

RECREATION PROGRAMS

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Achilles International	42 W. 38 th St. 4 th floor NY, NY 10018	Achilles Kids Karen Lewis (212) 354-0300 x305	Children 5-21 with any disability and their non-disabled siblings.	Free running/ walking/ "rolling" program that meets 2x/month. Parent/ guardian must accompany child.
AHRC New York City	83 Maiden Lane 9 th Floor NY, NY 10038 ahrcnyc.org	Referral+Information Center (212)780-4491/4493 referrals@ahrcnyc.org	Individuals, 21+ yrs., with ID, ambulatory + nonambulatory. 1:3 staff ratio. For those enrolled in HCBS Medicaid Waiver.	Adult Day Respite Sat. 10:00 am-3:00 pm, Oct.-May. Creative arts, music + dance, recreational sports, seasonal events, community outings. Transportation provided. Free. Sanish spoken.
AHRC New York City	83 Maiden Lane 9 th Floor NY, NY 10038 ahrcnyc.org	Referral+Information Center (212)780-4491/4493 referrals@ahrcnyc.org	Children ages 5+, with ID diagnosis, ambulatory + nonambulatory. 1:3 staff ratio. . For those enrolled in HCBS Medicaid Waiver.	Saturday Children's Respite - 10:00 am-3:00 pm, Oct.-May. Creative arts, music + dance, recreational sports, seasonal events, community outings. Transportation provided. Free.
AHRC New York City	83 Maiden Lane 9 th Floor NY, NY 10038 ahrcnyc.org	Referral+Information Center (212)780-4491/4493 referrals@ahrcnyc.org	Persons ages 5-16 with ID, ambulatory + non-ambulatory. 1:3 staff ratio. . For those enrolled in HCBS Medicaid Waiver.	Manhattan School Holiday Respite for 5 weeks a year when schools are on break. Creative arts, music+ dance, recreational sports, community outings, seasonal events. Transportation provided. Free.
Angelfish Therapy	1177 High Ridge Rd. Suite 116 Stamford, Ct. 06095 Program at St. Bart's Church on 50 th St. & Park Ave.	Ailene Tisser, PT or Cindy Freedman, OT (203) 545-0024 www.angelfishtherapy.com	Persons with any disability, ages 6 months – 21 yrs.	Pediatric aquatic therapy, private, semi-private + small groups, parent-child classes, aquatic fitness classes for teens with special needs/ swim lessons for all ages and all abilities. Fee charged. Some therapy is refundable by insurance.
Asser Levy Recreation Center	392 Asser levy Place.at E. 23 rd St. (1 block west of FDR Drive) NY, NY 10010	(212) 447-2020 or www.nycgovparks.org/facilities/recreationcenters	People with & without disabilities.	Recreation Center: wheelchair accessible fitness rooms for ages 16+ and indoor heated pool. Admission: membership fee free for age 17 and under; \$75/6 months ages 25-61; \$25/year ages 18-24 and 62+.
Association for Metroarea Autistic Children (AMAC)	25 West 17 th St. NY, NY 10011	Felicia Richgat (212) 645-5005 x3305	Persons ages 6-14 with autism or PDD, ambulatory, with self-care skills.	Mon.-Wed. 2:30pm-4:30pm and Saturday 9:00am-3:00pm. Arts + Crafts, games, motor activities, etc. Transportation provided. Fees: \$1/day and \$2/Sat.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Atlas Foundation for Autism	252 West 29 th St. Third Floor NY, NY 10001	Amanda Friedman, Alison Berkley (212) 256-0846 info@atlasforautism.org atlasforautism.org	Children with ASD, LD, ADD, OCD and other developmental differences.	Creative Arts Sunday 12N-3PM (art, music + self expression in individual + group dynamic). HAPPY Saturday social/movement groups 12N-4PM (sports, yoga + recreational fun for a friendship based program). Extended hours available. Fee charged.
