday Drop Off** – Saturday Recreation program for 16+. Contact Cheryl Jones 718-743-5311.
- **Brooklyn Children & Adolescent Program (BCAP)** – Saturday rec program 6+. Contact LINK for an app 212-273-6182.
- **Brooklyn Leisure Trax** – Recreation program for 16+. Contact Nefie White 718-793-8695 x 218.
- **Brooklyn Yoga Ballet** – 10-week Yoga/Ballet class for girls and boys with autism, from age 6 to 10 years old. Contact LINK for more information 212-273-6182.
- **Project Grow** – 7-week parent training for parents of children with Developmental Disabilities. Program available to parents whose children live at home with them in Manhattan, the Bronx, or Staten Island. Day and Evening groups in English, Spanish and Cantonese available. Call 212-273-6259.
- **Project Grown-up** – 5-week training for parents of children with Developmental Disabilities. Program available to parents whose children live at home with them in Manhattan or Queens. Day and Evening groups in English and Spanish. Call 212-273-6259.
- **Bronx In-home respite** – In-home respite for children and adults with DD. Contact Tanicqua Davis 212-273-6503.
- **Queens Crisis Intervention program** – In home behavior management provided in English & Spanish. Parent training groups also offered, call Alison Fichera 718-793-2182 x221 or Jackie Nunez 718-793-2182 x231 (Spanish).
- **Queens Family Training Program** – 6 week parent training for parents of children with Developmental Disabilities in English and Spanish through the Queens Crisis Intervention program, contact Jackie Nuñez 718-793-2182 x 231
- **Queens Saturday Recreation Programs** – Recreation programs for 16+. Contact Edna Bey at 212-645-1616 x 620 or Pamela Accardo at 212-645-1616 x 618
- **Queens Thank Goodness it's the Weekend** – Evening social 2 Fridays a month, age 16+. Edna Bey at 212-645-1616 x

620 or Pamela Accardo at 212-645-1616 x 618

- **Parents with Special Needs** – Accepting referrals for parent training for parents with DD who live with their children in Manhattan, Brooklyn Lewanda Wallace at 212-273-6100 x2360 for Manhattan and Brooklyn or contact Nafiza Somaipersaud for Queens 718-793-2182 x203.
- **Queens In-Home Respite** – In-home respite for ID/DD children aged 3 & up. Contact Stacy Tinglin 718-793-8695 x210.
- **Queens After School Program** – After School program for 6-21 year old children residing in Queens. Contact Stacy Tinglin 718-793-8695 x210.
- **Queens & Brooklyn: FREE Psychologicals and Psychosocials** – evaluations for those who are not Medicaid eligible and applying for OPWDD services. Call [LINK](#) at 212-273-6182.

PREMIER HEALTHCARE (call LINK to make referrals 212-273-6182):

- **Manhattan:** There is ready availability of Internal Medicine, Pediatrics, Dental, Podiatry, Dermatology, OT, PT, Speech, Prosthetics & Orthotics, Nutrition, Endocrinology, weight management program, and Program for People with Physical Disabilities.
- **Bronx:** There is ready availability of Internal Medicine, Pediatrics, Dentistry, Podiatry, Nutrition, OT and PT.
- **Queens:** There is ready availability of Internal Medicine, Pediatrics, Dental, Podiatry, Gynecology, Dermatology, OT, PT, Speech, **Nutrition**. Dental desensitization program.
- **Brooklyn:** There is ready availability of Internal Medicine, Pediatrics, Dentistry, Gynecology, Podiatry, OT, PT, speech, Nutrition and Audiology. Dental desensitization program.

CENTER FOR SPECIALTY THERAPY (call LINK to make referrals 212-273-6182):

- **Manhattan:** There is ready availability for Psychosocial Evaluations in English & Spanish.
- **Queens:** There is ready availability for Psychological Evaluations in English and Psychosocial Evaluations (English & Spanish) (Evening and Saturday hours available).
- **Brooklyn:** There is ready availability for Psychosocial Evaluations in English and Spanish, and there is ready availability of Psychotherapy, particularly in mornings.
- **Bronx:** There is ready availability for Psychosocial Evaluations in English.
- Families living in Manhattan, Queens and Brooklyn who need evaluations to access OPWDD services but who do not have insurance that will cover the evaluations can call YAI [LINK](#) at 212-273-6182.