Central Park North Stars	Lasker Rink, Central Park. Just south of 110 th St. entrance btwn 106 th & 108 th St. at SW corner of the Harlem Meer	Bob Epner robert.epner@chiefofst aff.com	Children, ages 5+ and young adults with DD.	Ice Hockey team for beginners + experienced individuals. Practice meets weekly on Saturdays 9:40am-11:05am. Nov-March. Team enrollment is free. Families must provide full hockey equipment, available for season rental for \$100 (excludes skates and sticks). All players register at American Special Hockey Assn www.americanspecialhockey.org
Children's Museum of Manhattan	212 W. 83 rd St. between Broadway & Amsterdam NY, NY 10024	(212) 721-1223 or www.cmom.org	Children with disabilities.	Wheelchair accessible. Museum offers children with disabilities the opportunity to explore activities that provide tactile, visual, & auditory stimulation. Free Guide for Families of Children with Disabilities is available. Check website for hours and special events. Admission: \$11 children & adults; \$7 seniors; free under one-year-old. Free 1 st Fri. of every month, 5:00-8:00 PM
Children's Museum of the Arts	103 Charlton St. NY, NY 10014 www.cmany.org	Michelle Lopez (917) 409-1205 mlopez@cmany.org	Families with children with disabilities.	Inclusive Sundays (+ some Saturdays for children with ASD). For children <6, family class explores different art mediums as an intro to art fundamentals. For ages 7+, weekly drop-off class for children with physical disabilities, their siblings or friends. Monthly Media Lab for children with ASD ages 7+. Art projects in Fine Arts + Media Arts.
CO/LAB Theater Group	P.O. Box 727 NY, NY 10108	Info@colabtheatergroup.com colabtheatergroup.com	People with DD, all ages	Offers a creative + social outlet through theater arts. Semester of 10-15 classes culminating in a performance. 2:1 participant/volunteer ratio. No fee, though small security deposit is required.. Can do a workshop or residency at school or community organization for a fee.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Contemporary Guidance Services, Inc.	52 Broadway 4th Fl. NY, NY 10004	Leonidas Lee (646) 214-1315 llee@cgsnyc.org	Persons with DD, ages 14-21 in school. Must be ambulatory and toilet trained.	School holiday respite during 20 school holiday closure days including Winter and Spring Recess. No fee. Transportation provided.
Dancing Dreams	23-91 Bell Blvd. LL2C Bayside, NY 11360	Joann Ferrara (516) 659-8704 joann@dancingdreams.org www.dancingdreams.org	Children with physical + medical challenges, ages 3-18 in tri-state region.	Weekly classes for aspiring dancers at Museum of the City of NY (103 rd St. & 5 th Ave.) and in Queens. Dancers are paired w/ trained high school student. End of year performance. Suggested donation requested but no child turned away due to inability to pay.
Daniel's Music Foundation	1595 Lexington Ave. 2 nd Floor NY, NY 10029	Daniel or Ken Trush (212) 289-8912	People with DD and/or physical disabilities, ages 3 to adult.	Free music programs, including rhythm, keyboard, and voice classes.
East 54 th Street Recreation Center	348 E. 54 th St. between 1 st and 2 nd Aves. NY, NY 10022	(212) 754-4277	People with and without disabilities.	Accessible recreation center with pool, fitness room. Hours: Mon.-Fri. 6:30 AM – 9:15 PM. Sat. 8:00 AM – 4:00 PM. Admission: \$75/6 months ages 25-61. Under 17 free. \$25/year ages 18-24, and 62+.
East Harlem Council for Community Improvement (EHCCI)	413 East 120 th St. Room 112 NY, NY 10035	Thelma Patrick (212) 410-7707 x5253	Persons with DD, ages 8-21, including non-ambulatory.	Year-round Sat. recreation program: 10:00 am-3:00 pm. Trips to movies, picnics, amusement parks, gym, sports, games, etc. Transportation provided. Free.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 NY, NY 10006	Miriam Castro (212) 677--8550	Persons in their 20's or 30's with a primary diagnosis of epilepsy	Saturday afternoon socialization group with community outings from 1:00-4:00 pm. Must be able to travel independently. 2x/month.
Esperanza	516 W. 181 st St. NY, NY 10033	Dennisse Pinargote (212) 928-5810 x126 dpinargote@esperanza center.com	Children and adults with Autism or DD living in Manhattan and Western Bronx.	Tuesday + Thursday recreation program 4:00-6:00pm. Transportation provided. Spanish spoken.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Esperanza	516 W. 181 st St. NY, NY 10033	Elizabeth Lindao (212) 928-5810 x120 elindao@esperanzacenter.com	Adults age 18+ yrs., with DD, ambulatory, living in northern Manhattan.	Evening recreation program: Wed. 3:30-6:30 pm. Transportation provided. Spanish spoken.
Esperanza	516 W. 181 st St. NY, NY 10033	Elizabeth Lindao (212) 928-5810 x120 elindao@esperanzacenter.com	Adults age 16+ yrs., with DD, living in northern Manhattan or western Bronx.	Saturday recreation program: 10-3 pm. Transportation provided. Spanish spoken.
Esperanza	516 W. 181 st St. NY, NY 10033	Juan Espinal (212) 928-5810 x126 jespinal@esperanzacenter.com	Adults age 18+ yrs., with DD, living in Manhattan or western Bronx, including non-ambulatory.	3-day weekend or weekday getaway program. Resort vacation for groups of 5. Spanish spoken.
Esperanza	516 W. 181 st St. NY, NY 10033	Juan Espinal (212) 928-5810 x126 jespinal@esperanzacenter.com	Children with autism.	3 day weekday getaway program. Resort vacation for groups of 5. Spanish spoken.
FEGS	315 Hudson St. 6 th Floor NY, NY 10013	Sonia Lobban (718) 741-7327	Adults with DD living with their families.	Saturday recreation for 15 weeks in the fall + 15 weeks in the spring. Transportation provided.
14 th Street Y	The Kol Program 344 East 14 th St. NY, NY 10003	Amanda Kayam (646) 395-4339 Amanda_kayam@14streety.org	Children with high functioning autism, children with communication + language delays or ADD, ADHD and related developmental issues.	Saturday Program ages 4-17 yrs. Super Soccer Stars, Capoeira, Music Works, Art, Creative Movement. Instructional swim class on Mondays at 4PM. Fee charged. Scholarships available.
14 th Street Y	The Kol Program 344 East 14 th St. NY, NY 10003	Amanda Kayam (646) 395-4339 Amanda_kayam@14streety.org	Children ages 10-17 with high functioning autism, children w/ communication + language delays or ADD, ADHD and related developmental issues.	Tech Social 1x/month on Fri 6:30-8:30pm. Friendship, technology, pizza, games, tech exploration on tablets. Fee charged. Scholarships available.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Friendship Circle	121 West 19 th St. NY, NY 10001	Dina Shanowitz (646) 820-1066 Dina.friendship@gmail.com	Children ages 5-18 with varying disabilities.	1:1 buddies social experience. Programs are both 1:1 + in group form. Foster camaraderie, friendship + fun. No charge.
Friendship Circle	Sunday Circle 121 West 19 th St. NY, NY 10001	Dina Shanowitz (646) 820-1066 Dina.friendship@gmail.com	Special Needs Children ages 5-18.	First + third Sunday of each month. Special children + teen volunteers get together for music, movement + art. Specialties such as cooking, science + sports are added in. Sunday Circle fee of \$20/session.
Gateway Counseling Center (GCC)	4500 Furman Ave. Bronx, NY 10470	Ross Stephens, Intake Director (718) 325-5021 Fax (718) 504-4355	Persons with DD, ages 21+, who reside above 96 th Street in Manhattan, including those who live with family, independently, or in a supportive residence.	Supplemental Group Day Habilitation recreation program, 365 days per year. Hours: Mon.-Fri. 3:15-8:30 pm; Sat., Sun 9:00am-3:00pm. Activities include: tabletop games, computers, karaoke, drama, music, fully equipped gym, movies, video games, photography, community activities. Wheelchair accessible. Door-to-door transportation provided.
General Human Outreach in the Community, Inc. (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu (718) 261-6552 x2012	Asians, age 18+ with DD.	Weekend respite recreation program. Conducted in Chinese. No fee. Transportation provided.
GiGi's Playhouse, Down Syndrome Achievement Centers	106 West 117 th St. NY, NY 10026 gigisplayhouse.org/newyork	Britt Sady, Exec.Dir. (646) 801-7529 nyc@gigisplayhouse.org	Persons with Down syndrome+ their families	Provides resources, specialized teaching and friendship in a welcoming + supportive environment. Includes adaptive ballet, creative arts, music, OT + PT focused playgroups. See calendar for classes. Free.
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Melissa Lader (646) 505-5729	5-19 year olds with autism spectrum disorder.	Highly structured class emphasizing critical social + day-to-day living skills. Fee charged.
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Alex Ursino (646) 505-4484	5-14 year olds with special needs.	Swim class for children with special needs. Fee charged.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Melissa Lader (646) 505-5729 mlader@jccnyc.org	Children on the autistic spectrum and other special needs.	Sunday program. Classes include music therapy, art, Jewish culture with MATAN, sports, social skills, drama, fitness and art. Coffee & conversation for parents also available. Fee charged.