DAY HABILITATION:

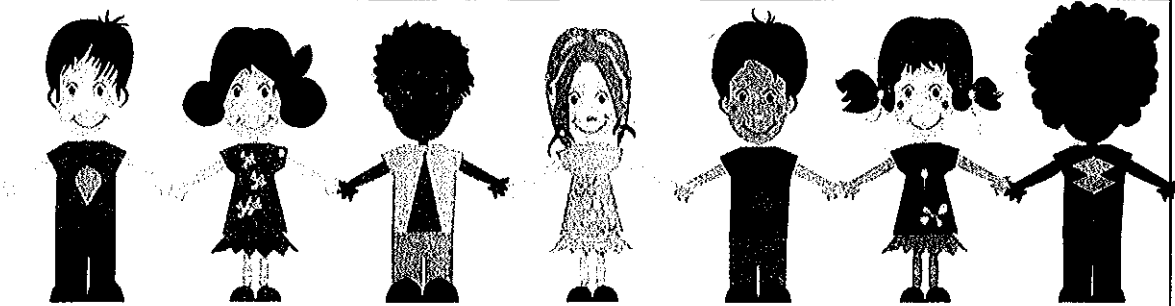
- **Manhattan:** Accepting referrals for the Manhattan Day Hab programs. Contact Domingo Hernandez at 212-645-1616.
- **Brooklyn:** Accepting applications for ambulatory individuals. Contact Nia Cordani at 718-646-7699 x 312.

EMPLOYMENT:

- **Manhattan Employment:** Openings for Manhattan supported employment (all boroughs) Programs. Contact Satera Febus at 212-273-6100 x 2448.
- **Brooklyn Supported Employment:** Accepting applications Brooklyn Supported Employment program for adults with Developmental Disabilities. Call Stefon Smith at 718-368-9311.
- **Queens Supported Employment:** Accepting applications, call Chris Bechler at 718-389-1300 x227.
- There are openings city wide for individuals with Developmental Disabilities who are employed and who need follow along support services.

RESIDENTIAL:

- YAI has the following *potential* residential openings, call Tom Ott 212-273-6462 or LINK 212-273-6182 before sending a packet.
- **Bronx ICF** – 1 potential opportunity for a male age 35-55 years functioning in severe to high profound range of intellectual disability. Must be ambulatory and able to evacuate 2 flights of stairs without physical assistance. This opportunity is unable to accommodate assaultive or dangerous behaviors due to the needs of the other residents.



YAI Autism Center

Ballet / Yoga Group 2013

The YAI Autism Center is offering a Ballet / Yoga Group for children aged 5-9 on the autism spectrum.

Where: Manhattan (exact location TBA)

When: Saturday's 2pm – 3pm for 10 sessions (exact dates TBA)

Fee: Sliding Scale fee and some scholarships available

Please contact **YAI LINK** for further information regarding fees and screening.
212-273-6182

FREE ADULT YOGA SERIES

For Young Adults
with Autism Spectrum
Disorders (ASD)

REGISTRATION IS REQUIRED
BY CALLING YAI LINK AT:

212-273-6182

STRUCTURE:
1 Hour Class

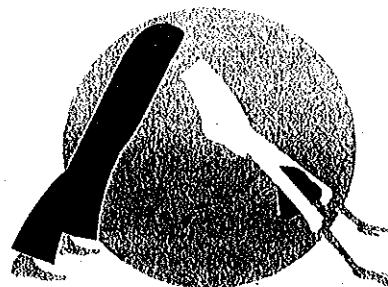
FREE

LOCATION:
CHELSEA STUDIOS
151 WEST 26TH STREET
BETWEEN 6TH AND 7TH
AVENUES
NEW YORK, NY 10001

Spring 2013 CALENDAR



| | |
|------------------|------------|
| TUESDAY APRIL 2 | 530- 630PM |
| TUESDAY APRIL 9 | 530-630 PM |
| TUESDAY APRIL 16 | 530- 630PM |
| TUESDAY APRIL 23 | 530- 630PM |
| TUESDAY APRIL 30 | 530- 630PM |
| TUESDAY MAY 7 | 530- 630PM |
| TUESDAY MAY 14 | 530- 630PM |
| TUESDAY MAY 21 | 530- 630PM |
| TUESDAY MAY 28 | 530- 630PM |
| TUESDAY JUNE 4 | 530- 630PM |



Spring 2013

YAI's Center for Specialty Therapy Group Unit

Anger Management Group

We are pleased to announce the formation of a new time-limited Anger Management group at our Manhattan 34th Street location on Tuesdays at 4:00pm. Space will be limited, so please refer ASAP. Participants need to be able to manage themselves in a group setting.

For more information, please contact Grazyna Kusmierska at (212) 273-6100 x 2474

To make a referral, please call LINK at (212) 273-6182

Additional Openings

We also have openings in the following groups that are already running at our Manhattan site:

- Socialization group for individuals with high-functioning Asperger's. Wednesdays 2:15pm.
- General socialization group for adults 30+ years of age. Tuesdays 5pm.