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Melissa Lader (646) 505-5729 mlader@jccnyc.org	16-21 year olds on the high functioning end of the autistic spectrum + other special needs.	Sunday recreation program emphasizing life skills + social skills. Fee charged.
The Jewish Museum	1109 5 th Ave. NY, NY 10128	Dara Cohen (212) 423-3256	Individuals with DD or LD + their families.	Via family workshops, individuals with DD or LD explore art + artifacts w/ family members or friends. Includes gallery activities + an art project. 4x/yr. Free.
Kennedy Child Study Center	151 E. 67th St. NY, NY 10065	Elizabeth Puello (212) 988-9500	Children ages 3-12 with DD. Non-ambulatory accepted.	Sat. day trips to movies, museums, zoo, parks, etc. About 12 Sats. Transportation provided. Spanish spoken.
Kennedy Child Study Center	151 E. 67th St. NY, NY 10065	Elizabeth Puello (212) 988-9500	Children ages 3-12 with DD. Non-ambulatory accepted.	Day trips to movies, museums, indoor recreation areas the week of February winter school break. 5 days. Transportation provided. Spanish spoken.
Keoni Movement Arts	305 W. 38 th St. NY, NY 10018	Paul Keoni Chun (212) 643-9013 info@keonimovementarts.org	Children/teens/ young adults with special needs, mild to moderate functioning level	Movement classes in Yoga, Dance & Gymnastics. Fee charged. Financial assistance available.
Kids Enjoy Exercise Now (Keen)	Recreation 54 348 E. 54 th St. (btwn 1 st & 2 nd Aves.)	Maggie Harrison (212) 768-6785 www.keennewyork.org or info@keennewyork.org	Children ages 4-21 with DD and other disabilities.	Sports program with 1:1 volunteer athletes. A variety of sports activities. Every other Sat 1:30pm-3:30pm. Free.
Kids Enjoy Exercise Now (Keen)	Mailing address: P.O. Box 5115 NY, NY 10185	Maggie Harrison (212) 768-6785 info@keennewyork.org	Children with DD and other disabilities ages 4-21.	Saturday Swim 3-4:30pm at the 92 nd St. Y. Free.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Lifespire	159 E. 125 th St. 2 nd Floor NY, NY 10035	Maria Murray (646) 753-1355	Persons age 21+ with DD.	Respite/recreation Tuesdays and Thursdays 3-6pm.
Matthew P. Sapolin Playground	W. 70 St. between West End & Amsterdam Aves.	311 or www.nycgovparks.org/facilities/playgrounds to find an accessible playground near you	Children with and without physical disabilities.	Wheelchair accessible playground.
Metropolitan Museum of Art	1000 5th Ave. NY, NY 10028	(212) 650-2010 access@metmuseum.org	Persons, 5+ yrs., with DD or LD + their families.	Discoveries Program. Art workshops on scheduled Suns. Oct.-May. Workshop, for individual + family members, consists of a thematic tour of Museum followed by a related art project. Free. Reservations necessary. Other programs available for visitors w/ disabilities. Call or e-mail for info.
The Museum of Modern Art	11 West 53 rd St. NY, NY 10019 www.moma.org	Access Programs Create Ability (212) 408-6347 accessprograms@moma.org	Persons, 5+ years, with DD or LD and their families.	Different themes each month exploring various artworks in the galleries and creating artworks in the classroom. Morning program for persons under age 18. Afternoon program for ages 18+. Free. Reservations are required.
92 nd St. Y	1395 Lexington Ave. NY, NY 10128	(212) 415-7567	Children with DD.	Enrichment classes available in aquatics, gymnastics and Jewish culture.
OTSAR Family Services	2334 W. 13th St. Bklyn, NY 11223	Seri Diamond (718) 946-7301 x216	Persons ages 5-21 with DD.	Recreation program in Brooklyn: Sun. 9:30 am-2:30 pm + some school holidays. Transportation provided. Wheelchair accessible.
QSAC	Sat. Rec. Program Hollis Campus 196-10 Woodhull Ave. Hollis, NY 11423	Johnny Nunez (718) 728-8476 x1222	Children with autism and PDD, ages 8-21 years.	Saturdays from 11AM to 3PM in Queens. Transportation from Manhattan provided. Free.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Safe Haven West Side Basketball League Special Needs: Champions Division	P.S. 163 on West 97 th St. between Columbus and Amsterdam Aves.	Ken McGrory (917) 592-9665 Kenneth.mcgrory@rabobank.com Safehavenhoops.org	Persons, ages 5-25, with developmental, social or emotional issues. Citywide.	Basketball program designed to adapt to the needs of each participant. Individual attention. Older players/ volunteers are paired with champions as buddies. Games occur on Saturdays from December to March. Fee: \$140. Some full and partial scholarships available.
SNACK – Special Needs Activity Center for Kids	316 East 53rd St. NY, NY 10022	Liz Brady (212) 439-9996 www.snacknyc.com liz@snacknyc.com	Children with DD ages 3-21 years.	Programs include: Socialization Program with art, music and movement Thurs + Fri 3-6PM, Sat+Sun 11-1PM, Sun 1:15-3:15PM(Siblings welcome. Can register for 1 or more days); Soccer Sat, Sun at various times and locations; Swim at St. Bart's offers 1:1 private swimming lessons Tues, Wed, Sat + Sun afternoons. Teen fitness Mon 4:30-7:30pm. Teen Night 2x/mo. on Fri. 5:30-8:30pm. Fees vary. Open enrollment for all programs
Sparkidz	Program address: 45 E. 81 st St. PS6 NY, NY 10028	Frank Fox (917) 930-6446	Children ages 6-21 affected by social, emotional or learning challenges, including those with autism spectrum disorder.	Full day Saturday social/ recreation program 10am-4pm, Sept – June. Fees vary on a sliding scale.
Special Olympics New York City Region	211 East 43 rd St. Suite 802 NY, NY 10017	Todd Bazzini (212) 661-3963 x210	Ages 8+ with intellectual or DD. Free.	Candidates complete medical + consent form. Special Olympics representative follows up with phone call to hook individual up with coach, depending on sport or season. 22 sports with divisions by gender, age, and disability level.
Sprout	270 W. 96 th St. 2 nd Floor NY, NY 10025	Tim Barlow (212) 222-9575 www.gosprout.org	Persons, 16+ yrs., with mild-moderate DD, ambulatory, non-deaf, non-blind, toilet trained.	1Day + evening trips in the community, weekdays + weekends, 15 times per month. Fee: \$0-\$25 each activity. No membership fee. No transportation provided.
Sprout	270 W. 96 th St. NY, NY 10025	Andy Lee (212) 222-9575	Persons, 21+ yrs., with DD. Must be ambulatory, mild to moderate functioning level.	Vacation Program. Weekend + weeklong trips to various destinations in the United States and Europe. Fees vary.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Sprout	270 W. 96 th St. NY, NY 10025	Andy Lee (212) 222-9575	Persons, 14-21 yrs., with DD. Must be ambulatory, mild to moderate functioning level.	Free School Holiday Vacation: 5 day trips to various destinations during NYC DOE school holidays 2x per year at no cost to the individual.
Sprout	270 W. 96 th St. NY, NY 10025	Andy Lee (212) 222-9575	Persons, 22+ yrs., with DD. Must be ambulatory, mild to moderate functioning level.	Free weekend trip program. Four weekends (Fri-Sun) available per year to various destinations. No fee.
Super Soccer Stars SHINE	606 Columbus Ave. NY, NY 10024	Luca Marton (212) 877-7171 www.supersoccerstars.com luca.marton@supersoccerstars.com	Persons, 4+ yrs., with DD.	Soccer development program for people w/ DD using soccer to increase socialization, task completion, following directions in a fun environment.
United Cerebral Palsy of NYC (UCP of NYC)	175 Lawrence Ave. Brooklyn, NY 11230	Carmen Orellana (646) 625-5000 x5015 corellana@ucpnyc.org bfalcone@ucpnyc.org	Individuals ages 13-29 with DD, including non-ambulatory	SPIRIT Sat. recreation program: 10:00 am-3:00 pm, 12 months except major holidays. Program includes creative activities, sports, cooking, social experiences and community activities. Transportation provided. Spanish spoken. Free
United Cerebral Palsy of NYC (UCP of NYC)	175 Lawrence Ave. Brooklyn, NY 11230	Carmen Orellana (646) 625-5000 x5015 corellana@ucpnyc.org bfalcone@ucpnyc.org	Adults, age 18+ with DD.	Explore II Program meets 2x/month for a Friday evening social event and Disco. Light supper served. No transportation.