To make a referral, please call LINK at (212) 273-6182

FAMILY SUPPORT SERIES

For Caregivers of
People with Autism
Spectrum Disorders
(ASD)

WWW.YAI.ORG/AUTISMSUPPORT

REGISTRATION IS REQUIRED
BY CALLING YAI *LINK* AT:
212-273-6182

STRUCTURE:
1ST HALF PRESENTATION
2ND HALF SUPPORT

FREE
FOR PARENTS AND
CAREGIVERS ONLY - NO
CHILDREN PLEASE

LOCATION:
460 W 34TH STREET
11TH FLOOR
NEW YORK, NY
10001

YAI Seeing beyond disability.

PARA GRUPOS EN
ESPAÑOL FAVOR DE
VER EL REVERSO

SPRING 2013 CALENDAR

THURSDAY APRIL 4TH 10:00 AM – 12:30 PM
We All Belong: Your Child's Right to Be Included
Gary Shulman, MEd, Private Consultant

WEDNESDAY APRIL 10TH 10:00 AM – 12:30 PM
**Treating Social Skills Deficits in Children with Autism
Spectrum Disorders**
Michelle Gorenstein, PsyD, Assistant Professor, Seaver Autism
Center for Research and Treatment, Mount Sinai School of
Medicine

FRIDAY MAY 10TH 10:00 AM – 12:30 PM
**How Post Traumatic Stress Effects Your Child and
Knowing When to Seek Professional Help**
Angela Cheung, LCSW, Mental Health Clinician, YAI Center
for Specialty Therapy

TUESDAY MAY 21ST 10:00 AM – 12:30 PM
**Autism and the Police: A Dialogue with the NYPD Assistant
Commissioner of Training**
Carol Ann Roberson, Assistant Commissioner of Training,
New York City Police Department

WEDNESDAY MAY 29TH 10:00 AM – 12:30 PM
A Crash Course in Toilet Training
Danielle Bardwell, MEd, Clinical Supervisor, YAI Family
Services, and Luisa Paz, Bilingual Applied Behavioral Sciences
Specialist, YAI Project Intervene

SPRING 2013

Funded in part by NYS OPWDD and NYC Council's Autism Initiative

Series de Grupo de Apoyo para la Familia

Para Proveedores de
Cuidado de Personas con
Trastornos del
Espectro Autista

WWW.YAI.ORG/AUTISMSUPPORT

SE REQUIERE REGISTRACIÓN
FAVOR DE LLAMAR A
YAI LIXX AL :
212-273-6182

DURACIÓN:
1^{ra} PARTE: PRESENTACIÓN
2^{da} PARTE: GRUPO DE APOYO

**TENGA EN CUENTA
QUE NO SE PERMITE
LA ASISTENCIA DE
NIÑOS**

LUGAR:
460 W 34TH STREET
11TH FLOOR
NEW YORK, NY 10001

CALENDARIO DE PRIMAVERA 2013

LUNES 15 DE ABRIL 10 AM – 12:30 PM
**Autismo: Cómo Explicar el Diagnóstico de su Hijo(a) a sus
Familiares y Amigos**
Iris Varela, LMSW, Mental Health Clinician, YAI Center for
Specialty Therapy

LUNES 22 DE ABRIL 10 AM – 12:30 PM
**Comunicación y Accion Efectivas para el Manejo del
Comportamiento en el Hogar**
Erika Tobon, Bilingual Assistant Applied Behavioral Sciences
Specialist, YAI Crisis Intervention Program

MARTES 30 DE ABRIL 10 AM – 12:30 PM
La Importancia de Crear Horarios y Rutinas en Casa
Luisa Paz, Bilingual Assistant Applied Behavioral Sciences
Specialist, YAI Project Intervene

PRIMAVERA 2013

Financiado en parte por el NYS OPWDD y el NYC Council's Autism Initiative

Autism Speaks™ FAMILY SERVICES



AUTISM SPEAKS TOOL KITS

- 100 Day Kit
- Asperger Syndrome/High-Functioning Autism Tool Kit
- Manual de los 100 Dias

The Autism Speaks 100 Day Kit and the Asperger Syndrome and High Functioning Autism Tool Kit were created specifically for newly diagnosed families to make the best possible use of the 100 days following their child's diagnosis of autism or AS/HFA. The 100 Day Kit is also available in Spanish.