University Settlement	Houston St. Center 273 Bowery NY, NY 10002	Alison Smith, Asst. Dir. (212) 475-5008 Alisons@universitysettlement.org	Children ages 4-12 + Teens/ Young Adults ages 15-25 with a wide range of special needs.	Courses include: Lego Creations, Imagination Playground, Swimming, Baking, Gardening, Drama, Sports + Dance, Computers + Technology, Expression + Communication for Career Development, Yoga, QiGong, Zumba. Also offer family classes. Courses run on Sat., Sun., + Thurs. Fees range from \$50-100 for a full 8 week session.
West Side Little League Challenger Division	Baseball fields at 77 th St. in Riverside Park	Jim Karpe (516) 655-2713 Karpe.jim@gmail.com	Persons with special needs, ages 5-21, citywide.	Little League baseball where rules are adjusted to fit the abilities of the players. Meets Sunday afternoons April-June. 3 Levels. Fee \$175, includes uniform, equipment, photos. Parents supply glove. Full + partial scholarships available.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
West Side Soccer League VIP Division	Central Park, North Meadow, just above 97 th St. transverse	Jim Karpe (516) 655-2713 Karpe.jim@gmail.com	Persons with special needs, ages 5-21, citywide.	Network of soccer teams for children with special needs who require extra help. Coached by parents and volunteers. Plays during Fall season on Sundays. Fee: \$140. Full + partial scholarships available.
Yachad/ National Jewish Council for Disabilities	11 Broadway 13 th Floor NY, NY 10004	Rebecca Zebovitz (212) 613-8156	Persons, ages 8 to adulthood with a diverse range of special needs.	Inclusive weekend retreats, Torah study groups, Jewish holiday celebrations, summer tours, Israel trips, summer camps for children, summer social program for adults, relationship building courses, social skills development opportunities, etc.
YAI Autism Center	460 West 34 th St. 11 th Floor NY, NY 10001	YAI <u>LINK</u> (212) 273-6182	Children + young adults with ASD. Other disabilities will be considered. Some verbal skills required.	Social skills, ballet/yoga, music therapy + other activity based groups offered for 8-10 sessions. Lead by clinicians. Offered weekdays + weekends. Tuition charged.
YAI	460 West 34 th St. NY, NY 10001	Pamela Accardo (212) 273-6146 or Edna Bey (212) 273- 2779	Adults, 16+ yrs., with DD, mild - severe, with self-care skills.	Socialization/recreation program: Tues.-Fri. 4:00- 8:30 pm; Sat. 10:00 am-4:00 pm (spent in community). Members may come as many days as they wish. Activities include karate, music, art, sports, bowling + others. Fee charged. No transportation provided.
YAI	460 West 34 th St. NY, NY 10001	Leisure Connection Edna Bey (212) 273-2779	Adults, 18+ yrs., with mild learning disabilities, able to travel independently.	Socialization/recreation program: 3rd Sat. of each month. Fee: \$30 per year. No staff chaperones.
YAI	460 West 34 th St. NY, NY 10001	Leisure Trax (212) 273-6100 x2364 www.yai.org/travel	Adults, 18+ yrs., with LD or mild-moderate DD, with self-care skills.	Local, national + international vacations. Day and overnight trips. Fees vary.
YAI	460 West 34 th St. NY, NY 10001	Jenaire Feimster (212) 273-6503	Children, 6-18, with DD, including limited non- ambulatory.	School holiday group respite during school recesses. Transportation limited. Free.

RECREATION PROGRAMS (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
YAI	460 West 34 th St. 11 th Fl. NY, NY 10001	You & I Program Bobra Fyne (212) 273-6202	Adults with DD.	A social skills training and recreation program allowing individuals to acquire social competencies and meet new people. Free.
YAI	Locations vary.	YAI LINK (212) 273-6182 www.yai.org/autism	Young adults, ages 16-35, with a high level of independence + an autism spectrum disorder. Must travel independently.	Series of social + recreational classes, offered weekday, evenings + weekends. Previous class offerings include improvisational theatre and yoga.
YM-YWHA of Washington Heights and Inwood	54 Nagle Ave. NY, NY 10040	Deena Spindler, Special Needs/ Inclusion Coordinator (212) 569-6200 x265 dspindler@ywashhts.org	Children, ages 5-12 with special needs, including ASD; speech, language + communication disorders; other DDs + children needing small group settings + additional supports.	Self-contained Sunday morning recreation program 9:15-11:30am; sports + gym, arts + crafts, drama, yoga, storytelling, social skills, martial arts, music + movement. Option for a Jewish culture/education add on. Fee charged. Partial scholarships available.

See also under After School Programs, above and Respite:Overnight, below.