- **Transition Tool Kit:** *Guides families on the journey from adolescence to adulthood.*
- **School Community Tool Kit:** *Assists members of the school community in understanding and supporting students with autism.*
- **Family Support Tool Kits:** *Teaches grandparents, parents, siblings and friends more about autism and enables them to lead happy lives with their loved ones with autism.*
- **Housing and Residential Supports Tool Kit:** *Guides individuals and families as they identify and secure appropriate residential supports and services.*
- **Challenging Behaviors Tool Kit:** *Gives families strategies, information, and resources on how to prevent and respond to challenging behaviors from their loved ones.*
- **Dental Tool Kit:** *Provides information for dental professionals and families about what they can do to make visits to the dentist more successful.*
- **Tips for Successful Haircuts:** *Provides information for stylists and families about what they can do to make haircuts more successful.*
- **Individualized Education Program: Summary, Process and Practical Tips:** *Clearly lays out the steps to take throughout the IEP process and contains an IEP timeline.*
- **Autism Treatment Network Tool Kits**
 - *A Guide to Applied Behavior Analysis*
 - *Blood Draw Tool Kit*
 - *Dental Professionals Tool Kit*
 - *Introduction to Behavioral Health Treatments*
 - *Medication Decision Aid*
 - *Sleep Tool Kit*
 - *Toilet Training*
 - *Visual Supports and Autism Spectrum Disorder*

WWW.AUTISMSPEAKS.ORG/FAMILY-SERVICES



AUTISM SPEAKS™
It's time to listen.
www.AutismSpeaks.org

CONTACT THE AUTISM RESPONSE TEAM
Phone: 888-AUTISM2 (288-4762)
E-mail: familyservices@autismspeaks.org

Autism Speaks™ **FAMILY SERVICES**



Autism Response Team (ART)

888-AUTISM 2 (288-4762)

En español: 888-772-9050

familyservices@autismspeaks.org

The Autism Response Team (ART) is specially trained to provide information, tools, and resources to people with autism, their families, and caregivers.

Apoyo en español

¿Sabías que el ART puede responder a sus preguntas y dudas sobre el autismo? Para información y recursos, contáctenos al 1-888-772-9050 o por email: familyservices@autismspeaks.org

Office Hours

Family Services Office Hours is a web chat held every Wednesday from 12pm-1pm (EST), staffed by the Autism Response Team.

Office Hours is designed to quickly provide access to resources that are available and free to the entire autism community.

- Go to www.autismspeaks.org/ART to join!

Autism Speaks does not provide medical or legal advice or services. Rather, Autism Speaks provides general information about autism as a service to the community. The information provided in this email is not a recommendation, referral or endorsement of any resource, therapeutic method, or service provider and does not replace the advice of medical, legal or educational professionals. Autism Speaks has not validated and is not responsible for any information or services provided by third parties. You are urged to use independent judgment and request references when considering any resource associated with the provision of services related to autism.

WWW.AUTISMSPEAKS.ORG/FAMILY-SERVICES



AUTISM SPEAKS™
It's time to listen.
www.AutismSpeaks.org

CONTACT THE AUTISM RESPONSE TEAM
Phone: 888-AUTISM2 (288-4762)
E-mail: familyservices@autismspeaks.org

Autism Speaks® **FAMILY SERVICES**



Family Services Grant Programs

FAMILY SERVICES COMMUNITY GRANTS

Autism Speaks Family Services accepts community grant proposals that serve to build the field of services for individuals with autism and expand the capacity to effectively serve this growing community.

Since 2007, Autism Speaks has awarded over \$3.3 million in funding to 157 organizations across the country.



Autism Speaks will accept proposals that address one of the following areas of need: Education, Recreation/Community Activities and Young Adult/Adult Services.

www.autismspeaks.org/family-services/grants/community-grants

BAKER SUMMER CAMP PROGRAM

The Baker Summer Camp Program offers up to \$5000 in scholarship funds for financially disadvantaged individuals with autism to attend a summer camp, and partners with eligible camps to identify qualified campers. Camps selected to participate in the Camp Scholarship Fund are responsible for selecting scholarship campers.

In the first three years of the program, 900 camp scholarships totaling more than \$450,000 have been awarded by 150 camps in 31 states.

www.autismspeaks.org/family-services/grants/baker-summer-camp-program

AUTISM CARES

AutismCares provides financial relief up to \$1,000 for individuals with autism and their families to help cover costs of critical living expenses - food, clothing, housing, automobile repair, daycare, funeral expenses, and other essential items on a case-by-case basis. Families must be affected by a natural disaster or other catastrophic life event such as the loss of job or home within the past 90 days. The grants are rewarded once per month.

www.autismcares.org

For more information, contact Serena Selkin, Assistant Director of Family Services Grants Manager at sselkin@autismspeaks.org or (917) 475-5059.

AutismSpeaks.org/Family-Services



AUTISM SPEAKS
It's time to listen.

www.AutismSpeaks.org

CONTACT THE AUTISM RESPONSE TEAM

Phone: 888-AUTISM2 (288-4762)

En Español: 888-772-9050

E-mail: FamilyServices@AutismSpeaks.org